

2021 Vigars & Salter WESTERN INVITATIONAL

46th year for ths meet / Sat. Sept 25

2021-09-25

2021-09-25 - 2021-09-25

35th yr @ Thames Valley - cancelled 2020

Event # 1 WOMENS 8Km Run

START @ 10:00am

Conditions: °C

MEET RECORD: first time for Women 8K at Western Inviational

! COURSE RECORD: Brogan MacDougall Queen's Gaels 28:03.00 27-Oct2018

\$ POINTS RECORD: Osaka Japan '02 McMaster 2010 28 pts

% TEAM TIME RECORD: Guelph Gryphons 1:47:33 [sum of 5] avg 21:30 for 5 CIS 2013

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	GUELPH GRYPHONS	51	2-3-12-14-20	29-33	2:33:25	3:51	30:41	1:29
2	WESTERN MUSTANGS	72	5-6-17-21-23	24-30	2:35:33	3:54	31:07	1:23
3	MCMASTER MARAUDERS	76	8-10-15-18-25	26-34	2:36:02	3:55	31:13	1:14
4	LAVAL ROUGE ET OR	77	1-4-7-27-38	48-51	2:35:03	3:53	31:01	2:45
5	QUEENS GAELS	130	9-19-31-35-36	56-71	2:39:22	4:00	31:53	1:41
6	TORONTO VARSITYBLUES	157	11-22-28-47-49	70-85	2:41:40	4:03	32:20	2:32
7	WINDSOR LANCERS	195	13-16-44-60-62	69-72	2:44:11	4:07	32:51	3:27
8	WATERLOO WARRIORS	214	32-37-40-52-53	61-65	2:44:48	4:08	32:58	1:28
9	LAURIER GOLDEN HAWKS	346	54-64-74-75-79	86-90	2:55:15	4:23	35:03	2:10
10	NIPISSING LAKERS	356	39-57-84-87-89		3:02:49	4:35	36:34	7:49
11	LAURENTIAN VOYAGEURS	390	63-68-80-88-91		3:09:40	4:45	37:56	9:56
	UNB REDS		41					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	29	Catherine Beauchemin		E3	LAVAL ROUGE ET OR	1	3:44	29:50
2	2	4	Kiana Gibson		E4	GUELPH GRYPHONS	1	3:45	29:54
3	3	6	Sadie-Jane Hickson		E4	GUELPH GRYPHONS	2	3:45	29:56
4	4	30	Jade Berube		E2	LAVAL ROUGE ET OR	2	3:45	29:59
5	5	88	Anna Carruthers		E2	WESTERN MUSTANGS	1	3:48	30:22
6	6	93	Heidi Ohrling		E3	WESTERN MUSTANGS	2	3:50	30:33
7	7	35	Sara-Pier Paquet		R	LAVAL ROUGE ET OR	3	3:50	30:40
8	8	44	Erin Mawhinney		E5	MCMASTER MARAUDERS	1	3:50	30:40
9	9	56	Charlotte Langley		E1	QUEENS GAELS	1	3:52	30:51
10	10	46	Kaitlyn Treleaven		R	MCMASTER MARAUDERS	2	3:53	30:57
11	11	71	Jazz Shukla		5	TORONTO VARSITYBLUES	1	3:53	30:58
12	12	2	Annika Ariano		E2	GUELPH GRYPHONS	3	3:54	31:05
13	13	100	Sydney Pattison		E5	WINDSOR LANCERS	1	3:54	31:06
14	14	10	Olivia Roussel		E2	GUELPH GRYPHONS	4	3:54	31:07
15	15	38	Hannah Goodjohn		E2	MCMASTER MARAUDERS	3	3:55	31:13
16	16	102	Samara Quanz		R	WINDSOR LANCERS	2	3:55	31:16
17	17	87	Zoe Burke		E3	WESTERN MUSTANGS	3	3:55	31:18
18	18	37	Caroline Forbes		E3	MCMASTER MARAUDERS	4	3:55	31:18
19	19	58	Manon Plouvier		E3	QUEENS GAELS	2	3:55	31:18
20	20	5	Sandra Guga		E2	GUELPH GRYPHONS	5	3:56	31:23
21	21	92	Chloe Hewitt		E5	WESTERN MUSTANGS	4	3:57	31:35
22	22	69	Christina Esposito		2	TORONTO VARSITYBLUES	2	3:58	31:42
23	23	89	Chloe Coutts		R	WESTERN MUSTANGS	5	3:59	31:45
24	24	95	Stephanie Ryall		E5	WESTERN MUSTANGS	6	3:59	31:47
25	25	45	Sarah Nolan		E3	MCMASTER MARAUDERS	5	4:00	31:54

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26	26	40	Victoria Lamb	R	MCMASTER MARAUDERS	6	4:00	31:58
27	27	32	Béatrice Gilbert	R	LAVAL ROUGE ET OR	4	4:00	31:59
28	28	70	Sophie Levasseur	R	TORONTO VARSITYBLUES	3	4:01	32:07
29	29	9	Catie Robinson	E1	GUELPH GRYPHONS	6	4:02	32:10
30	30	96	Jenna Schulz	E2	WESTERN MUSTANGS	7	4:02	32:10
31	31	62	Jade Watson	E4	QUEENS GAELS	3	4:02	32:13
32	32	79	Kathleen Schaeff	E1	WATERLOO WARRIORS	1	4:02	32:14
33	33	7	Emma Hubbard	E4	GUELPH GRYPHONS	7	4:03	32:20
34	34	39	Hope Harnack	E3	MCMASTER MARAUDERS	7	4:04	32:27
35	35	54	Tamara Goddard	E1	QUEENS GAELS	4	4:04	32:28
36	36	57	Robyn Perry	E1	QUEENS GAELS	5	4:04	32:32
37	37	81	Natalie Tsang	R	WATERLOO WARRIORS	2	4:05	32:33
38	38	36	Marie-Eve Turcotte	E4	LAVAL ROUGE ET OR	5	4:05	32:35
39	39	50	Kaitlyn L'Abbe	E1	NIPISSING LAKERS	1	4:05	32:39
40	40	78	Megan Richer	E1	WATERLOO WARRIORS	3	4:05	32:40
41		73	Ivy Bialowas	R	UNB REDS	1	4:06	32:42
42	41	8	Laura Kuszaj	R	GUELPH GRYPHONS	8	4:07	32:52
43	42	42	Olivia MacAskill	E2	MCMASTER MARAUDERS	8	4:07	32:55
44	43	97	Aly White	E2	WESTERN MUSTANGS	8	4:08	32:59
45	44	101	Lauren Perkins	E3	WINDSOR LANCERS	3	4:10	33:13
46	45	47	Kaylee White	E2	MCMASTER MARAUDERS	9	4:10	33:15
47	46	94	Laura Parkinson	E4	WESTERN MUSTANGS	9	4:10	33:19
48	47	72	Annemike Tucker	2	TORONTO VARSITYBLUES	4	4:11	33:23
49	48	34	Sabrina Lavigne	E2	LAVAL ROUGE ET OR	6	4:11	33:25
50	49	65	E.J. Boston	R	TORONTO VARSITYBLUES	5	4:12	33:30
51	50	41	Amanda Lewis	E2	MCMASTER MARAUDERS	10	4:12	33:35
52	51	31	Florence Caron	R	LAVAL ROUGE ET OR	7	4:12	33:36
53	52	76	Ria Jayaram	R	WATERLOO WARRIORS	4	4:13	33:39
54	53	74	Claudia Heeney	R	WATERLOO WARRIORS	5	4:13	33:42
55	54	23	Elizabeth Drake	E2	LAURIER GOLDEN HAWKS	1	4:14	33:45
56	55	33	Noemy Lacasse	E1	LAVAL ROUGE ET OR	8	4:14	33:50
57	56	60	Maddie Smart-Reed	E3	QUEENS GAELS	6	4:15	33:55
58	57	48	Emily Gibson	E3	NIPISSING LAKERS	2	4:15	33:57
59	58	1	Julia Agostinelli	E1	GUELPH GRYPHONS	9	4:15	33:57
60	59	86	Emily-Rose Boston	E3	WESTERN MUSTANGS	10	4:15	34:00
61	60	98	Megan Koski	E3	WINDSOR LANCERS	4	4:16	34:03
62	61	83	Olivia Vanleeuwen	R	WATERLOO WARRIORS	6	4:19	34:28
63	62	99	Meg Mooney	E3	WINDSOR LANCERS	5	4:20	34:33
64	63	14	Angela Mozzon	E2	LAURENTIAN VOYAGEURS	1	4:20	34:34
65	64	20	Nicole Beach	E1	LAURIER GOLDEN HAWKS	2	4:20	34:39
66	65	82	Amanda Ungar	R	WATERLOO WARRIORS	7	4:21	34:42
67	66	3	Gabriella Eastwood	R	GUELPH GRYPHONS	10	4:21	34:46
68	67	91	Sophie Glanz	E1	WESTERN MUSTANGS	11	4:21	34:47

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69	68	15	Kristen Mrozewski	R	LAURENTIAN VOYAGEURS	2	4:22	34:50
70	69	103	Mya Viavla	E4	WINDSOR LANCERS	6	4:22	34:52
71	70	66	Julia Bourtin	R	TORONTO VARSITYBLUES	6	4:22	34:55
72	71	61	Katherine Taylor	E1	QUEENS GAELS	7	4:24	35:10
73	72	105	Natalie Whitten	E3	WINDSOR LANCERS	7	4:25	35:15
74	73	59	Hannah Pushka	R	QUEENS GAELS	8	4:26	35:21
75	74	28	Mary Tennant	R	LAURIER GOLDEN HAWKS	3	4:26	35:23
76	75	19	Hannah Badin	E2	LAURIER GOLDEN HAWKS	4	4:27	35:33
77	76	106	Camryn Williams	E2	WINDSOR LANCERS	8	4:27	35:34
78	77	80	Ella Symon	R	WATERLOO WARRIORS	8	4:29	35:48
79	78	85	Emma Young	E2	WATERLOO WARRIORS	9	4:30	35:54
80	79	27	Audrey Rieckenberg	R	LAURIER GOLDEN HAWKS	5	4:30	35:55
81	80	12	Sarah Booth	R	LAURENTIAN VOYAGEURS	3	4:31	36:07
82	81	75	Sarah Ieropoli	R	WATERLOO WARRIORS	10	4:32	36:16
83	82	55	Nicole Krysa	E1	QUEENS GAELS	9	4:33	36:21
84	83	84	Claire Vernon-Pope	R	WATERLOO WARRIORS	11	4:33	36:23
85	84	53	Jaime Schweyer	E2	NIPISSING LAKERS	3	4:37	36:52
86	85	68	Joud Dabous	R	TORONTO VARSITYBLUES	7	4:39	37:12
87	86	26	Piper Lafayette	E2	LAURIER GOLDEN HAWKS	6	4:44	37:48
88	87	52	Sina Scholz	E1	NIPISSING LAKERS	4	4:52	38:53
89	88	18	Ashley Valentini	E2	LAURENTIAN VOYAGEURS	4	4:58	39:39
90	89	49	Stephanie Knowles	E5	NIPISSING LAKERS	5	5:04	40:28
91	90	25	Alex Hankins	R	LAURIER GOLDEN HAWKS	7	5:16	42:04
92	91	13	Kylie Esposito	R	LAURENTIAN VOYAGEURS	5	5:34	44:30

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TEAM: GUELPH GRYPHONS SCORE: 51 PLACE: 1

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Kiana Gibson		E4	4	29:54	3:45	6:01
3-3	Sadie-Jane Hickson		E4	6	29:56	3:45	6:02
12-12	Annika Ariano		E2	2	31:05	3:54	6:16
14-14	Olivia Roussel		E2	10	31:07	3:54	6:16
20-20	Sandra Guga		E2	5	31:23	3:56	6:19
29-29	Catie Robinson		E1	9	32:10	4:02	6:29
33-33	Emma Hubbard		E4	7	32:20	4:03	6:31
42-41	Laura Kuszaj		R	8	32:52	4:07	6:37
59-58	Julia Agostinelli		E1	1	33:57	4:15	6:50
67-66	Gabriella Eastwood		R	3	34:46	4:21	7:00
Top 5 Total Time:		2:33:25	Top 5 Average Time:		30:41		
Top 5 Average per KM:		3:51	Top 5 Average Per MILE:		6:11		
1 - 5 Split:		1:29	1 - 7 Split:		2:26		
Top 7 Total Time:		3:37:55	Top 7 Average Time:		31:08		

TEAM: WESTERN MUSTANGS SCORE: 72 PLACE: 2

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
6-6	Heidi Ohrling		E3	93	30:33	3:50	6:09
5-5	Anna Carruthers		E2	88	30:22	3:48	6:07
17-17	Zoe Burke		E3	87	31:18	3:55	6:18
21-21	Chloe Hewitt		E5	92	31:35	3:57	6:22
23-23	Chloe Coutts		R	89	31:45	3:59	6:24
24-24	Stephanie Ryall		E5	95	31:47	3:59	6:24
30-30	Jenna Schulz		E2	96	32:10	4:02	6:29
44-43	Aly White		E2	97	32:59	4:08	6:39
47-46	Laura Parkinson		E4	94	33:19	4:10	6:43
60-59	Emily-Rose Boston		E3	86	34:00	4:15	6:51
68-67	Sophie Glanz		E1	91	34:47	4:21	7:00
Top 5 Total Time:		2:35:33	Top 5 Average Time:		31:07		
Top 5 Average per KM:		3:54	Top 5 Average Per MILE:		6:16		
1 - 5 Split:		1:23	1 - 7 Split:		1:48		
Top 7 Total Time:		3:39:30	Top 7 Average Time:		31:22		

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TEAM: MCMASTER MARAUDERS SCORE: 76 PLACE: 3

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
8-8	Erin Mawhinney		E5	44	30:40	3:50	6:11
10-10	Kaitlyn Treleaven		R	46	30:57	3:53	6:14
15-15	Hannah Goodjohn		E2	38	31:13	3:55	6:17
18-18	Caroline Forbes		E3	37	31:18	3:55	6:18
26-26	Victoria Lamb		R	40	31:58	4:00	6:26
=====							
25-25	Sarah Nolan		E3	45	31:54	4:00	6:26
34-34	Hope Harnack		E3	39	32:27	4:04	6:32
=====							
43-42	Olivia MacAskill		E2	42	32:55	4:07	6:38
46-45	Kaylee White		E2	47	33:15	4:10	6:42
51-50	Amanda Lewis		E2	41	33:35	4:12	6:46
Top 5 Total Time:		2:36:02			Top 5 Average Time:		31:13
Top 5 Average per KM:		3:55			Top 5 Average Per MILE:		6:17
1 - 5 Split:		1:14			1 - 7 Split:		1:47
Top 7 Total Time:		3:40:27			Top 7 Average Time:		31:30

TEAM: LAVAL ROUGE ET OR SCORE: 77 PLACE: 4

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Catherine Beauchemin		E3	29	29:50	3:44	6:01
4-4	Jade Berube		E2	30	29:59	3:45	6:02
7-7	Sara-Pier Paquet		R	35	30:40	3:50	6:11
27-27	Béatrice Gilbert		R	32	31:59	4:00	6:27
38-38	Marie-Eve Turcotte		E4	36	32:35	4:05	6:34
=====							
49-48	Sabrina Lavigne		E2	34	33:25	4:11	6:44
52-51	Florence Caron		R	31	33:36	4:12	6:46
=====							
56-55	Noemy Lacasse		E1	33	33:50	4:14	6:49
Top 5 Total Time:		2:35:03			Top 5 Average Time:		31:01
Top 5 Average per KM:		3:53			Top 5 Average Per MILE:		6:15
1 - 5 Split:		2:45			1 - 7 Split:		3:46
Top 7 Total Time:		3:42:04			Top 7 Average Time:		31:44

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TEAM: QUEENS GAELS SCORE: 130 PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
9-9	Charlotte Langley		E1	56	30:51	3:52	6:13
19-19	Manon Plouvier		E3	58	31:18	3:55	6:18
31-31	Jade Watson		E4	62	32:13	4:02	6:29
35-35	Tamara Goddard		E1	54	32:28	4:04	6:32
36-36	Robyn Perry		E1	57	32:32	4:04	6:33
=====							
57-56	Maddie Smart-Reed		E3	60	33:55	4:15	6:50
72-71	Katherine Taylor		E1	61	35:10	4:24	7:05
=====							
74-73	Hannah Pushka		R	59	35:21	4:26	7:07
83-82	Nicole Krysa		E1	55	36:21	4:33	7:19
Top 5 Total Time:		2:39:22			Top 5 Average Time:	31:53	
Top 5 Average per KM:		4:00			Top 5 Average Per MILE:	6:25	
1 - 5 Split:		1:41			1 - 7 Split:	4:19	
Top 7 Total Time:		3:48:27			Top 7 Average Time:	32:39	

TEAM: TORONTO VARSITYBLUES SCORE: 157 PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Jazz Shukla		5	71	30:58	3:53	6:14
22-22	Christina Esposito		2	69	31:42	3:58	6:23
28-28	Sophie Levasseur		R	70	32:07	4:01	6:28
48-47	Annemike Tucker		2	72	33:23	4:11	6:43
50-49	E.J. Boston		R	65	33:30	4:12	6:45
=====							
71-70	Julia Bourtin		R	66	34:55	4:22	7:02
86-85	Joud Dabous		R	68	37:12	4:39	7:29
=====							
Top 5 Total Time:		2:41:40			Top 5 Average Time:	32:20	
Top 5 Average per KM:		4:03			Top 5 Average Per MILE:	6:31	
1 - 5 Split:		2:32			1 - 7 Split:	6:14	
Top 7 Total Time:		3:53:47			Top 7 Average Time:	33:24	

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TEAM: WINDSOR LANCERS SCORE: 195 PLACE: 7

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-13	Sydney Pattison		E5	100	31:06	3:54	6:16
16-16	Samara Quanz		R	102	31:16	3:55	6:18
45-44	Lauren Perkins		E3	101	33:13	4:10	6:41
61-60	Megan Koski		E3	98	34:03	4:16	6:51
63-62	Meg Mooney		E3	99	34:33	4:20	6:58
70-69	Mya Viavla		E4	103	34:52	4:22	7:01
73-72	Natalie Whitten		E3	105	35:15	4:25	7:06
77-76	Camryn Williams		E2	106	35:34	4:27	7:10
Top 5 Total Time:		2:44:11			Top 5 Average Time:	32:51	
Top 5 Average per KM:		4:07			Top 5 Average Per MILE:	6:37	
1 - 5 Split:		3:27			1 - 7 Split:	4:09	
Top 7 Total Time:		3:54:18			Top 7 Average Time:	33:29	

TEAM: WATERLOO WARRIORS SCORE: 214 PLACE: 8

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
32-32	Kathleen Schaef		E1	79	32:14	4:02	6:30
37-37	Natalie Tsang		R	81	32:33	4:05	6:33
40-40	Megan Richer		E1	78	32:40	4:05	6:35
53-52	Ria Jayaram		R	76	33:39	4:13	6:47
54-53	Claudia Heeney		R	74	33:42	4:13	6:47
62-61	Olivia Vanleeuwen		R	83	34:28	4:19	6:57
66-65	Amanda Ungar		R	82	34:42	4:21	6:59
79-78	Emma Young		E2	85	35:54	4:30	7:14
78-77	Ella Symon		R	80	35:48	4:29	7:13
82-81	Sarah Ieropoli		R	75	36:16	4:32	7:18
84-83	Claire Vernon-Pope		R	84	36:23	4:33	7:20
Top 5 Total Time:		2:44:48			Top 5 Average Time:	32:58	
Top 5 Average per KM:		4:08			Top 5 Average Per MILE:	6:38	
1 - 5 Split:		1:28			1 - 7 Split:	2:28	
Top 7 Total Time:		3:53:58			Top 7 Average Time:	33:26	

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TEAM: LAURIER GOLDEN HAWKS SCORE: 346 PLACE: 9

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
55-54	Elizabeth Drake		E2	23	33:45	4:14	6:48
65-64	Nicole Beach		E1	20	34:39	4:20	6:59
76-75	Hannah Badin		E2	19	35:33	4:27	7:10
75-74	Mary Tennant		R	28	35:23	4:26	7:08
80-79	Audrey Rieckenberg		R	27	35:55	4:30	7:14
87-86	Piper Lafayette		E2	26	37:48	4:44	7:37
91-90	Alex Hankins		R	25	42:04	5:16	8:28

Top 5 Total Time:	2:55:15	Top 5 Average Time:	35:03
Top 5 Average per KM:	4:23	Top 5 Average Per MILE:	7:04
1 - 5 Split:	2:10	1 - 7 Split:	8:19
Top 7 Total Time:	4:15:07	Top 7 Average Time:	36:27

TEAM: NIPISSING LAKERS SCORE: 356 PLACE: 10

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
39-39	Kaitlyn L'Abbe		E1	50	32:39	4:05	6:35
58-57	Emily Gibson		E3	48	33:57	4:15	6:50
85-84	Jaime Schweyer		E2	53	36:52	4:37	7:25
88-87	Sina Scholz		E1	52	38:53	4:52	7:50
90-89	Stephanie Knowles		E5	49	40:28	5:04	8:09

Top 5 Total Time:	3:02:49	Top 5 Average Time:	36:34
Top 5 Average per KM:	4:35	Top 5 Average Per MILE:	7:22
1 - 5 Split:	7:49	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	

2021 Vigars & Salter WESTERN INVITATIONAL

46th year for ths meet / Sat. Sept 25

2021-09-25

2021-09-25 - 2021-09-25

35th yr @ Thames Valley - cancelled 2020

TEAM: LAURENTIAN VOYAGEURS SCORE: 390 PLACE: 11

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
64-63	Angela Mozzon		E2	14	34:34	4:20	6:58
69-68	Kristen Mrozewski		R	15	34:50	4:22	7:01
81-80	Sarah Booth		R	12	36:07	4:31	7:16
89-88	Ashley Valentini		E2	18	39:39	4:58	7:59
92-91	Kylie Esposito		R	13	44:30	5:34	8:58

Top 5 Total Time:	3:09:40	Top 5 Average Time:	37:56
Top 5 Average per KM:	4:45	Top 5 Average Per MILE:	7:38
1 - 5 Split:	9:56	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	