

2026 U SPORTS Track and Field Championships
Championnats d'Athletisme U SPORTS 2026
James Daly Field House - 2026-03-05 to 2026-03-07

Results**Women 300 Meter Dash**

U Sports: 37.35 ! 2005		Adrienne Power	
Name	School	Finals	
Finals			
1	Dianna Proctor	Guelph Gryph	37.52 10
2	Gabrielle Cole	Guelph Gryph	37.73 8
3	Grace Igbiki	Saskatchewan	38.16 6
4	Julia Vallee	Montreal Car	38.17 5
5	Queen Clayton	Regina Couga	38.54 4
6	Hailee Woodhouse	Saskatchewan	38.59 3
7	Jaedyn McLaughlin	Saskatchewan	38.86 2
8	Emma Egert	Saskatchewan	39.18 1

Women 1000 Meter Run

U Sports: 2:41.36 ! 2019		Jenna Westaway	
Name	School	Finals	
Finals			
1	Olivia Cooper	Alberta Pand	2:44.90 10
2	Julia Agostinelli	Toronto Vars	2:45.01 8
3	Isabella Goveia	Windsor Lanc	2:46.26 6
4	Hallee Knelsen	Western Must	2:47.00 5
5	Morgane Drouin	Laval Rouge-	2:47.44 4
6	Sierra Rodrigues	UNB Reds	2:48.73 3
7	Caroline Ash	St. Francis	2:48.80 2
8	Elizabeth Vroom	Queen's Gael	2:49.36 1
9	Parker Hopkins	Toronto Vars	2:49.68
10	Jade Essabar	Ecole de tec	2:49.73
11	Juliana Hendrikx	Western Must	2:53.98
12	Camille Boudreau	Laval Rouge-	2:57.53

Women 60 Meter Hurdles

U Sports: 7.99 ! 2025		Sienna MacDonald	
Name	School	Finals	
Finals			
1	Nicole Ostertag	Saskatchewan	8.05 10
2	Sienna MacDonald	Calgary Dino	8.06 8
3	Kiimoya Edwards	Lethbridge P	8.33 6
4	Selena Keyowski	Saskatchewan	8.40 5
5	Rebecca Parker	Guelph Gryph	8.42 4
6	Maria Theresa Ulysse	Montreal Car	8.48 3
7	Maoly St-Germain	Sherbrooke V	8.52 2
8	Hailey Reid	Guelph Gryph	8.52 1

Women 4x800 Meter Relay

U Sports: 8:32.36 ! 2015		Jewett, Wlamsley, Gollish, Stafford	
Team	Relay	Finals	
Finals			
1	Windsor Lancers		8:47.62 10
	1) Natalie Fortier	2) Ella Heredi	
	3) Joelle Olla	4) Isabella Goveia	
2	Victoria Vikes		8:48.91 8
	1) Rory O'Brien	2) Stella McLeod	
	3) Erin Owens	4) Marisha Thompson	

3	Sherbrooke Vert-et-Or		8:49.97 6
	1) Elodie Hebert	2) Elsa Ben Hamou	
	3) Laurie Desjarlais	4) Gabrielle Mercier	
4	Dalhousie Tigers		8:50.91 5
	1) Ruby Harris	2) Chloe Richardson	
	3) Zoe Fullarton	4) Cara MacDonald	
5	Laval Rouge-et-Or		8:54.48 4
	1) Melina Galle	2) Catherine Boilard	
	3) Camille Boudreau	4) Morgane Drouin	
6	Toronto Varsity Blues		9:01.10 3
	1) Tatiana Lattanzio	2) Parker Hopkins	
	3) Madelyn Bullock	4) Julia Agostinelli	
7	Western Mustangs		9:02.16 2
	1) Mackenzie Craig	2) Juliana Hendrikx	
	3) Victoria Lamb	4) Hallee Knelsen	
8	St. Francis		9:02.16 1
	1) Poppy Moon	2) Sarah Watson	
	3) Caden Lee	4) Caroline Ash	
9	Alberta Pandas		9:06.86
	1) Skyler Lubben	2) Makena Victor	
	3) Zoe Flaman	4) Libby Dunn	
10	Calgary Dinos		9:07.22
	1) Csenia Irvin	2) Lauren Westlake	
	3) Vienna Selland	4) Jenna Conrad	
11	McMaster Marauders		9:08.41
	1) Ella Madsen	2) Kara Tichbourne	
	3) Florina Keller	4) Olivia Macaskill	
12	Guelph Gryphons		9:08.67
	1) Brooke Spina	2) Maeve Pestonji	
	3) Ruby Radovich	4) Jardine Lam-Colling	

Women Long Jump

U Sports: 6.25m ! 2025		Sienna MacDonald	
Name	School	Finals	
Finals			
1	Sienna MacDonald	Calgary Dino	6.36m! 10
2	Hannah Hagerty	Saskatchewan	6.12m 8
3	Maoly St-Germain	Sherbrooke V	6.10m 6
4	Mikayla May	Windsor Lanc	6.03m 5
5	Rebecca Parker	Guelph Gryph	5.97m 4
6	Shelaine Pritchard	Regina Couga	5.94m 3
7	Thabiso Vela	Alberta Pand	5.78m 2
8	Nevaeh Marynowski	Manitoba Bis	5.76m 1
9	Charlie Ostapowich	Western Must	5.57m
10	Lyanna Roy	Laval Rouge-	5.45m
11	Mercy Awosoga	Guelph Gryph	5.30m
12	Maja Husain	Dalhousie Ti	5.25m
---	Fiola Tejiofo	Laval Rouge-	FOUL

Women Shot Put

U Sports: 17.56m ! 2019		Brittany Crew	
Name	School	Finals	
Finals			
1	Liv Sands	Western Must	17.67m! 10
2	Jinaye Shomachuk	Lethbridge P	14.19m 8

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Results**Finals ... (Women Shot Put)**

Name	School	Finals
3 Jessica Gyamfi	Ottawa Gee-G	13.87m 6
4 Audree LeBlanc	Moncton Aigl	13.62m 5
5 Lauren Thistle	Dalhousie Ti	12.96m 4
6 Maakor Okai	Toronto Vars	12.81m 3
7 Anij Sparenberg	Western Must	12.63m 2
8 Nicole Ostertag	Saskatchewan	12.51m 1
9 Ella Farquharson	Manitoba Bis	12.45m
10 Claudy Morin	Laval Rouge-	12.20m
11 Rhinnah Badom	Western Must	11.76m
12 Brooke Bentley	Lethbridge P	10.79m

Men 300 Meter Dash T37

Name	School	Finals
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Finals		
1 Ludovik Joseph	Sherbrooke V	42.52

Men 300 Meter Dash

U Sports: 32.89 ! 2019		Austin Cole
Name	School	Finals

Finals		
1 Ryder Rattee	Alberta Gold	32.75! 10
2 Brandon Choumbe Yami	York Lions	33.68 8
3 Nicolas Claramunt	Alberta Gold	33.76 6
4 Travis Campbell	Guelph Gryph	33.88 5
5 Mark Warner	Guelph Gryph	33.88 4
6 Daniel Earles	Trinity West	33.96 3
7 Noah Curtis	Manitoba Bis	34.53 2
--- Aaron Thompson	Western Must	DQ

Men 1000 Meter Run

U Sports: 2:20.22 ! 2025		Max Davies
Name	School	Finals

Finals		
1 Noah Costa	Windsor Lanc	2:23.45 10
2 Emile Toupin	Laval Rouge-	2:24.22 8
3 Lukas Rudaitis	Dalhousie Ti	2:24.42 6
4 Sacha Démoncourt	McGill	2:24.86 5
5 Ethan Meyer	Calgary Dino	2:25.02 4
6 Zach James	Dalhousie Ti	2:25.20 3
7 Samuel Hepworth	McGill	2:25.36 2
8 Charlie Shaw	Guelph Gryph	2:25.38 1
9 Yasser Riad	Laval Rouge-	2:25.73
10 Abdullahi Abdullahi	Windsor Lanc	2:26.76
11 Tyler Sharpe	Alberta Gold	2:27.19
12 Sean Adams	McGill	2:29.71

Men 60 Meter Hurdles

U Sports: 7.77 ! 2023		Craig Thorne
Name	School	Finals

Finals		
1 Keon Rude	Guelph Gryph	7.75! 10
2 David Adeleye	Western Must	7.84 8
3 Samuel Pinceau	York Lions	7.90 6

4 Oluwaniyimi Fagbamiye	Guelph Gryph	7.91 5
5 Jackson Mackay	Western Must	7.93 4
6 Tamarri Lindo	York Lions	7.96 3
7 Liam Oster	Saskatchewan	8.10 2
8 Ayden Blain	Western Must	8.17 1
9 Leewinchell Jean	Ottawa Gee-G	8.21

Men 4x800 Meter Relay

U Sports: 7:27.94 ! 2014

LaMarra, McArthur, Bellemore, Ullman

Team	Relay	Finals
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Finals		
1 UNB Reds		7:29.41 10
1) Jared Howse	2) Hayden McKinnon	
3) Brodie Pennie	4) Silas Conlin-Morse	
2 Laval Rouge-et-Or		7:29.99 8
1) Charles Poulin	2) Xavier Duchesneau	
3) Louis Margot	4) Yasser Riad	
3 Windsor Lancers		7:30.20 6
1) Noah Costa	2) Kai Luong	
3) Abdullahi Abdullahi	4) Noah Waldmann	
4 McGill		7:31.54 5
1) Sean Adams	2) Ben Gates	
3) Samuel Hepworth	4) Sacha Démoncourt	
5 Calgary Dinos		7:36.40 4
1) Kai Deausy	2) Max Cook	
3) Phoenix Bouma	4) Ethan Meyer	
6 Manitoba Bisons		7:36.41 3
1) Noah Fillion	2) Hayes McMillan	
3) Jonah Leppelmann	4) Alejandro Civetta	
7 Victoria Vikes		7:39.55 2
1) Dylan Naresh	2) Jack Boden	
3) David Waller	4) Nolan Galloway	
8 Western Mustangs		7:40.51 1
1) Matteo Diciocco	2) Liam Smith	
3) Vincent Moore	4) Charlie Guilfoyle	
9 Guelph Gryphons		7:46.03
1) Mason Basson	2) Jaden O'Driscoll	
3) Nicolas Belan	4) Charlie Shaw	
10 Alberta Golden Bears		7:46.41
1) Ethan Randall	2) Declan Munro	
3) Tyler Sharpe	4) Clay Grattidge	
11 Regina Cougars		7:57.79
1) Adonias Downes	2) Alec Teichler	
3) Jacob Klassen	4) Daniel Eiswerth	
12 Toronto Varsity Blues		8:07.35
1) Moses Aidoo	2) Shan Dhanoa	
3) Brandon Cidade	4) Nick Trieu	

Men High Jump

U Sports: 2.24m ! 1993

Alex Zaliaskas

Name	School	Finals
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Finals		
1 Aiden Grout	Toronto Vars	2.18m 10
2 Noel Vanderzee	Calgary Dino	2.15m 7

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Results**Finals ... (Men High Jump)**

Name	School	Finals
2 Thomas Senechal-Becker	Ottawa Gee-G	2.15m 7
4 Tristan Boateng	York Lions	2.09m 5
5 Alec Brent	Toronto Vars	2.06m 4
6 Dominic Anamali	Calgary Dino	2.03m 3
7 Caidyn Maver	Alberta Gold	2.00m 1.5
7 Caleb Keeling	Windsor Lanc	2.00m 1.5
9 Anthony Glasgow	Guelph Gryph	1.95m
9 Antoine Cote	Sherbrooke V	1.95m
9 Ageh Jones	Guelph Gryph	1.95m
12 Zach Courtney	Western Must	J1.95m

Men Long Jump

U Sports: 7.88m ! 2010		Christopher Greenway
Name	School	Finals
Finals		
1 Arman Shahzadeh	Western Must	7.56m 10
2 Robert Gerstner	McGill	7.46m 8
3 Michael Akintunde	Calgary Dino	7.24m 6
4 Zach Courtney	Western Must	7.11m 5
5 Bolu Ariyo	Alberta Gold	7.08m 4
6 Emile Said	Laval Rouge-	6.99m 3
7 River Sanoy	Calgary Dino	6.84m 2
8 Arwin Mathivathanan	York Lions	6.75m 1
9 Isaiah Baker	Alberta Gold	6.69m
10 Jackson Mackay	Western Must	J6.69m
11 Drew Sundberg	Saskatchewan	6.60m
12 Austin Conrad	Dalhousie Ti	6.10m
13 Sayanthan Arulrajan	Guelph Gryph	5.80m

Men Weight Throw

U Sports: 24.08m ! 2009		Jim Steacy
Name	School	Finals
Finals		
1 Abdellah Hassar	Laval Rouge-	19.10m 10
2 Jason Okpere	Toronto Vars	18.86m 8
3 Sander Sampson	Alberta Gold	17.88m 6
4 AJ Stanat	Windsor Lanc	17.49m 5
5 Zachary Osborne	York Lions	17.33m 4
6 Zach Clarke	Windsor Lanc	17.27m 3
7 Kenzo Miller	Guelph Gryph	17.22m 2
8 Christopher Grant	UNB Reds	17.03m 1
9 Matthew Minchin	Calgary Dino	16.81m
10 Liam Davis	Guelph Gryph	16.41m
11 Parker Lavoie	Saskatchewan	16.16m
12 Caleb Hominick	Dalhousie Ti	15.67m

Heptathlon: #7 Men 1000 Meter Run Heptathlon

U Sports: 2:45.02 ! 2016		Shawn Beaudoin
Name	School	Finals
Finals		
1 Tristen Miscia	Windsor Lanc	2:46.41 804
2 Edouard Winter	Montreal Car	2:48.56 781
3 Marc-Olivier Berard	Sherbrooke V	2:50.53 760

4 Samuel Utting	Guelph Gryph	2:50.54 760
5 Emanuel Desilets	Western Must	2:52.78 737
6 Leo Wallner	Western Must	2:59.47 669
7 Logan Shaver	Alberta Gold	3:00.82 656
8 Joshua Tam	Saskatchewan	3:01.77 647
9 Oliver Arnfast	UNB Reds	3:01.86 646
10 Jackson Mackay	Western Must	3:06.83 599
11 Kilty McGonigal	Montreal Car	3:08.30 585
12 Dajeane Clarke	Trinity West	3:08.87 580

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

U Sports: 8.19 ! 2018		Kieran Johnston
Name	School	Finals
Finals		
1 Jackson Mackay	Western Must	8.04! 972
2 Leo Wallner	Western Must	8.58 841
3 Emanuel Desilets	Western Must	8.59 839
4 Kilty McGonigal	Montreal Car	8.66 823
5 Tristen Miscia	Windsor Lanc	8.68 818
6 Oliver Arnfast	UNB Reds	8.69 816
7 Joshua Tam	Saskatchewan	8.77 797
8 Edouard Winter	Montreal Car	8.80 791
9 Marc-Olivier Berard	Sherbrooke V	8.93 761
10 Logan Shaver	Alberta Gold	8.94 759
11 Samuel Utting	Guelph Gryph	9.00 746
12 Dajeane Clarke	Trinity West	9.01 744

Heptathlon: #6 Men Pole Vault Heptathlon

U Sports: 4.70m ! 2018		Telvin Tavernier
U Sports: 4.70m ! 2016		Milos Savic
Name	School	Finals
Finals		
1 Emanuel Desilets	Western Must	4.60m 790
1 Jackson Mackay	Western Must	4.60m 790
3 Kilty McGonigal	Montreal Car	4.50m 760
3 Joshua Tam	Saskatchewan	4.50m 760
5 Dajeane Clarke	Trinity West	4.40m 731
6 Tristen Miscia	Windsor Lanc	4.20m 673
6 Edouard Winter	Montreal Car	4.20m 673
8 Leo Wallner	Western Must	4.10m 645
9 Oliver Arnfast	UNB Reds	3.90m 590
9 Logan Shaver	Alberta Gold	3.90m 590
11 Samuel Utting	Guelph Gryph	3.80m 562
11 Marc-Olivier Berard	Sherbrooke V	3.80m 562

Men Heptathlon

U Sports: 5374 ! 2016		James Turner
Name	School	Finals
Finals		
1 Jackson Mackay	Western Must	5607! 10
2 Tristen Miscia	Windsor Lanc	5281 8
3 Emanuel Desilets	Western Must	5188 6
4 Dajeane Clarke	Trinity West	5102 5
5 Edouard Winter	Montreal Car	5026 4
6 Marc-Olivier Berard	Sherbrooke V	4970 3

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Results

Finals ... (Men Heptathlon)

	Name	School	Finals
7	Kilty McGonigal	Montreal Car	4956 2
8	Joshua Tam	Saskatchewan	4835 1
9	Leo Wallner	Western Must	4834
10	Samuel Utting	Guelph Gryph	4777
11	Logan Shaver	Alberta Gold	4765
12	Oliver Amfast	UNB Reds	4511