

2022 U SPORTS Track and Field Championships
Championnats d'Athletisme U SPORTS 2022
Irving Oil Field House - 2022-03-31 to 2022-04-02
Results

Women 60 Meter Run

U Sports: 7.19 ! 2015 Khamica Bingham, York
 7.50 S Standard

Name	School	Prelims	H#
Preliminaries			
1 Jacqueline Madogo	Guelph Gryphons	7.36 Q S	2
2 Jordan Savoury	McGill	7.50 Q S	1
3 Audrey Leduc	Laval Rouge-et-Or	7.47 Q S	2
4 Zoe Sherar	Guelph Gryphons	7.57 Q	1
5 Gracie Anderson	Saskatchewan	7.49 Q S	2
6 Kailee Woitas	Regina Cougars	7.58 Q	1
7 Onome Gbinje	Toronto Varsity Blues	7.57 q	2
8 Maya Reynolds	Dalhousie Tigers	7.59 q	1
9 Von Davis	Guelph Gryphons	7.66	1
10 Vivian Ogor	Western Mustangs	7.76	1
11 Jasmine Lew	Toronto Varsity Blues	7.76	2

Women 60 Meter Run Para Ambulatory
 Compete with heat #1 event #1 Women 60m

Name	School	Finals
Finals		
--- Natalie T38 Thirsk	Western Mustangs	X9.18

Women 60 Meter Run

U Sports: 7.19 ! 2015 Khamica Bingham, York
 7.50 S Standard

Name	School	Finals	Points
Finals			
1 Jacqueline Madogo	Guelph Gryphons	7.30 S	10
2 Gracie Anderson	Saskatchewan	7.43 S	8
3 Audrey Leduc	Laval Rouge-et-Or	7.44 S	6
4 Jordan Savoury	McGill	7.48 S	5
5 Kailee Woitas	Regina Cougars	7.50 S	4
6 Zoe Sherar	Guelph Gryphons	7.55	3
7 Onome Gbinje	Toronto Varsity Blues	7.60	2
8 Maya Reynolds	Dalhousie Tigers	7.65	1

Women 300 Meter Run

U Sports: 37.35 ! 2005 Adrienne Power, Dalhousie
 39.23 S Standard

Name	School	Prelims	H#
Preliminaries			
1 Zoe Sherar	Guelph Gryphons	38.64 Q S	3
2 Grace Konrad	Trinity Western	38.67 Q S	2
3 Kendra Farmer	Saskatchewan	38.77 Q S	1
4 Morgan Byng	Guelph Gryphons	38.69 q S	2
5 Alexandra Telford	Carleton Ravens	38.90 q S	1
6 Paige Willems	Saskatchewan	39.64 q	3
7 Jacqueline Madogo	Guelph Gryphons	39.91 q	3
8 Von Davis	Guelph Gryphons	40.03 q	2
9 Amy Stieh	Lakehead Thunderwolves	40.16	3

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Preliminaries ... (Women 300 Meter Run)

Name	School	Prelims	H#
10 Sophie Ba	Sherbrooke Vert-et-Or	40.33	1
11 Catharina Kluyts	Alberta Pandas & Golden Bears	40.48	2
12 Méлина Gallé	Laval Rouge-et-Or	40.97	1

Women 300 Meter Run

U Sports: **37.35 ! 2005** **Adrienne Power, Dalhousie**
39.23 S Standard

Name	School	Finals	H#	Points
Finals				
1 Zoe Sherar	Guelph Gryphons	37.65 S	2	10
2 Grace Konrad	Trinity Western	38.38 S	2	8
3 Alexandra Telford	Carleton Ravens	38.69 S	1	6
4 Morgan Byng	Guelph Gryphons	38.90 S	2	5
5 Kendra Farmer	Saskatchewan	38.96 S	2	4
6 Paige Willems	Saskatchewan	39.59	1	3
7 Von Davis	Guelph Gryphons	39.73	1	2
8 Jacqueline Madogo	Guelph Gryphons	40.04	1	1

Women 600 Meter Run**Two turn stagger**

U Sports: **1:27.63 ! 1984** **Camille Cato, York**
1:31.01 S Standard

Name	School	Prelims	H#
Preliminaries			
1 Grace Konrad	Trinity Western	1:30.34 Q S	1
2 Sydney Smith	Ottawa Gee-Gees	1:33.50 Q	2
3 Sadie-Jane Hickson	Guelph Gryphons	1:30.40 q S	1
4 Avery Pearson	Saskatchewan	1:30.46 q S	1
5 Olivia Cooper	Alberta Pandas & Golden Bears	1:30.99 q S	1
6 Grace Cook	Alberta Pandas & Golden Bears	1:34.20 q	2
7 Hallee Knelsen	Western Mustangs	1:34.32	2
8 Favour Okpali	Western Mustangs	1:34.55	1
9 Madeleine Browne	Calgary Dinos	1:34.66	2
10 Méлина Gallé	Laval Rouge-et-Or	1:35.65	2
11 Natalia McCullough	Regina Cougars	1:35.70	2
12 Aidan MacDonald	St Francis Xavier	1:36.15	1

Women 600 Meter Run**Two turn stagger**

U Sports: **1:27.63 ! 1984** **Camille Cato, York**
1:31.01 S Standard

Name	School	Finals	Points
Finals			
1 Sadie-Jane Hickson	Guelph Gryphons	1:32.14	10
2 Grace Konrad	Trinity Western	1:32.23	8
3 Avery Pearson	Saskatchewan	1:32.47	6
4 Sydney Smith	Ottawa Gee-Gees	1:32.51	5
5 Olivia Cooper	Alberta Pandas & Golden Bears	1:32.90	4
6 Grace Cook	Alberta Pandas & Golden Bears	1:34.53	3

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Women 1000 Meter Run**Double waterfall****1 turn stagger**

U Sports: 2:41.36 ! 2019 Jenna Westaway, Guelph
2:47.18 S Standard

Name	School	Finals		Points
Finals				
1 Sadie-Jane Hickson	Guelph Gryphons	2:43.93	S	10
2 Jazz Shukla	Toronto Varsity Blues	2:44.01	S	8
3 Sydney Pattison	Windsor Lancers	2:47.13	S	6
4 Nina Whitford	Guelph Gryphons	2:48.28		5
5 Avery Pearson	Saskatchewan	2:48.82		4
6 Olivia Cooper	Alberta Pandas & Golden Bears	2:48.97		3
7 Hallee Knelsen	Western Mustangs	2:50.41		2
8 Aidan MacDonald	St Francis Xavier	2:50.79		1
9 Marie-Ève Turcotte	Laval Rouge-et-Or	2:51.36		
10 Kaitlyn Harrison	Saskatchewan	2:51.36		
11 Chloe Hewitt	Western Mustangs	2:51.40		
12 Natalia McCullough	Regina Cougars	2:51.81		
13 Chloe Coutts	Western Mustangs	2:54.85		

Women 1500 Meter Run**Double waterfall****1 turn stagger**

U Sports: 4:16.41 ! 1988 Paula Schnurr, McMaster
4:26.89 S Standard

Name	School	Finals		Points
Finals				
1 Kate Current	Western Mustangs	4:20.90	S	10
2 Jazz Shukla	Toronto Varsity Blues	4:21.58	S	8
3 Sydney Pattison	Windsor Lancers	4:23.32	S	6
4 Catherine Beauchemin	Laval Rouge-et-Or	4:23.83	S	5
5 Courtney Hufsmith	Saskatchewan	4:27.59		4
6 Kiana Gibson	Guelph Gryphons	4:27.63		3
7 Jessie Lacourse	Laval Rouge-et-Or	4:29.22		2
8 Kaitlyn Harrison	Saskatchewan	4:31.33		1
9 Siona Chisholm	St Francis Xavier	4:31.45		
10 Nina Whitford	Guelph Gryphons	4:31.47		
11 Chloe Coutts	Western Mustangs	4:33.51		
12 Chloe Hewitt	Western Mustangs	4:36.35		
13 Marie-Ève Turcotte	Laval Rouge-et-Or	4:40.52		

Women 3000 Meter Run**Double waterfall****1 turn stagger**

U Sports: 9:04.88 ! 1988 Brenda Shackleton, Victoria
9:35.42 S Standard

Name	School	Finals		Points
Finals				
1 Kate Current	Western Mustangs	9:17.59	S	10

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Finals ... (Women 3000 Meter Run)

Name	School	Finals	Points
2 Jessie Lacourse	Laval Rouge-et-Or	9:21.28 S	8
3 Catherine Beauchemin	Laval Rouge-et-Or	9:27.70 S	6
4 Kiana Gibson	Guelph Gryphons	9:31.67 S	5
5 Jade Bérubé	Laval Rouge-et-Or	9:34.25 S	4
6 Siona Chisholm	St Francis Xavier	9:35.02 S	3
7 Courtney Hufsmith	Saskatchewan	9:37.71	2
8 Erin Mawhinney	McMaster Marauders	9:44.77	1
9 Hannah Goodjohn	McMaster Marauders	9:49.20	
10 Anna Carruthers	Western Mustangs	9:54.72	
11 Jennifer Erickson	Victoria Vikes	9:57.69	
--- Erika Jordan	Western Mustangs	DNF	

Women 60 Meter Hurdles 33" Yellow**Top 3 from each heat plus next 2 best times**

U Sports: **8.20 ! 2015** Hayley Warren / Sarah Hammond, Toronto / Guelph
8.38 S Standard

Name	School	Prelims	H#
Preliminaries			
1 Catharina Kluyts	Alberta Pandas & Golden Bears	8.26 Q S	2
2 Tyra Boug	Guelph Gryphons	8.54 Q	1
3 Timi Adelugba	Saskatchewan	8.44 Q	2
4 Sienna MacDonald	Calgary Dinos	8.64 Q	1
5 Joely Welburn	Regina Cougars	8.49 Q	2
6 Janelle Clarke	Waterloo Warriors	8.64 Q	1
7 Adenike Abiodun	Guelph Gryphons	8.55 q	2
8 Rebecca Barkway	Saskatchewan	8.67 q	1
9 Anaya-Nichole Harrison	Guelph Gryphons	8.72	1
10 Luiza Lena	Toronto Varsity Blues	8.83	2
11 Natasha Gatzke	Calgary Dinos	8.90	1
12 Rachel Watson	Western Mustangs	8.90	2
13 Caroline Gagnon	Moncton Aigles Bleu	9.96	2

Women 60 Meter Hurdles 33" Yellow**Top 3 from each heat plus next 2 best times**

U Sports: **8.20 ! 2015** Hayley Warren / Sarah Hammond, Toronto / Guelph
8.38 S Standard

Name	School	Finals	Points
Finals			
1 Catharina Kluyts	Alberta Pandas & Golden Bears	8.21 S	10
2 Tyra Boug	Guelph Gryphons	8.36 S	8
3 Timi Adelugba	Saskatchewan	8.45	6
4 Joely Welburn	Regina Cougars	8.48	5
5 Rebecca Barkway	Saskatchewan	8.60	4
6 Adenike Abiodun	Guelph Gryphons	8.60	3
7 Sienna MacDonald	Calgary Dinos	8.61	2
8 Janelle Clarke	Waterloo Warriors	8.69	1

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Women 4x200 Meter Relay**3 turn stagger****U Sports: 1:36.46 ! 2019****Guelph Gryphons, Guelph****M Byng, S Roxborough, Z Sherar, N Smith****1:40.52 S Standard**

Team	Relay			Prelims	H#
Preliminaries					
1 Guelph Gryphons				1:36.80 Q S	3
1) Morgan Byng	2) Jacqueline Madogo	3) Zoe Sherar	4) Von Davis		
2 Saskatchewan				1:39.36 Q S	2
1) Paige Willems	2) Kendra Farmer	3) Rebecca Barkway	4) Timi Adelugba		
3 Alberta Pandas & Golden Bear:				1:41.86 Q	1
1) Catharina Kluyts	2) Tristan Sinnatamby	3) Julia Lovsin	4) Sophie Gelineau		
4 Trinity Western				1:42.96 q	2
1) Katie Tancsics	2) Alina Olson	3) Sheleena Wiley	4) Grace Konrad		
5 Manitoba Bisons				1:43.01 q	1
1) Donnae Gordon	2) Tayo Babalola	3) Nicole Davis	4) Brianna Tynes		
6 Laval Rouge-et-Or				1:43.38 q	1
1) Sarah Dulude Bellavance	2) Fiola Tejiofo	3) Isaline Hountondji	4) Rosalie Couturier		
7 Montreal Carabins				1:43.54 q	1
1) Elodie Baulu	2) Megane Laberge	3) Laurence Lanctot	4) Andre-Anne Racine-Prud'ho		
8 Dalhousie Tigers				1:44.46 q	3
1) Sofia Stewart	2) Chloe Richardson	3) Emily Cole-Johnson	4) Maya Reynolds		
9 Toronto Varsity Blues				1:44.74	3
1) Onome Gbinje	2) Paulina Procyk	3) Elizabeth Martin	4) Maya Ryan		
10 Calgary Dinos				1:44.97	2
1) Kristen Fox	2) Anok Tiordit	3) Natasha Gatzke	4) Katelyn Yackel		
11 McGill				1:57.53	3
1) Jordan Savoury	2) Vanessa Lu Langley	3) Audrey Gilmour	4) Bethany Walton-Knight		
--- Western Mustangs				DNF	2
1) Rachel Watson	2) Rofiat Agboola	3) Taya Keast	4) Tieghan Wallace		
--- Regina Cougars				DQ	3
1) Hannah Hagerty	2) Joely Welburn	3) Kailee Woitas	4) Emnet Nixon		

Women 4x200 Meter Relay**3 turn stagger****U Sports: 1:36.46 ! 2019****Guelph Gryphons, Guelph****M Byng, S Roxborough, Z Sherar, N Smith****1:40.52 S Standard**

Team	Relay			Finals	H#	Points
Finals						
1 Guelph Gryphons				1:36.20 ! S	2	10
1) Morgan Byng	2) Jacqueline Madogo	3) Zoe Sherar	4) Von Davis			
2 Saskatchewan				1:38.69 S	2	8
1) Gracie Anderson	2) Ashlyn Mooney	3) Kendra Farmer	4) Paige Willems			
3 Laval Rouge-et-Or				1:40.81	1	6
1) Audrey Leduc	2) Sarah Dulude Bellavance	3) Fiola Tejiofo	4) Rosalie Couturier			
4 Trinity Western				1:42.17	2	5
1) Katie Tancsics	2) Alina Olson	3) Sheleena Wiley	4) Grace Konrad			
5 Alberta Pandas & Golden Bear:				1:42.38	2	4
1) Catharina Kluyts	2) Tristan Sinnatamby	3) Julia Lovsin	4) Sophie Gelineau			

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Team	Relay	Finals	H#	Points
6 Manitoba Bisons		1:42.61	1	3
1) Donnae Gordon	2) Tayo Babalola	3) Nicole Davis	4) Brianna Tynes	
7 Dalhousie Tigers		1:42.83	1	2
1) Maya Reynolds	2) Lorena Heubach	3) Sofia Stewart	4) Chloe Richardson	
8 Montreal Carabins		1:51.86	1	1
1) Elodie Baulu	2) Megane Laberge	3) Catherine Naoum	4) Andre-Anne Racine-Prud'ho	

Women 4x400 Meter Relay**2 turn stagger**U Sports: **3:40.08 ! 2019**

Guelph Gryphons, Guelph
M Byng, S Hickson, J Smith, Z Sherar

3:49.86 S Standard

Team	Relay	Finals	H#	Points
Finals				
1 Guelph Gryphons		3:42.65 S	3	10
1) Morgan Byng	2) Tyra Boug	3) Sadie-Jane Hickson	4) Zoe Sherar	
2 Saskatchewan		3:45.78 S	3	8
1) Ashlyn Mooney	2) Paige Willems	3) Kendra Farmer	4) Avery Pearson	
3 Western Mustangs		3:49.54 S	3	6
1) Favour Okpali	2) Sophie Coutts	3) Hallee Knelsen	4) Rosemary Holmes	
4 Alberta Pandas & Golden Bear:		3:52.01	3	5
1) Tristan Sinnatamby	2) Sophie Gelineau	3) Julia Lovsin	4) Catharina Kluyts	
5 Toronto Varsity Blues		3:53.20	3	4
1) Helena Jovic	2) Maya Ryan	3) Jade Lenton	4) Jazz Shukla	
6 Calgary Dinos		3:53.28	2	3
1) Madeleine Browne	2) Anok Tiordit	3) Kristen Fox	4) Emily Laycock	
7 Ottawa Gee-Gees		3:54.71	3	2
1) Doyin Ogunremi	2) Hannah Frazer	3) Frederique Bell	4) Sydney Smith	
8 Laval Rouge-et-Or		3:55.89	2	1
1) Sandrine Desrosiers	2) Sarah Dulude Bellavance	3) Catherine Beauchemin	4) Mélina Gallé	
9 Lakehead Thunderwolves		3:57.58	2	
1) Aly Dasilva	2) Tia Lampo	3) Amy Stieh	4) Paige Kobe	
10 UNB Reds		3:58.74	1	
1) Shelby MacIsaac	2) Mira Alexander	3) Jillian Langille	4) Peighton Johnson	
11 Sherbrooke Vert-et-Or		3:58.99	2	
1) Kassandra Lee	2) Emma Houle-Selby	3) Camille Bourdeau-Marcil	4) Sophie Ba	
12 Montreal Carabins		3:59.93	1	
1) Megane Laberge	2) Laurence Lanctot	3) Claudelle Prevost-Cormier	4) Andre-Anne Racine-Prud'ho	
13 Manitoba Bisons		4:00.05	1	
1) Alex Davis	2) Danika Passler Bates	3) Chioma Nwagbo	4) Darby Goodall	

Women 4x800 Meter Relay**Double waterfall****1 turn stagger**U Sports: **8:32.36 ! 2015**

University of Toronto, Toronto
R Jewett, H Walmsley, S Gollish, G Stafford

9:07.48 S Standard

Team	Relay	Finals	H#	Points
Finals				
1 Western Mustangs		8:47.17 S		10
1) Chloe Coutts	2) Sophie Coutts	3) Hallee Knelsen	4) Chloe Hewitt	

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Finals ... (Women 4x800 Meter Relay)

Team	Relay	Finals	Points
2 Saskatchewan		8:48.76 S	8
1) Olivia Moyse	2) Kaitlyn Harrison	3) Courtney Hufsmith	4) Avery Pearson
3 Guelph Gryphons		8:50.28 S	6
1) Hillary Clark	2) Cameron Ormond	3) Nina Whitford	4) Sadie-Jane Hickson
4 Laval Rouge-et-Or		8:51.30 S	5
1) Marie-Ève Turcotte	2) Jessie Lacourse	3) Jade Bérubé	4) Catherine Beauchemin
5 Alberta Pandas & Golden Bear:		9:03.42 S	4
1) Simi Rai	2) Madison Ford	3) Kaitlin Swartz	4) Grace Cook
6 Montreal Carabins		9:07.55	3
1) Murielle Aglot	2) Claudelle Prevost-Cormier	3) Anne-Frederik Drolet	4) Myriam Poirier
7 Regina Cougars		9:07.91	2
1) Kelsey Haczkewicz	2) Kaila Neigum	3) Sarah Novakowski	4) Natalia McCullough
8 McMaster Marauders		9:08.72	1
1) Rosalyn Barrett	2) Olivia Macaskill	3) Sarah Nolan	4) Erin Mawhinney
9 Toronto Varsity Blues		9:16.33	
1) Jade Lenton	2) Julia Boutin	3) Stephanie Watson	4) Christina Esposito
10 Manitoba Bisons		9:17.39	
1) Hailee Morisseau	2) Darby Goodall	3) Chioma Nwagbo	4) Angela Kroeker
11 Dalhousie Tigers		9:19.75	
1) Lauren Lowther	2) Carley Birrell	3) Danielle Keefe	4) Abbey MacLellan
12 Windsor Lancers		9:20.15	
1) Camryn Williams	2) Nicole Larue	3) Samara Quanz	4) Lauren Perkins
13 Calgary Dinos		9:23.23	
1) Emily Laycock	2) Sarah Forman	3) Sihaam Khalid	4) Meghan Manor
14 St Francis Xavier		9:30.29	
	2) Siona Chisholm	3) Mairin Canning	4) Allie Sandluck

Women High Jump

Start at 1.54m, up by 5cm to 1.69m,
then up by 3cm.

U Sports: **1.88m ! 2014** Emma Nuttall, TWU
1.71m S Standard

Name	School	Finals	Points
Finals			
1 Emily Branderhorst	Toronto Varsity Blues	1.78m S	10
2 Madison Mayr	Calgary Dinos	1.75m S	8
3 Hannah Blair	Waterloo Warriors	1.69m	5.50
3 Joely Welburn	Regina Cougars	1.69m	5.50
5 Dallyssa Huggins	Ryerson Rams	1.69m	4
6 Robin Selkirk	Western Mustangs	1.64m	3
7 Bella Willett	Toronto Varsity Blues	1.64m	1.50
7 Arabella Alton	Guelph Gryphons	1.64m	1.50
9 Emma Dale	Toronto Varsity Blues	1.64m	
10 Celia Markovinic	Waterloo Warriors	1.64m	
10 Jaylyn Deurbrouck	Manitoba Bisons	1.64m	
12 Rebecca Parker	Western Mustangs	1.59m	
13 Emma Hendricksen	Western Mustangs	1.59m	
14 Amelia Reid	Dalhousie Tigers	1.59m	
--- Sabrina Rimouche	Montreal Carabins	NH	

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Women Pole Vault

Start at 3.05m, up by 15cm to 3.65m,
then up by 10cm to 3.85m,
then up by 5cm.

U Sports: **4.25m ! 2016** **Robin Bone, Western**
3.83m S Standard

Name	School	Finals	Points
Finals			
1 Alexzandra Thronson	Toronto Varsity Blues	4.05m S	10
2 Meghan Lim	Alberta Pandas & Golden Bears	4.05m S	8
3 Mia Rodney	Guelph Gryphons	3.95m S	6
4 Sophie Boxer	Guelph Gryphons	3.95m S	5
5 Jennifer Elizarov	Guelph Gryphons	3.95m S	4
6 Katy Magoffin	Western Mustangs	3.90m S	3
7 Quinn Miller	Toronto Varsity Blues	3.75m	2
8 Ana Fonseca	Trinity Western	3.65m	1
9 Bryn Walsh	Toronto Varsity Blues	3.65m	
10 Lynton Lam	Guelph Gryphons	3.50m	
11 Sierra Leonard	Alberta Pandas & Golden Bears	3.50m	
12 Ema Kralik	Windsor Lancers	3.50m	
13 Ella Foster	York Lions	3.50m	
14 Monica Grigore	Guelph Gryphons	3.35m	
15 Christy Rizzo	Windsor Lancers	3.35m	
16 Claudine Nafaa	Laval Rouge-et-Or	3.20m	
--- Abigail Passy	UNB Reds	NH	

Women Long Jump

Top 8 advance to finals

U Sports: **6.24m ! 2001** **Jocelyn Adu-Gyamfi, Toronto**
5.92m S Standard

Name	School	Finals	Points
Finals			
1 Leah Jones	York Lions	6.18m S	10
2 Joely Welburn	Regina Cougars	6.12m S	8
3 Kirsten Hurdal	Manitoba Bisons	5.98m S	6
4 Fiola Tejiifo	Laval Rouge-et-Or	5.94m S	5
5 Audrey Leduc	Laval Rouge-et-Or	5.87m	4
6 Lorena Heubach	Dalhousie Tigers	5.74m	3
7 Sheleena Wiley	Trinity Western	5.72m	2
8 Milenne Habash	Guelph Gryphons	5.68m	1
9 Taryn Lamorie	Windsor Lancers	5.63m	
10 Jordan Savoury	McGill	5.51m	
11 Jasmine Lew	Toronto Varsity Blues	5.47m	
12 Ashlyn Mooney	Saskatchewan	5.43m	
--- Sienna MacDonald	Calgary Dinos	FOUL	
--- Hannah Hagerty	Regina Cougars	FOUL	

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Women Triple Jump**Top 8 advance to Final**

U Sports: **13.16m ! 2015** **Caroline Ehrhardt, Western**
12.01m S Standard

Name	School	Finals	Points
Finals			
1 Lexie Shannon	UNB Reds	12.16m S	10
2 Kristen Schulz	Toronto Varsity Blues	12.08m S	8
3 Autumn Cole	Alberta Pandas & Golden Bears	11.97m	6
4 Olamide Olaloku	Saskatchewan	11.97m	5
5 Jaidyn Nyhoff	Windsor Lancers	11.90m	4
6 Jada Roach	Toronto Varsity Blues	11.53m	3
7 Ayasha Horner	Western Mustangs	11.49m	2
8 Chloe Vidamour	Windsor Lancers	11.42m	1
9 Hanna Jodoin	Guelph Gryphons	11.41m	
10 Eniola Adepoju	Manitoba Bisons	11.37m	
11 Erin McCavour	UNB Reds	11.35m	
12 Alex Harris	Guelph Gryphons	11.33m	
13 Amelie Pessonneaux	Sherbrooke Vert-et-Or	11.21m	

Women Shot Put 4kg**Top 8 advance to Final**

U Sports: **17.56m ! 2019** **Brittany Crew, York**
13.63m S Standard

Name	School	Finals	Points
Finals			
1 Anna McConnell	Manitoba Bisons	14.39m S	10
2 Kaitlin Brooks	York Lions	14.35m S	8
3 Osereme Omosun	Calgary Dinos	13.77m S	6
4 Dallyssa Huggins	Ryerson Rams	13.40m	5
5 Liv Sands	Western Mustangs	13.28m	4
6 Tamia Noel	Guelph Gryphons	13.09m	3
7 Mary-Elizabeth Kester	Guelph Gryphons	12.43m	2
8 Brianna Asiamah	Ottawa Gee-Gees	12.31m	1
9 Meghan Mori	Guelph Gryphons	12.23m	
10 Kyla Hughes	Moncton Aigles Bleu	12.04m	
11 Alexis Johnson	Calgary Dinos	11.97m	
12 Adele St. John	Western Mustangs	11.88m	
13 Kristyn Kistulinec	Windsor Lancers	11.47m	
14 Noémie Jeffrey	Laval Rouge-et-Or	11.05m	

Women Shot Put Para - 3kg Ambulatory**Competes with event #29 Women Shot Put**

Name	School	Finals
Finals		
--- Charlotte F41 Bolton	York Lions	X7.91m

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Women Weight Throw**Top 8 advance to Final**

U Sports: **19.66m ! 2005** Kate Forbes, Lethbridge
16.78m S Standard

Name	School	Finals	Points
Finals			
1 Noémie Jeffrey	Laval Rouge-et-Or	18.89m S	10
2 Jinaye Shomachuk	Lethbridge Pronghorns	18.00m S	8
3 Osereme Omosun	Calgary Dinos	17.99m S	6
4 Rachel Campbell	Western Mustangs	16.61m	5
5 Alexis Johnson	Calgary Dinos	16.50m	4
6 Margarita Belova	Western Mustangs	16.26m	3
7 Caitlyn Bailes	Lethbridge Pronghorns	15.97m	2
8 Kailee Cherewka	Western Mustangs	15.12m	1
9 Temi Toba-Oluboka	Dalhousie Tigers	15.09m	
10 Adele St. John	Western Mustangs	15.02m	
11 Emily Fawcett	Guelph Gryphons	14.87m	
12 Liv Sands	Western Mustangs	14.12m	

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**Double waterfall, 1 turn stagger****Athletes having four highest point totals in outside waterfall.**

U Sports: **2:14.82 ! 2014** Rachael McIntosh, Calgary

Name	School	Finals	Points
Finals			
1 Dallyssa Huggins	Ryerson Rams	2:20.00	824
2 Hannah Blair	Waterloo Warriors	2:22.12	795
3 Rosemary Holmes	Western Mustangs	2:23.96	771
4 Lorena Heubach	Dalhousie Tigers	2:32.79	658
5 Lisa Cozma	Calgary Dinos	2:33.93	644
6 Ayasha Horner	Western Mustangs	2:34.65	636
7 Ashlyn Mooney	Saskatchewan	2:36.04	619
8 Emma Hendricksen	Western Mustangs	2:37.54	601
9 Makayla Mitchell	McGill	2:38.43	591
10 Robin Selkirk	Western Mustangs	2:38.90	586
11 Sienna MacDonald	Calgary Dinos	2:40.94	562

Indoor Pentathlon: #1 Women 60 Meter Hurdles 33" Yellow Indoor Pentathlon

U Sports: **8.45 ! 2016** Astrid Nyame, Saskatchewan

Name	School	Finals	H#	Points
Finals				
1 Sienna MacDonald	Calgary Dinos	8.74	2	965
2 Hannah Blair	Waterloo Warriors	8.94	2	922
3 Ashlyn Mooney	Saskatchewan	8.97	2	916
4 Alyson Edwards	Regina Cougars	9.00	2	910
5 Emma Hendricksen	Western Mustangs	9.03	2	904
6 Lorena Heubach	Dalhousie Tigers	9.05	1	900
7 Lisa Cozma	Calgary Dinos	9.06	2	897
8 Rosemary Holmes	Western Mustangs	9.26	2	856
9 Dallyssa Huggins	Ryerson Rams	9.37	1	834

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Finals ... (Indoor Pentathlon: #1 Women 60 Meter Hurdles 33" Yellow Indoor Pentathlon)

Name	School	Finals	H#	Points
10 Robin Selkirk	Western Mustangs	9.39	1	830
11 Ayasha Horner	Western Mustangs	9.57	1	794
12 Makayla Mitchell	McGill	10.45	1	630

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

U Sports: 1.83m ! 2014 Rachel Machin, Calgary

Name	School	Finals	Points
Finals			
1 Dallyssa Huggins	Ryerson Rams	1.69m	842
2 Lorena Heubach	Dalhousie Tigers	1.66m	806
2 Hannah Blair	Waterloo Warriors	1.66m	806
4 Robin Selkirk	Western Mustangs	1.63m	771
5 Ashlyn Mooney	Saskatchewan	1.60m	736
5 Ayasha Horner	Western Mustangs	1.60m	736
5 Emma Hendricksen	Western Mustangs	1.60m	736
8 Rosemary Holmes	Western Mustangs	1.57m	701
8 Alyson Edwards	Regina Cougars	1.57m	701
10 Sienna MacDonald	Calgary Dinos	1.51m	632
11 Lisa Cozma	Calgary Dinos	1.45m	566
11 Makayla Mitchell	McGill	1.45m	566

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

U Sports: 5.91m ! 2016 Astrid Nyame, Saskatchewan

Name	School	Finals	Points
Finals			
1 Lorena Heubach	Dalhousie Tigers	5.81m	792
2 Hannah Blair	Waterloo Warriors	5.42m	677
3 Rosemary Holmes	Western Mustangs	5.40m	671
4 Ashlyn Mooney	Saskatchewan	5.35m	657
5 Dallyssa Huggins	Ryerson Rams	5.29m	640
6 Emma Hendricksen	Western Mustangs	5.22m	620
7 Sienna MacDonald	Calgary Dinos	5.15m	601
8 Lisa Cozma	Calgary Dinos	5.14m	598
9 Ayasha Horner	Western Mustangs	5.08m	581
10 Makayla Mitchell	McGill	5.05m	573
11 Robin Selkirk	Western Mustangs	4.95m	546
--- Alyson Edwards	Regina Cougars	ND	

Indoor Pentathlon: #3 Women Shot Put 4kg Indoor Pentathlon

U Sports: 14.45m ! 2019 Niki Oudenaarden, Calgary

Name	School	Finals	Points
Finals			
1 Dallyssa Huggins	Ryerson Rams	13.21m	741
2 Hannah Blair	Waterloo Warriors	11.72m	643
3 Lorena Heubach	Dalhousie Tigers	11.60m	635
4 Ashlyn Mooney	Saskatchewan	11.51m	629
5 Sienna MacDonald	Calgary Dinos	11.24m	611
6 Robin Selkirk	Western Mustangs	11.11m	602
7 Alyson Edwards	Regina Cougars	10.81m	583

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Finals ... (Indoor Pentathlon: #3 Women Shot Put 4kg Indoor Pentathlon)

Name	School	Finals	Points
8 Lisa Cozma	Calgary Dinos	9.85m	520
9 Rosemary Holmes	Western Mustangs	9.72m	511
10 Ayasha Horner	Western Mustangs	9.50m	497
11 Emma Hendricksen	Western Mustangs	9.31m	484
12 Makayla Mitchell	McGill	8.26m	416

Women Indoor Pentathlon

U Sports: **4380 ! 2007** Jessica Zelinka, Calgary
3722 S Standard

Name	School	Finals	H#	Points
Finals				
1 Dallyssa Huggins	Ryerson Rams	3881.00 S		10
2 Hannah Blair	Waterloo Warriors	3843.00 S		8
3 Lorena Heubach	Dalhousie Tigers	3791.00 S		6
4 Ashlyn Mooney	Saskatchewan	3557.00		5
5 Rosemary Holmes	Western Mustangs	3510.00		4
6 Sienna MacDonald	Calgary Dinos	3371.00		3
7 Emma Hendricksen	Western Mustangs	3345.00		2
8 Robin Selkirk	Western Mustangs	3335.00		1
9 Ayasha Horner	Western Mustangs	3244.00		
10 Lisa Cozma	Calgary Dinos	3225.00		
11 Makayla Mitchell	McGill	2776.00		

Men 60 Meter Run

U Sports: **6.57 ! 2010** Sam Effah, Calgary
6.81 S Standard

Name	School	Prelims	H#
Preliminaries			
1 Usheoritse Itsekiri	Regina Cougars	6.75 Q S	2
2 Jordan Soufi	Manitoba Bisons	6.75 Q S	1
3 Immanuel Onyemah	Waterloo Warriors	6.79 Q S	1
4 Tre Ford	Waterloo Warriors	6.85 Q	2
5 Evan Essapa	Alberta Pandas & Golden Bears	6.85 Q	1
6 Brian Lewis	Manitoba Bisons	6.88 Q	2
7 Niko Dowhos	Lakehead Thunderwolves	6.85 q	1
8 Noah Leinweber	Windsor Lancers	6.90 q	1
9 Cyprien Dipoko	Laval Rouge-et-Or	6.92	2
10 Paul Abodunwa	Calgary Dinos	6.96	2
11 Promise Akachukwu	Cape Breton University	6.96	2

Men 60 Meter Run

U Sports: **6.57 ! 2010** Sam Effah, Calgary
6.81 S Standard

Name	School	Finals	Points
Finals			
1 Usheoritse Itsekiri	Regina Cougars	6.66 S	10
2 Immanuel Onyemah	Waterloo Warriors	6.74 S	8
3 Jordan Soufi	Manitoba Bisons	6.77 S	6
4 Niko Dowhos	Lakehead Thunderwolves	6.79 S	5

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Finals ... (Men 60 Meter Run)

Name	School	Finals	Points
5 Tre Ford	Waterloo Warriors	6.85	4
6 Brian Lewis	Manitoba Bisons	6.87	3
7 Evan Essapa	Alberta Pandas & Golden Bears	6.87	2
8 Noah Leinweber	Windsor Lancers	6.88	1

Men 300 Meter Run

U Sports: **32.89 ! 2019** Austin Cole, Alberta
34.34 S Standard

Name	School	Prelims	H#
Preliminaries			
1 Austin Cole	Alberta Pandas & Golden Bears	34.06 Q S	3
2 Karson Lehner	Saskatchewan	34.44 Q	2
3 Emmett Bravakis	Toronto Varsity Blues	34.72 Q	1
4 Marcus Penalzoza-Abankwah	Guelph Gryphons	34.45 q	2
5 Evan Essapa	Alberta Pandas & Golden Bears	35.11 q	1
6 Justin Rose	Alberta Pandas & Golden Bears	35.18 q	3
7 Ben Tilson	Windsor Lancers	35.19 q	1
8 Josh Li	Alberta Pandas & Golden Bears	35.42 q	3
9 Charles Pelletier	Sherbrooke Vert-et-Or	35.43	1
10 Daniel Earles	Trinity Western	35.64	2
11 Carter Teal	Guelph Gryphons	35.69	2
12 Dan Lord	Dalhousie Tigers	35.72	3

Men 300 Meter Run

U Sports: **32.89 ! 2019** Austin Cole, Alberta
34.34 S Standard

Name	School	Finals	H#	Points
Finals				
1 Karson Lehner	Saskatchewan	33.27 S	2	10
2 Austin Cole	Alberta Pandas & Golden Bears	33.31 S	2	8
3 Emmett Bravakis	Toronto Varsity Blues	34.38	2	6
4 Marcus Penalzoza-Abankwah	Guelph Gryphons	34.38	2	5
5 Evan Essapa	Alberta Pandas & Golden Bears	34.42	1	4
6 Justin Rose	Alberta Pandas & Golden Bears	34.85	1	3
7 Ben Tilson	Windsor Lancers	34.94	1	2
8 Josh Li	Alberta Pandas & Golden Bears	35.29	1	1

Men 600 Meter Run**Two turn stagger**

U Sports: **76.10 ! 1995** Bryon Goodwin, Manitoba
79.98 S Standard

Name	School	Prelims	H#
Preliminaries			
1 Ben Tilson	Windsor Lancers	79.87 Q S	3
2 Marcus Nandlal	Toronto Varsity Blues	1:20.11 Q	1
3 Vaughn Taylor	Victoria Vikes	1:21.52 Q	2
4 Micael Anku	Sherbrooke Vert-et-Or	1:20.65 q	3
5 Winston Clarke	Western Mustangs	1:20.98 q	1
6 Tristan Allen	Manitoba Bisons	1:21.05 q	3

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Preliminaries ... (Men 600 Meter Run)

Name	School	Prelims	H#
7 Brent Stephen	Calgary Dinos	1:21.21	3
8 Laurent-Olivier Dumont	UQTR Patriotes	1:21.95	2
9 Alanzo Ryan	Guelph Gryphons	1:23.26	2
10 Zach James	Dalhousie Tigers	1:23.45	3
11 Moses Aidoo	Toronto Varsity Blues	1:25.21	1
12 Alexander-Julian Bimm	McGill	1:26.11	2
--- Azer Khelifa	Montreal Carabins	DQ	1

Men 600 Meter Run**Two turn stagger**

U Sports: 76.10 ! 1995 Bryon Goodwin, Manitoba
79.98 S Standard

Name	School	Finals	Points
Finals			
1 Marcus Nandlal	Toronto Varsity Blues	79.14 S	10
2 Ben Tilson	Windsor Lancers	79.59 S	8
3 Micael Anku	Sherbrooke Vert-et-Or	1:20.33	6
4 Vaughn Taylor	Victoria Vikes	1:20.89	5
5 Tristan Allen	Manitoba Bisons	1:24.19	4
6 Winston Clarke	Western Mustangs	1:26.60	3

Men 1000 Meter Run**Double waterfall****1 turn stagger**

U Sports: 2:22.09 ! 2012 Tommy Lecours, Guelph
2:26.61 S Standard

Name	School	Finals	Points
Finals			
1 Eric Lutz	Calgary Dinos	2:22.16 S	10
2 Alec Purnell	Guelph Gryphons	2:22.86 S	8
3 Rohan Nowbotsing	Toronto Varsity Blues	2:23.29 S	6
4 Robert Chauvet	Alberta Pandas & Golden Bears	2:23.72 S	5
5 Jack Boden	Victoria Vikes	2:24.17 S	4
6 Adam Schmidt	Guelph Gryphons	2:25.53 S	3
7 Erik Ohrling	Western Mustangs	2:25.61 S	2
8 Raphaël Giguère	Laval Rouge-et-Or	2:25.62 S	1
9 Andrew Peverill	St Mary's University	2:27.73	
10 Jean-Simon Desgagnés	Laval Rouge-et-Or	2:28.08	
11 Ben Seshadri	Victoria Vikes	2:31.19	
12 Hudson Grimshaw-Surette	Dalhousie Tigers	2:48.15	
--- Aidan Goslett	Dalhousie Tigers	DNF	

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Men 1500 Meter Run**Double waterfall****1 turn stagger**

U Sports: 3:46.85 ! 1990 Allan Klassen, UBC
3:51.24 S Standard

	Name	School	Finals		Points
Finals					
1	Jean-Simon Desgagnés	Laval Rouge-et-Or	3:49.94	S	10
2	Alec Purnell	Guelph Gryphons	3:49.95	S	8
3	Eric Lutz	Calgary Dinos	3:50.30	S	6
4	Matthew Beaudet	McGill	3:50.64	S	5
5	Alex Drover	McMaster Marauders	3:52.44		4
6	Jared Howse	UNB Reds	3:52.70		3
7	Mitchell Ubene	Guelph Gryphons	3:52.98		2
8	Félix Plourde-Couture	UQTR Patriotes	3:53.90		1
9	Andrew Davies	McMaster Marauders	3:53.92		
10	Max Turek	McMaster Marauders	3:53.98		
11	Brayden Mytopher	Regina Cougars	3:55.36		
12	Erik Ohrling	Western Mustangs	3:55.70		
13	Andrew Peverill	St Mary's University	3:57.10		
14	Gavin Hughes	Guelph Gryphons	3:59.35		
15	Rohan Nowbotsing	Toronto Varsity Blues	4:09.28		

Men 3000 Meter Run**Double waterfall****1 turn stagger**

U Sports: 7:59.29 ! 1996 Jeff Schiebler, UBC
8:15.88 S Standard

	Name	School	Finals		Points
Finals					
1	Thomas Fafard	Laval Rouge-et-Or	8:14.32	S	10
2	Jean-Simon Desgagnés	Laval Rouge-et-Or	8:14.38	S	8
3	Andrew Davies	McMaster Marauders	8:17.55		6
4	Alex Drover	McMaster Marauders	8:18.04		5
5	Mitchell Ubene	Guelph Gryphons	8:19.39		4
6	Ryan Tyrrell	McMaster Marauders	8:21.07		3
7	Nicholas Bannon	Guelph Gryphons	8:21.98		2
8	Brandon Vail	Victoria Vikes	8:22.36		1
9	Brayden Mytopher	Regina Cougars	8:22.41		
10	John Perrier	Guelph Gryphons	8:23.59		
11	Jonathan Tedeschi	Laval Rouge-et-Or	8:28.67		
12	Will Cox	Dalhousie Tigers	8:37.96		
13	Marcel Scheele	Western Mustangs	8:49.63		

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Men 60 Meter Hurdles 42" Green**Top 3 from each heat plus next 2 best times**

U Sports: 7.79 ! 2014 Sekou Kaba, Ottawa
8.21 S Standard

Name	School	Prelims	H#
Preliminaries			
1 Cameron Bruce	Toronto Varsity Blues	8.00 Q S	1
2 Craig Thorne	Guelph Gryphons	8.12 Q S	2
3 Antoine Lebrun	Sherbrooke Vert-et-Or	8.03 Q S	1
4 Alex Collins	Western Mustangs	8.17 Q S	2
5 David Adeleye	Toronto Varsity Blues	8.07 Q S	1
6 Adam Exley	Toronto Varsity Blues	8.26 Q	2
7 Nathaniel Mechler	Western Mustangs	8.20 q S	1
8 Matthew MacNeill	Guelph Gryphons	8.32 q	2
9 Matt MacGillivray	Guelph Gryphons	8.44	1
10 Colton Spencer	Brock Badgers	8.50	2
11 Wilson O'Neill	Western Mustangs	8.51	2
12 Adam Andres	Manitoba Bisons	8.66	1
13 Nathan Hostetler	Western Mustangs	8.72	1
14 Max Mazerolle	Moncton Aigles Bleu	8.76	2

Men 60 Meter Hurdles 42" Green**Top 3 from each heat plus next 2 best times**

U Sports: 7.79 ! 2014 Sekou Kaba, Ottawa
8.21 S Standard

Name	School	Finals	Points
Finals			
1 Nathaniel Mechler	Western Mustangs	7.96 S	10
2 Craig Thorne	Guelph Gryphons	7.97 S	8
3 David Adeleye	Toronto Varsity Blues	8.15 S	6
4 Cameron Bruce	Toronto Varsity Blues	8.17 S	5
5 Alex Collins	Western Mustangs	8.18 S	4
6 Adam Exley	Toronto Varsity Blues	8.19 S	3
7 Matthew MacNeill	Guelph Gryphons	8.36	2
--- Antoine Lebrun	Sherbrooke Vert-et-Or	DQ	

Men 4x200 Meter Relay**3 turn stagger**

U Sports: 1:25.65 ! 2012 Ottawa, Ottawa
O. Makinde, Robertson, Biocchi, T. Makinde

1:28.48 S Standard

Team	Relay	Prelims	H#
Preliminaries			
1 Alberta Pandas & Golden Bear:		1:28.08 Q S	3
1) Austin Cole	2) Josh Li	3) Justin Rose	4) Evan Essapa
2 Guelph Gryphons		1:28.74 Q	1
1) Marcus Penalzoza-Abankwah	2) Josh Hamilton	3) Carter Teal	4) Richard Davis
3 Manitoba Bisons		1:29.47 Q	2
1) Sebastien Regnier	2) Adam Chahid	3) Tyler Cox-Yestrau	4) Adam Andres
4 Toronto Varsity Blues		1:29.19 q	1
1) Emmett Bravakis	2) Alexander Augimeri	3) Adam Exley	4) Cameron Reyes

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Preliminaries ... (Men 4x200 Meter Relay)

Team	Relay	Prelims	H#
5 Regina Cougars 1) Usheoritse Itsekiri	2) Dawson Bentz	3) Logan Fettes	4) Kyle Borsa
6 Saskatchewan 1) Jacob Murphy	2) Austin Edwards	3) Kenneth McGovern	4) Cole Frank
7 Trinity Western 1) Daniel Earles	2) Cade Armour	3) Luke Chalk	4) Benjamin Tjernagel
8 Laval Rouge-et-Or 1) Cyprien Dipoko	2) Hento Pilipili	3) Lutch Jarmanau Alcéna	4) Jasmin Kirouac
9 Windsor Lancers 1) Kobie Warden	2) Ryan Mahabir	3) Jacob Grainger	4) Ben Gracie-Krilow
10 Waterloo Warriors 1) Immanuel Onyemah	2) Nathan Hehn	3) Ben Smith	4) Dan Demelo-Knapp
11 York Lions 1) Yonathan Zenebe	2) Jaxon Hume	3) Matthew Richards	4) Markmeena Makcemus
--- Western Mustangs 1) Nicholas Williams	2) Alex Collins	3) Josh Duckman	4) Robbie Menzies

Men 4x200 Meter Relay**3 turn stagger****U Sports: 1:25.65 ! 2012****Ottawa, Ottawa****O. Makinde, Robertson, Biocchi, T. Makinde****1:28.48 S Standard**

Team	Relay	Finals	H#	Points
Finals				
1 Alberta Pandas & Golden Bear: 1) Austin Cole	2) Josh Li	3) Justin Rose	4) Evan Essapa	10
2 Saskatchewan 1) Karson Lehner	2) Austin Edwards	3) Jacob Murphy	4) Cole Frank	8
3 Guelph Gryphons 1) Marcus Penaloza-Abankwah	2) Josh Hamilton	3) Carter Teal	4) Richard Davis	6
4 Regina Cougars 1) Usheoritse Itsekiri	2) Dawson Bentz	3) Logan Fettes	4) Kyle Borsa	5
5 Manitoba Bisons 1) Sebastien Regnier	2) Adam Chahid	3) Tyler Cox-Yestrau	4) Adam Andres	4
6 Laval Rouge-et-Or 1) Cyprien Dipoko	2) Hento Pilipili	3) Lutch Jarmanau Alcéna	4) Jasmin Kirouac	3
7 Toronto Varsity Blues 1) Emmett Bravakis	2) Alexander Augimeri	3) Adam Exley	4) Cameron Reyes	2
--- Trinity Western 1) Daniel Earles	2) Cade Armour	3) Romain Tourvieille De Labr	4) Benjamin Tjernagel	1

Men 4x400 Meter Relay**2 turn stagger****U Sports: 3:11.67 ! 2019****Guelph Gryphons, Guelph****J Hamilton, G Thompson, D Harper, P Osei****3:19.14 S Standard**

Team	Relay	Finals	H#	Points
Finals				
1 Alberta Pandas & Golden Bear: 1) Justin Rose	2) Alasdair Nadon-Shields	3) Josh Li	4) Austin Cole	10

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Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals	H#	Points
2 Guelph Gryphons 1) Carter Teal	2) Richard Davis	3) Alanzo Ryan	4) Marcus Penaloza-Abankwah	3:17.59 S 3 8
3 Toronto Varsity Blues 1) Caiden Schultz	2) Moses Aidoo	3) Marcus Nandlal	4) Emmett Bravakis	3:20.92 2 6
4 Montreal Carabins 1) Nicolas Ippet	2) William Payette	3) Antoine Faucher	4) Azer Khelifa	3:21.16 3 5
5 Manitoba Bisons 1) Adam Chahid	2) Noel Kendle	3) Tristan Allen	4) Tyler Cox-Yestrau	3:21.46 3 4
6 Western Mustangs 1) Josh Duckman	2) Austin McLeod	3) Robbie Menzies	4) Michael Petersen	3:22.39 1 3
7 Windsor Lancers 1) Kobie Warden	2) Ryan Mahabir	3) Noah Waldmann	4) Ben Tilson	3:22.53 2 2
8 Calgary Dinos 1) Brent Stephen	2) Luke Swadling	3) Eric Lutz	4) Chetaan Judge	3:22.64 3 1
9 Saskatchewan 1) Kenneth McGovern	2) Jacob Murphy	3) Elliott Klassen	4) Kaden Nilson	3:23.91 1
10 UNB Reds 1) Bailey Ferguson	2) Mitchell Kean	3) Benjamin Perrett	4) Ethan Wilkie	3:26.47 1
11 Trinity Western 1) Luke Chalk	2) Benjamin Tjernagel	3) Cade Armour	4) Romain Tourvieille De Labre	3:26.71 2
12 Sherbrooke Vert-et-Or 1) Charles Pelletier	2) Antoine Lebrun	3) Laurent Grandmangin	4) Micael Anku	3:28.45 3
--- McGill 1) Markus Geiger	2) Alexander-Julian Bimm	3) Sebastian Danson	4) Nicolas Bernard	DQ 2

Men 4x800 Meter Relay**Double waterfall****1 turn stagger**

U Sports: 7:27.94 ! 2014

Windsor, Windsor

La Marra, McArthur, Bellemore, Ullman

7:39.61 S Standard

Team	Relay	Finals	Points	
Finals 1 Guelph Gryphons 1) Alanzo Ryan	2) Andrew LeBlanc	3) Adam Schmidt	4) Alec Purnell	7:36.57 S 10
2 Toronto Varsity Blues 1) Dilan Brar	2) Nick Trieu	3) Jerome Jude	4) Rohan Nowbotsing	7:38.71 S 8
3 Manitoba Bisons 1) Justin Kroeker	2) Michael Wood	3) Calvin Reimer	4) Tristan Allen	7:39.04 S 6
4 Western Mustangs 1) Ben Fox	2) Kyle Koyanagi	3) Michael Petersen	4) Sam Cumming	7:39.04 S 5
5 Saskatchewan 1) Dylan Bauman	2) Kaiden Deck	3) Treyton Pernitsky	4) Kaden Nilson	7:40.33 4
6 Victoria Vikes 1) David Waller	2) Ben Seshadri	3) Anton Kuipers	4) Jack Boden	7:45.11 3
7 McGill 1) Alexander-Julian Bimm	2) Nicolas Bernard	3) Sebastian Danson	4) Markus Geiger	7:45.60 2
8 McMaster Marauders 1) Connor Black	2) Henry Gage	3) Max Turek	4) Sam Nusselder	7:46.48 1
9 Dalhousie Tigers 1) Dan Rosen	2) Lukas Rudaitis	3) Harmon Grimshaw-Surette	4) Hudson Grimshaw-Surette	7:47.08

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Finals ... (Men 4x800 Meter Relay)

Team	Relay	Finals	Points
10 UNB Reds		7:48.08	
1) Benjamin Perrett	2) Mitchell Kean	3) Chance Blackstone	4) Isaac Cull
11 Calgary Dinos		7:56.68	
1) Robert Mitchell	2) Liam Murray	3) Luke Swadling	4) Tyler Kiyonaga

Men High Jump

Start at 1.81m, up by 5cm to 1.96,
then up by 3cm.

U Sports: 2.24m ! 1993 Alex Zaliaskas, Toronto
2.08m S Standard

Name	School	Finals	Points
Finals			
1 Aiden Grout	Toronto Varsity Blues	2.13m S	10
2 Caleb Keeling	Windsor Lancers	2.05m	8
3 Daxx Turner	Manitoba Bisons	2.05m	6
4 Thomas Senechal-Becker	Ottawa Gee-Gees	2.02m	5
5 Louis Brosseau	Laval Rouge-et-Or	1.99m	4
6 Wesley Calef	Alberta Pandas & Golden Bears	1.99m	3
7 Lauchlan Irish	Lethbridge Pronghorns	1.99m	2
8 Corey Gilmore	Western Mustangs	1.96m	1
9 Corbin deBlois	Guelph Gryphons	1.96m	
10 Tobi Oshikoya	Dalhousie Tigers	1.91m	
11 Femi Akinduro	Toronto Varsity Blues	1.86m	
11 Isaac Peters	Manitoba Bisons	1.86m	
13 Mason McGregor	Toronto Varsity Blues	1.81m	
--- Max Speiser	Manitoba Bisons	NH	
--- Noah Dommasch	Guelph Gryphons	NH	

Men Pole Vault

Start at 4.13m, up by 15cm to 4.73m,
then up by 10cm to 4.93m,
then up by 5cm.

U Sports: 5.65m ! 1992 Doug Wood, York
4.87m S Standard

Name	School	Finals	Points
Finals			
1 Jaime Eduardo Martin	Trinity Western	4.93m S	10
2 Maxime Leveille	Sherbrooke Vert-et-Or	4.83m	8
3 Nojah Parker	Windsor Lancers	4.83m	6
4 Aidan Anger	Guelph Gryphons	4.73m	5
5 Scott McKerracher	Saskatchewan	4.43m	4
6 Nick Christopher	Western Mustangs	4.43m	3
7 Nick Shaw	Western Mustangs	4.43m	2
8 Joshua Carsience	Trinity Western	4.28m	1
9 Gabriel Pelletier	Laval Rouge-et-Or	4.28m	
--- Giovanni Hernandez	Trinity Western	NH	
--- Derek Onraet	Manitoba Bisons	NH	

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Men Long Jump**Top 8 advance to Final**

U Sports: **7.88m ! 2010** Christopher Greenway, Ottawa
7.28m S Standard

Name	School	Finals	Points
Finals			
1 Eric Che	Toronto Varsity Blues	7.45m S	10
2 Clement Mougeolle	Montreal Carabins	7.29m S	8
3 Guilhem Hermet	Montreal Carabins	7.19m	6
4 Matt Indome	Western Mustangs	7.07m	5
5 Femi Akinduro	Toronto Varsity Blues	7.03m	4
6 Matthew MacNeill	Guelph Gryphons	6.87m	3
7 Graham Hutchison-Campbell	Manitoba Bisons	6.82m	2
8 Kenneth West	Western Mustangs	6.73m	1
9 Landon Kohle	Saskatchewan	6.66m	
10 Fabrice Marvin Zongo	Laurentian Voyageurs	6.64m	
11 Peter Collier	Dalhousie Tigers	6.59m	
12 Drew Sundberg	Saskatchewan	6.45m	

Men Triple Jump**Top 8 advance to Final**

U Sports: **15.81m ! 2013** Olivier Huet, Sherbrooke
14.51m S Standard

Name	School	Finals	Points
Finals			
1 Femi Akinduro	Toronto Varsity Blues	15.47m S	10
2 Kenneth West	Western Mustangs	15.23m S	8
3 Daxx Turner	Manitoba Bisons	15.17m S	6
4 Fabrice Marvin Zongo	Laurentian Voyageurs	15.09m S	5
5 Guilhem Hermet	Montreal Carabins	14.95m S	4
6 Scott Peel	Guelph Gryphons	14.63m S	3
7 Frederic Hanna	Montreal Carabins	14.56m S	2
8 Patrick Hanna	Sherbrooke Vert-et-Or	14.54m S	1
9 Lauchlan Irish	Lethbridge Pronghorns	14.27m	
10 Tobi Oshikoya	Dalhousie Tigers	14.15m	
11 Isaac Mapp	Western Mustangs	13.67m	
12 Curtis Bovell	Waterloo Warriors	13.58m	

Men Shot Put 16lb/7.26kg**Top 8 advance to Final**

U Sports: **18.48m ! 2011** Andrew Smith, Saskatchewan
15.69m S Standard

Name	School	Finals	Points
Finals			
1 Mark Bujnowski	Guelph Gryphons	18.30m S	10
2 Mathieu Massé-Pelletier	Laval Rouge-et-Or	17.83m S	8
3 Brennan Degenhardt	Saskatchewan	16.20m S	6
4 Seth Edwards	Western Mustangs	15.97m S	5
5 Samuel Bourque	Moncton Aigles Bleu	15.34m	4
6 Anthony Atkinson	Windsor Lancers	15.13m	3

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Finals ... (Men Shot Put 16lb/7.26kg)

Name	School	Finals	Points
7 Zion Webb	Windsor Lancers	15.04m	2
8 Adeyinka Solomon Petinrin	Saskatchewan	14.85m	1
9 Joshua Suelzle	Manitoba Bisons	14.83m	
10 James Wiatr	Alberta Pandas & Golden Bears	14.09m	
11 Andre Hendricks	Dalhousie Tigers	13.89m	
12 Jeremy Elliott	York Lions	13.85m	

Men Weight Throw**Top 8 advance to Final**

U Sports: **24.08m ! 2009** Jim Steacy, Lethbridge
16.78m S Standard

Name	School	Finals	Points
Finals			
1 Mark Bujnowski	Guelph Gryphons	20.48m S	10
2 Andreas Troschke	Lethbridge Pronghorns	18.68m S	8
3 Brayden Klippenstein	Lethbridge Pronghorns	17.44m S	6
4 Anthony Atkinson	Windsor Lancers	17.12m S	5
5 Christian Panhuis	Western Mustangs	16.77m	4
6 Xavier Crosby	Lethbridge Pronghorns	16.62m	3
7 Mathieu Massé-Pelletier	Laval Rouge-et-Or	16.62m	2
8 Graham Wright	Manitoba Bisons	16.05m	1
9 Joshua Suelzle	Manitoba Bisons	15.28m	
10 Félix-Antoine Paris	Laval Rouge-et-Or	15.09m	
11 Samuel Bourque	Moncton Aigles Bleu	14.63m	
12 Christopher Grant	UNB Reds	14.27m	

Heptathlon: #1 Men 60 Meter Dash Heptathlon

U Sports: **6.91 ! 2019** Peter Collier, Toronto

Name	School	Finals	H#	Points
Finals				
1 Denis Tzvetkov	Western Mustangs	7.12	2	840
2 Brandon Gremaud	Trinity Western	7.30	2	779
3 Kieran Johnstone	Saskatchewan	7.34	2	765
4 Max Speiser	Manitoba Bisons	7.36	2	759
5 Masson Altrogge	Saskatchewan	7.37	2	755
6 Max Mazerolle	Moncton Aigles Bleu	7.40	2	745
7 Noah Dommasch	Guelph Gryphons	7.43	1	736
8 Jake Neufeld	Saskatchewan	7.43	2	736
9 Quinn Cameron	Western Mustangs	7.47	1	723
10 Isaiah Collins	Western Mustangs	7.47	1	723
11 Alexander Stathis	McGill	7.53	1	703
12 Ryan Evans	Western Mustangs	7.55	1	697
--- Jared Hendricks-Polack	Western Mustangs	DNF	2	

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Heptathlon: #7 Men 1000 Meter Run Heptathlon

Double waterfall, 1 turn stagger

Athletes having four highest point totals in outside waterfall.

U Sports: 2:45.02 ! 2016		Shawn Beaudoin, Guelph			
Name	School	Finals		Points	
Finals					
1	Quinn Cameron	Western Mustangs	2:45.58		812
2	Masson Altrogge	Saskatchewan	2:47.71		790
3	Ryan Evans	Western Mustangs	2:50.67		759
4	Kieran Johnston	Saskatchewan	2:52.52		739
5	Noah Dommasch	Guelph Gryphons	2:54.74		717
6	Jake Neufeld	Saskatchewan	2:54.97		714
7	Isaiah Collins	Western Mustangs	2:56.05		703
8	Max Speiser	Manitoba Bisons	2:57.04		694
9	Brandon Gremaud	Trinity Western	2:59.45		670
10	Max Mazerolle	Moncton Aigles Bleu	3:00.63		658
11	Alexander Stathis	McGill	3:05.91		607
12	Denis Tzvetkov	Western Mustangs	3:09.02		579

Heptathlon: #5 Men 60 Meter Hurdles 42" Green Heptathlon

U Sports: 8.19 ! 2018 Kieran Johnston, Saskatchewan

Name	School	Finals	H#	Points
Finals				
1	Kieran Johnston	Saskatchewan	8.58	2 841
2	Alexander Stathis	McGill	8.64	1 827
3	Denis Tzvetkov	Western Mustangs	8.65	2 825
4	Max Speiser	Manitoba Bisons	8.66	2 823
5	Max Mazerolle	Moncton Aigles Bleu	8.67	2 820
6	Masson Altrogge	Saskatchewan	8.71	2 811
7	Jake Neufeld	Saskatchewan	8.77	2 797
8	Ryan Evans	Western Mustangs	8.99	1 748
9	Brandon Gremaud	Trinity Western	9.02	1 741
10	Quinn Cameron	Western Mustangs	9.09	1 726
11	Isaiah Collins	Western Mustangs	9.11	2 722
12	Noah Dommasch	Guelph Gryphons	9.14	1 715

Heptathlon: #4 Men High Jump Heptathlon

U Sports: 1.96m ! 2018 Peter Nsaka Malonge, Laval

Name	School	Finals	Points
Finals			
1	Noah Dommasch	Guelph Gryphons	1.99m ! 794
2	Max Speiser	Manitoba Bisons	1.93m 740
3	Masson Altrogge	Saskatchewan	1.84m 661
4	Quinn Cameron	Western Mustangs	1.81m 636
4	Jake Neufeld	Saskatchewan	1.81m 636
6	Ryan Evans	Western Mustangs	1.78m 610
7	Brandon Gremaud	Trinity Western	1.75m 585
8	Kieran Johnston	Saskatchewan	1.72m 560
9	Alexander Stathis	McGill	1.66m 512
9	Isaiah Collins	Western Mustangs	1.66m 512

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Finals ... (Heptathlon: #4 Men High Jump Heptathlon)

Name	School	Finals	Points
9 Max Mazerolle	Moncton Aigles Bleu	1.66m	512
12 Denis Tzvetkov	Western Mustangs	1.60m	464

Heptathlon: #6 Men Pole Vault Heptathlon

U Sports: 4.70m ! 2018 **Telvin Tavernier, Carleton**

U Sports: 4.70m ! 2016 **Milos Savic, Windsor**

Name	School	Finals	Points
Finals			
1 Jake Neufeld	Saskatchewan	4.20m	673
1 Isaiah Collins	Western Mustangs	4.20m	673
3 Quinn Cameron	Western Mustangs	4.10m	645
3 Brandon Gremaud	Trinity Western	4.10m	645
5 Ryan Evans	Western Mustangs	4.00m	617
5 Kieran Johnston	Saskatchewan	4.00m	617
7 Alexander Stathis	McGill	3.80m	562
7 Max Mazerolle	Moncton Aigles Bleu	3.80m	562
9 Max Speiser	Manitoba Bisons	3.70m	535
10 Denis Tzvetkov	Western Mustangs	3.50m	482
11 Noah Dommasch	Guelph Gryphons	3.30m	431
12 Masson Altrogge	Saskatchewan	3.20m	406

Heptathlon: #2 Men Long Jump Heptathlon

U Sports: 7.13m ! 2016 **James Turner, Toronto**

Name	School	Finals	Points
Finals			
1 Kieran Johnston	Saskatchewan	6.81m	769
2 Brandon Gremaud	Trinity Western	6.56m	711
3 Alexander Stathis	McGill	6.50m	697
4 Noah Dommasch	Guelph Gryphons	6.45m	686
5 Max Mazerolle	Moncton Aigles Bleu	6.29m	650
6 Max Speiser	Manitoba Bisons	6.25m	641
7 Isaiah Collins	Western Mustangs	6.19m	628
8 Masson Altrogge	Saskatchewan	6.12m	613
9 Quinn Cameron	Western Mustangs	6.10m	608
10 Jake Neufeld	Saskatchewan	6.07m	602
10 Denis Tzvetkov	Western Mustangs	6.07m	602
12 Ryan Evans	Western Mustangs	5.86m	556
--- Jared Hendricks-Polack	Western Mustangs	FOUL	

Heptathlon: #3 Men Shot Put 16lb/7.26kg Heptathlon

U Sports: 14.06m ! 2016 **James Turner, Toronto**

Name	School	Finals	Points
Finals			
1 Alexander Stathis	McGill	13.20m	679
2 Masson Altrogge	Saskatchewan	13.17m	678
3 Isaiah Collins	Western Mustangs	12.37m	629
4 Ryan Evans	Western Mustangs	12.30m	625
5 Brandon Gremaud	Trinity Western	12.10m	612
6 Kieran Johnston	Saskatchewan	12.02m	608

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Results

Finals ... (Heptathlon: #3 Men Shot Put 16lb/7.26kg Heptathlon)

Name	School	Finals	Points
7 Denis Tzvetkov	Western Mustangs	11.92m	602
8 Jared Hendricks-Polack	Western Mustangs	11.90m	600
9 Max Speiser	Manitoba Bisons	11.66m	586
10 Max Mazerolle	Moncton Aigles Bleu	11.07m	550
11 Jake Neufeld	Saskatchewan	10.74m	530
12 Noah Dommasch	Guelph Gryphons	10.30m	504
13 Quinn Cameron	Western Mustangs	8.62m	403

Men Heptathlon

U Sports: 5374 ! 2016 James Turner, Toronto
4671 S Standard

Name	School	Finals	H#	Points
Finals				
1 Kieran Johnston	Saskatchewan	4899.00	S	10
2 Max Speiser	Manitoba Bisons	4778.00	S	8
3 Brandon Gremaud	Trinity Western	4743.00	S	6
4 Masson Altrogge	Saskatchewan	4714.00	S	5
5 Jake Neufeld	Saskatchewan	4688.00	S	4
6 Ryan Evans	Western Mustangs	4612.00		3
7 Isaiah Collins	Western Mustangs	4590.00		2
8 Alexander Stathis	McGill	4587.00		1
9 Noah Dommasch	Guelph Gryphons	4583.00		
10 Quinn Cameron	Western Mustangs	4553.00		
11 Max Mazerolle	Moncton Aigles Bleu	4497.00		
12 Denis Tzvetkov	Western Mustangs	4394.00		

Women - Team Rankings - 17 Events Scored

1) Guelph Gryphons	123.5	2) Saskatchewan	76
3) Western Mustangs	69	4) Laval Rouge-et-Or	62
5) Toronto Varsity Blues	56.5	6) Alberta Pandas & Golden Bears	47
7) Calgary Dinos	32	8) Regina Cougars	24.5
9) Trinity Western	24	10) Manitoba Bisons	19
10) Ryerson Rams	19	12) York Lions	18
13) Windsor Lancers	17	14) Waterloo Warriors	14.5
15) Dalhousie Tigers	12	16) UNB Reds	10
16) Lethbridge Pronghorns	10	18) Ottawa Gee-Gees	8
19) Carleton Ravens	6	20) McGill	5
21) St Francis Xavier	4	21) Montreal Carabins	4
23) McMaster Marauders	2		

Men - Team Rankings - 17 Events Scored

1) Guelph Gryphons	97	2) Toronto Varsity Blues	86
3) Western Mustangs	61	4) Saskatchewan	52
5) Manitoba Bisons	50	6) Alberta Pandas & Golden Bears	46
6) Laval Rouge-et-Or	46	8) Windsor Lancers	37
9) Montreal Carabins	25	10) Calgary Dinos	19
10) Lethbridge Pronghorns	19	10) McMaster Marauders	19

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13) Trinity Western	17	14) Regina Cougars	15
14) Sherbrooke Vert-et-Or	15	16) Victoria Vikes	13
17) Waterloo Warriors	12	18) McGill	8
19) Lakehead Thunderwolves	5	19) Ottawa Gee-Gees	5
19) Laurentian Voyageurs	5	22) Moncton Aigles Bleu	4
23) UNB Reds	3	24) UQTR Patriotes	2