

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Girls 60 Meter Dash Under 16

Dome (u18): 7.66 # 12/17/2016 Deondra Green

Dome (u16): 7.71 ! 12/19/2015 Deondra Green

Name	Yr	Team	Finals
Finals			
1	Wallace, Sara	05 Ottawa Lions	8.28
2	Armitage, Madison	04 Beckwith	8.30
3	Stefani, Angelica	05 Ottawa Lions	8.56
4	Moodie, Sage	05 C.A.N.I.	8.75
5	Duetta, Miah	05 Ottawa Lions	8.85
6	Burch, Makara	05 Beckwith	8.86
7	Armitage, Sydney	04 Beckwith	8.97
8	Leverette, Tegan	07 Beckwith	9.10
9	Veilleux, Allia	07 Ottawa Lions	9.19
10	Acquaah, Anna	06 Ottawa Lions	9.26
11	McGillivray, Kierra	06 Ottawa Lions	9.33
12	Seguin, Caroline	06 Ottawa Lions	9.34
13	Lawrence, Aly	08 Ottawa Lions	9.39
14	Matte, Jasmine	07 Gatineau	9.43
15	Hurst, Zadié	06 Ottawa Lions	9.57
16	Cote, Sabrina	05 C.A.N.I.	9.79
17	Baril, Gaelle	08 Cirrus	10.12
18	Hill, Mckenna	07 Ottawa Lions	10.69

Girls 150 Meter Dash Under 16

Dome (u18): 18.32 # 1/29/2006 Kimberly Hyacinthe

Dome (u16): 18.72 ! 1/10/2015 Lauren Gale

Name	Yr	Team	Finals
Finals			
1	Armitage, Madison	04 Beckwith	19.98
2	Wallace, Sara	05 Ottawa Lions	20.42
3	Stefani, Angelica	05 Ottawa Lions	20.68
4	Moodie, Sage	05 C.A.N.I.	21.20
5	Burch, Makara	05 Beckwith	21.39
6	Duetta, Miah	05 Ottawa Lions	21.49
7	Guthrie, Jessica	04 Beckwith	21.72
8	Dimov, Maria	05 Ottawa Lions	21.87
9	Orchard, Hannah	06 Ottawa Lions	21.92
10	Filion-Harvey, Zoé	06 Cirrus	21.94
11	Acquaah, Anna	06 Ottawa Lions	22.40
12	Seguin, Caroline	06 Ottawa Lions	22.51
13	Veilleux, Allia	07 Ottawa Lions	22.78
14	Lawrence, Aly	08 Ottawa Lions	23.04
15	McGillivray, Kierra	06 Ottawa Lions	23.05
16	Hurst, Zadié	06 Ottawa Lions	23.14
17	Cote, Sabrina	05 C.A.N.I.	24.14
18	Matte, Jasmine	07 Gatineau	24.14
19	Allibhai, Alisha	06 Ottawa Lions	24.39
20	Baril, Gaelle	08 Cirrus	24.69
21	Bourenane, Cylia	05 Cirrus	24.75
22	Murchison, Juliette	07 Ottawa Lions	25.35

Girls 800 Meter Run Under 16

Dome (u18): 2:09.35 # 3/1/2014 Erinn Stenman-Fahey

Dome (u16): 2:16.44 ! 4/4/2012 Emily Carmichael

Name	Yr	Team	Finals
Finals			
1	Van Brabant, Amelia	05 Ottawa Lions	2:39.28 1:13.483 (1:13.483) 2:39.275 (1:25.792)
2	Bean, Samantha	07 Ottawa Lions	2:42.29 1:14.116 (1:14.116) 2:42.281 (1:28.166)
3	Brazeau, Liliane	06 Ottawa Lions	2:51.71 1:16.158 (1:16.158) 2:51.705 (1:35.548)
4	Joly, Chloe	07 Ottawa Lions	3:00.31 1:19.239 (1:19.239) 3:00.305 (1:41.066)
5	Adams, Juliana	07 Ottawa Lions	3:04.59 1:26.532 (1:26.532) 3:04.588 (1:38.057)
6	Baechlin, Malva	06 Ottawa Lions	3:05.41 1:26.079 (1:26.079) 3:05.410 (1:39.331)
7	Murchison, Juliette	07 Ottawa Lions	3:05.51 1:25.513 (1:25.513) 3:05.502 (1:39.990)
8	Bourenane, Cylia	05 Cirrus	3:06.36 1:21.589 (1:21.589) 3:06.351 (1:44.762)
9	Hill, Mckenna	07 Ottawa Lions	3:20.54 1:32.164 (1:32.164) 3:20.538 (1:48.375)
10	Daousd, Eloise	Ottawa Lions	3:21.69 1:33.146 (1:33.146) 3:21.683 (1:48.538)
11	Labrie, Ariana	08 Ottawa Lions	3:22.54 1:33.106 (1:33.106) 3:22.533 (1:49.428)

Girls 2000 Meter Run Under 16

Name	Yr	Team	Finals
Finals			
1	Seaby, Maddie	05 Beckwith	7:18.33
2	Bean, Samantha	07 Ottawa Lions	8:04.37
3	Brazeau, Liliane	06 Ottawa Lions	8:39.08
4	Joly, Chloe	07 Ottawa Lions	9:18.17

Girls 60 Meter Hurdles Mini Under 16

Name	Yr	Team	Finals
Finals			
1	Dimov, Maria	05 Ottawa Lions	10.90
2	Armitage, Sydney	04 Beckwith	11.07
3	Baechlin, Malva	06 Ottawa Lions	11.11
4	Duetta, Miah	05 Ottawa Lions	11.37
5	Stefani, Angelica	05 Ottawa Lions	11.41
6	Hill, Mckenna	07 Ottawa Lions	11.64
7	McGillivray, Kierra	06 Ottawa Lions	11.85
8	Allibhai, Alisha	06 Ottawa Lions	12.12
9	Dadjo-Boucher, Sara	09 Cirrus	12.45
10	Van Brabant, Amelia	05 Ottawa Lions	12.60
11	Roy, Amy	09 Cirrus	12.87
12	Murchison, Juliette	07 Ottawa Lions	13.02
13	Labrie, Ariana	08 Ottawa Lions	13.82

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Dome @ Louis Riel

Results

Girls Long Jump Under 16

3 Jumps Each

Dome (u18): 5.58m # 5/19/2010 Devyani Biswal

Dome (u16): 5.24m ! 5/19/2010 Clara Phillips

Name	Yr	Team	Finals
Finals			
1 Jackson, Lilly	03	Beckwith	4.38m
2 Dimov, Maria	05	Ottawa Lions	4.17m
3 Matte, Jasmine	07	Gatineau	3.97m
4 Orchard, Hannah	06	Ottawa Lions	3.93m
4 Allibhai, Alisha	06	Ottawa Lions	3.93m
6 Veilleux, Allia	07	Ottawa Lions	3.85m
7 Acquaah, Anna	06	Ottawa Lions	3.51m
8 Roy, Amy	09	Cirrus	3.00m
9 Dadjo-Boucher, Sara	09	Cirrus	2.81m

Girls 60 Meter Hurdles Under 20

Dome (u20): 8.49 * 2/12/2011 Ashlea Maddex

Dome (u18): 8.53 # 12/19/2015 Keira Christie-Galloway

Dome (u16): 8.73 ! 12/20/2014 Arielle Dominique

Name	Yr	Team	Finals
Finals			
1 Lu Langley, Vanessa	02	Ottawa Lions	9.71
2 Jackson, Lilly	03	Beckwith	10.16
3 Landry, Abby	03	Kingston Tfc	10.25
4 Guthrie, Jessica	04	Beckwith	10.84
5 Fillion-Harvey, Zoé	06	Cirrus	11.28
6 Dimov, Maria	05	Ottawa Lions	11.62
7 Stefani, Angelica	05	Ottawa Lions	12.02
8 Duetta, Miah	05	Ottawa Lions	12.31

Women 60 Meter Dash Open

Dome (Open): 7.44 D 2/13/2010 Toyin Olupona

Dome (u20): 7.50 * 2/16/2013 Deondra Green

Dome (u18): 7.66 # 12/17/2016 Deondra Green

Meet Record: 7.50 M 2/16/2019 Deondra Green

USport AutoQ: 7.55 U

Name	Yr	Team	Prelims
Preliminaries			
1 Leduc, Audrey	99	Laval	U 7.54q
2 Béliveau, Émy	95	Laval	U 7.55q
3 Maxwell, Nyoka	97	C.A.N.I.	7.58q
4 Vieux, Kayla	01	C.A.N.I.	7.82q
5 Savoury, Jordan	98	McGill	7.82q
6 Léo, Harmine Christina	92	Montréal Carabin	7.86q
7 Lund, Pernille	93	Ottawa Gee-Gees	7.92q
8 Fortin, Sandrine	94	Laval	7.95q
9 Procyk, Paulina	02	Ottawa Lions	7.98q
10 Amoi, Laura	96	C.A.N.I.	8.02q
11 Manor, Katie	03	Ottawa Lions	8.13q
12 Ejaife, Naomi	02	C.A.N.I.	8.17q
13 Dundon, Meghan	01	Ottawa Gee-Gees	8.18
14 Fenton, Olivia	01	McGill	8.30

15 Gilmour, Audrey	03	Ottawa Lions	8.30
16 Susinski, Stephanie	98	McGill	8.30
17 Martins, Emma	03	Cirrus	8.33
18 Hountondji, Isaline	98	Laval	8.35
19 Borgella, Bianca	03	Ottawa Lions	8.35
20 Macmillan, Lindsey	98	Carleton Ravens	8.41
21 Vallière, Cloé	97	Montréal Carabin	8.45
22 Sprague, Emily	98	Ottawa Gee-Gees	8.45
23 Djigo, Khardjatou (marianne)	01	McGill	8.47
24 Dubé, Élisabeth	95	Montréal Carabin	8.50
25 Lavertu, Julianne	03	Gatineau	8.54
26 Naveang-Plouffe, Anne-Marie	03	Ottawa Lions	8.57
27 Bratus, Ainslie	03	Kingston Tfc	8.58
28 Sharp, Samantha	04	Ottawa Lions	8.62
29 Babinski, Chiara	98	Montréal Carabin	8.69
30 Iyabor, Alexia	01	Ottawa Lions	8.69
31 Dupuis, Natacha	79	Ottawa Lions	8.71
32 McCutcheon, Marissa	03	Ottawa Lions	8.72
33 Dowling, Jenny	04	Kingston Tfc	8.75
34 Parris, Ieasha	96	C.A.N.I.	8.76
35 Dubuc Gaudreau, Gabrielle	94	Saint-Laurent	8.78
36 Torres Suarez, Sophia	04	Cirrus	8.82
37 Istead, Nicole	96	Ottawa Lions	8.84
38 Alexis, Wendy	55	Ottawa Lions	8.84
39 Ostertag, Coralie	02	Ottawa Lions	8.87
40 Kemper, Julianne	99	Carleton Ravens	8.91
41 Sam Chee, Sharini	02	Ottawa Lions	8.96
42 Cinicolo, Melissa	98	Ottawa Gee-Gees	8.96
43 Anderson, Gabrielle	04	Cirrus	9.22
44 Brennan, Kelly	97	Ottawa Lions	9.23
45 McGannon, Alexa	01	Carleton Ravens	9.24
46 Gillan, Sarah	04	Kingston Tfc	9.25
47 Lepage, Mylène	83	Cirrus	9.59
48 Laube, Djouly Samentha	03	Unattached	9.65

Women 60 Meter Dash Open

Dome (Open): 7.44 D 2/13/2010 Toyin Olupona

Dome (u20): 7.50 * 2/16/2013 Deondra Green

Dome (u18): 7.66 # 12/17/2016 Deondra Green

Meet Record: 7.50 M 2/16/2019 Deondra Green

USport AutoQ: 7.55 U

Name	Yr	Team	Finals
Finals			
1 Leduc, Audrey	99	Laval	7.45M
2 Maxwell, Nyoka	97	C.A.N.I.	7.53
3 Béliveau, Émy	95	Laval	7.54U
4 Savoury, Jordan	98	McGill	7.73
5 Lund, Pernille	93	Ottawa Gee-Gees	7.80
6 Vieux, Kayla	01	C.A.N.I.	7.84
7 Léo, Harmine Christina	92	Montréal Carabin	7.88
8 Fortin, Sandrine	94	Laval	7.89
9 Procyk, Paulina	02	Ottawa Lions	7.95
10 Ejaife, Naomi	02	C.A.N.I.	8.02
11 Manor, Katie	03	Ottawa Lions	8.03
12 Amoi, Laura	96	C.A.N.I.	8.12

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Women 300 Meter Dash Open

Blocks - First 5 Heats

Dome (Open): 37.49 D 9/26/2010 Amonn Nelson
 Dome (u20): 39.13 * 2/17/2018 Sharelle Samuel
 Dome (u18): 39.13 # 2/7/2015 Lauren Gale
 Meet Record: 38.40 M 2/17/2018 Audrey Jackson
 USport AutoQ: 38.69 U

Name	Yr	Team	Finals
Finals			
1	Maxwell, Nyoka	97 C.A.N.I.	38.55
2	Hamilton, Tessa	98 Guelph Gryphons	39.34
3	Telford, Alexandra	96 Ottawa Lions	39.39
4	Leclerc, Claudie	96 Sherbrooke	39.77
5	Ryan, Maya	99 Toronto	39.84
6	Reinfels, Helena	94 Saint-Laurent	39.85
7	Bouchard-Nguyen, Jade	96 Montréal Carabin	40.59
8	Poulin, Marie-Frédérique	99 Laval	40.79
9	Baker, Roshanna	98 C.A.N.I.	40.87
10	Ollier, Mary	95 Ottawa Lions	41.07
11	Phillips, Zoe	02 Guelph Gryphons	41.08
12	Susinski, Stephanie	98 McGill	41.25
13	Lund, Pernille	93 Ottawa Gee-Gees	41.26
14	Huang, Fiona	99 Toronto	41.52
15	Gilmour, Audrey	03 Ottawa Lions	41.70
16	Baulu, Élodie	96 Montréal Carabin	41.81
17	Procyk, Paulina	02 Ottawa Lions	42.46
18	Bell, Frédérique	03 Gatineau	42.47
19	Vallière, Cloé	97 Montréal Carabin	42.54
20	Fenton, Olivia	01 McGill	42.70
21	Prévost-Cormier, Claudelle	96 Montréal Carabin	42.84
22	Djigo, Khardjatou (marianne)	01 McGill	43.17
23	Nadeau, Jade	98 Laval	43.30
24	Borgella, Bianca	03 Ottawa Lions	43.99
25	Ejaife, Naomi	02 C.A.N.I.	44.23
26	Parris, Ieasha	96 C.A.N.I.	44.37
27	Sharp, Samantha	04 Ottawa Lions	44.76
28	Kemper, Julianne	99 Carleton Ravens	45.33
29	Macmillan, Lindsey	98 Carleton Ravens	45.51
30	Brennan, Kelly	97 Ottawa Lions	45.72
30	Emile-Folly, Florence	04 Unattached	45.72
32	Lavertu, Julianne	03 Gatineau	45.87
33	Dubuc Gaudreau, Gabrielle	94 Saint-Laurent	45.94
34	Ostertag, Coralie	02 Ottawa Lions	46.22
35	Torres Suarez, Sophia	04 Cirrus	46.39
36	McCutcheon, Marissa	03 Ottawa Lions	47.45
37	Fuchs, Bailey	03 Kingston Tfc	47.68
38	Cinicolo, Melissa	98 Ottawa Gee-Gees	47.96
39	Robichaud, Janelle	98 Laurentian	48.22
40	Babinski, Chiara	98 Montréal Carabin	48.31
41	Gillan, Sarah	04 Kingston Tfc	48.36
42	Naveang-Plouffe, Anne-Marie	03 Ottawa Lions	48.38
43	Boutilier, Shanna	96 Ottawa Lions	48.39
44	Howitt, Kimberley	84 Ottawa Lions	48.42
45	Iyabor, Alexia	01 Ottawa Lions	49.18

46	Tenasco, Jennifer	99 C.A.N.I.	49.28
47	Sam Chee, Sharini	02 Ottawa Lions	50.66
48	Saville, Barbara	60 Ottawa Lions	51.69

Women 600 Meter Run Open

Dome (Open): 1:29.38 D 12/20/2014 Karine Belleau-Beliveau
 Dome (u20): 1:29.86 * 2/7/2015 Erinn Stenman-Fahey
 Dome (u18): 1:32.33 # 2/1/2014 Erinn Stenman-Fahey
 Meet Record: 1:30.27 M 2/17/2018 Maeliss Trapeau
 USport AutoQ: 1:29.71 U

Name	Yr	Team	Finals
Finals			
1	Smith, Jenna	98 Guelph Gryphons	1:30.14M 28.807 (28.807) 1:30.134 (1:01.327)
2	Clarke, Madison	95 Ottawa Gee-Gees	1:31.04 28.666 (28.666) 1:31.037 (1:02.371)
3	Okapali, Favour	01 Western Mustangs	1:32.99 28.887 (28.887) 1:32.985 (1:04.098)
4	Ollier, Mary	95 Ottawa Lions	1:33.21 29.046 (29.046) 1:33.207 (1:04.161)
5	Jewett, Rachel	92 UTTC	1:33.79 29.019 (29.019) 1:33.790 (1:04.771)
6	Smith, Sydney	97 Ottawa Gee-Gees	1:34.01 28.593 (28.593) 1:34.010 (1:05.418)
7	Maddocks, Beatrix	01 Guelph Gryphons	1:35.29 29.127 (29.127) 1:35.282 (1:06.156)
8	Walton, Shannon	94 National Capital	1:37.33 31.359 (31.359) 1:37.326 (1:05.968)
9	Bickle-Ferth, Kate	84 Unattached	1:38.19 32.063 (32.063) 1:38.184 (1:06.121)
10	Prévost-Cormier, Claudelle	96 Montréal Carabin	1:38.68 30.903 (30.903) 1:38.675 (1:07.773)
11	Katz, Sarah	78 Monarch AC	1:39.95 31.848 (31.848) 1:39.943 (1:08.095)
12	Leask, Stephanie	00 Ottawa Gee-Gees	1:39.98 31.190 (31.190) 1:39.980 (1:08.790)
13	Mahlig, Alexia	94 Sherbrooke	1:40.31 31.343 (31.343) 1:40.301 (1:08.959)
14	McCormik, Brooklyn	02 Ottawa Gee-Gees	1:41.64 31.422 (31.422) 1:41.634 (1:10.212)
15	Giroux, Stéphanie	90 Saint-Laurent	1:41.97 32.250 (32.250) 1:41.961 (1:09.711)
16	Vidal, Cassie	99 Sherbrooke	1:42.52 33.692 (33.692) 1:42.518 (1:08.827)
17	Croce, Juliette	99 McGill	1:45.10 34.490 (34.490) 1:45.091 (1:10.601)
18	Tyman, Elana	03 Ottawa Lions	1:46.29 33.622 (33.622) 1:46.281 (1:12.660)
19	McInerney, Erin	02 Ottawa Lions	1:46.66 35.362 (35.362) 1:46.657 (1:11.295)
20	Delorme, Madison	02 Beckwith	1:47.41 35.169 (35.169) 1:47.409 (1:12.240)
21	Kolking, Pippa	02 Ottawa Lions	1:48.33 34.148 (34.148) 1:48.328 (1:14.180)

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Finals ... (Women 600 Meter Run Open)

Name	Yr	Team	Finals
22 Howitt, Kimberley	84	Ottawa Lions	1:49.60 34.878 (34.878) 1:49.595 (1:14.717)
23 Tenasco, Jennifer	99	C.A.N.I.	1:52.98 35.028 (35.028) 1:52.978 (1:17.950)
24 Fuchs, Bailey	03	Kingston Tfc	1:53.71 35.737 (35.737) 1:53.705 (1:17.969)
25 Boutillier, Shanna	96	Ottawa Lions	1:54.75 36.305 (36.305) 1:54.747 (1:18.442)
26 Normandeau, Jade	98	Uqam Citadin	1:59.16 35.786 (35.786) 1:59.156 (1:23.370)

Women 1000 Meter Run Open

Dome (Open): 2:42.47 D 1/23/2016 Gabriella Stafford

Dome (u20): 2:44.81 * 12/17/2011 Annie LeBlanc

Dome (u18): 2:53.14 # 12/19/2015 Shona McCulloch

Meet Record: 2:49.72 M 2/16/2019 Charlotte Gardner

USport AutoQ: 2:45.54 U

Name	Yr	Team	Finals
1 Marchand, Marie-Andrée	94	Saint-Laurent	2:57.39 34.519 (34.519) 1:46.365 (1:11.846) 2:57.386 (1:11.021)
2 Aglot, Murielle	96	Saint-Laurent	2:57.59 32.903 (32.903) 1:42.176 (1:09.273) 2:57.583 (1:15.408)
3 Hempstead, Lucy	01	Ottawa Gee-Gees	2:58.56 33.399 (33.399) 1:43.811 (1:10.413) 2:58.551 (1:14.740)
4 Fleurent-Grégoire, Chloé	96	McGill	2:58.74 34.348 (34.348) 1:46.070 (1:11.723) 2:58.740 (1:12.670)
5 Gunther, Nina	98	Montréal Carabin	3:01.60 36.081 (36.081) 1:48.047 (1:11.967) 3:01.592 (1:13.545)
6 Frazer, Hannah	00	Ottawa Gee-Gees	3:02.33 35.729 (35.729) 1:48.070 (1:12.342) 3:02.328 (1:14.258)
7 Champigny, Gabrielle	96	Saint-Laurent	3:03.01 34.152 (34.152) 1:46.746 (1:12.594) 3:03.009 (1:16.264)
8 Poirier, Myriam	99	Montréal Carabin	3:04.79 35.585 (35.585) 1:49.588 (1:14.004) 3:04.787 (1:15.200)
9 Sheridan, Katherine	00	Montréal Carabin	3:08.22 35.813 (35.813) 1:51.882 (1:16.070) 3:08.218 (1:16.337)
10 Frie, Elena	00	McGill	3:11.29 36.485 (36.485) 1:52.220 (1:15.736) 3:11.283 (1:19.063)
11 St-Gelais, Sabrina	91	Saint-Laurent	3:11.99 34.839 (34.839) 1:51.229 (1:16.390) 3:11.989 (1:20.760)
12 Ngo, Isabelle	03	Ottawa Lions	3:12.15 36.041 (36.041) 1:51.751 (1:15.710) 3:12.143 (1:20.392)
13 Ward, Tiarra	99	Ottawa Gee-Gees	3:12.18 1:52.188 (1:52.188) 3:12.176 (1:19.989)
14 Raymond, Maude	94	Uqam Citadin	3:13.04 36.112 (36.112) 1:52.614 (1:16.502) 3:13.032 (1:20.419)
15 Murchison, Charlotte	04	Ottawa Lions	3:15.11 36.346 (36.346) 1:53.236 (1:16.890) 3:15.110 (1:21.875)
16 Lea, Abigail	00	Ottawa Gee-Gees	3:16.35 34.805 (34.805) 1:51.796 (1:16.991) 3:16.348 (1:24.553)
17 Desrochers Laflamme, Camill	96	Uqam Citadin	3:16.44 38.584 (38.584) 2:00.134 (1:21.550) 3:16.434 (1:16.300)

18 Tyman, Elana	03	Ottawa Lions	3:17.23 35.650 (35.650) 1:55.494 (1:19.844) 3:17.224 (1:21.730)
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Women 1500 Meter Run Open

Dome (Open): 4:20.23 D 3/2/2013 Emma Galbraith

Dome (u20): 4:20.23 * 3/2/2013 Emma Galbraith

Dome (u18): 4:30.56 # 1/23/2016 Shona McCulloch

Meet Record: 4:25.71 M 2/18/2017 Julie-Anne Staehli

USport AutoQ: 4:23.39 U

Name	Yr	Team	Finals
1 Ouellet, Evelyne	95	C.A. Sherbrooke	4:41.20
2 Veillette, Sandrine	98	McGill	4:42.49 56.804 (56.804)
3 Hicks, Holly	98	Ottawa Gee-Gees	4:43.63
4 Newlove, Katie	02	Ottawa Lions	4:44.96 57.006 (57.006)
5 Vanderweyen, Laura	96	McGill	4:46.59 57.457 (57.457)
6 Chambers, Meredith	99	McGill	4:49.16 57.382 (57.382)
7 Pomenville, Mariane	99	McGill	4:50.45
8 Mendes, Brianna	99	McGill	4:50.73 57.568 (57.568)
9 Ireland, Jennifer	00	McGill	4:52.97 57.660 (57.660)
10 Fitzgerald, Kara	02	KingstonAchilles	4:54.16 56.968 (56.968)
11 Bilodeau, Véronique	89	Montréal Carabin	4:57.72
12 Watson, Maia	00	McGill	5:02.58
13 Bialowas, Ivy	03	Ottawa Lions	5:03.41
14 Murchison, Charlotte	04	Ottawa Lions	5:04.11
15 Ngo, Isabelle	03	Ottawa Lions	5:06.10
16 Maguire, Liz	66	Ottawa Lions	5:06.79
17 Langelaan, Rachel	98	McGill	5:07.45
18 Porter, Gillian	04	Ottawa Lions	5:07.46 57.664 (57.664)
19 Hurst, Freya	04	Ottawa Lions	5:18.03
20 Wopling, Francesca	03	Gatineau	5:33.99
21 Lawson, Maya	03	Ottawa Lions	5:42.44
22 Wauthier, Sara	01	Remparts	5:47.80
23 Thompson, Amy	03	Ottawa Lions	5:49.35

Women 3000 Meter Run Open

Dome (Open): 9:17.39 D 2/18/2017 Brogan MacDougall

Dome (u20): 9:17.39 * 2/18/2017 Brogan MacDougall

Dome (u18): 9:17.39 # 2/18/2017 Brogan MacDougall

Meet Record: 9:17.39 M 2/18/2017 Brogan MacDougall

USport AutoQ: 9:27.34 U

Name	Yr	Team	Finals
1 Brennan, Rebecca	96	Ottawa Gee-Gees	10:00.01 37.230 (37.230) 1:55.938 (1:18.708) 3:17.339 (1:21.402)
			4:37.644 (1:20.305) 5:58.254 (1:20.610) 7:20.186 (1:21.932)
			8:42.407 (1:22.221) 10:00.004 (1:17.598)

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Finals ... (Women 3000 Meter Run Open)

Name	Yr	Team	Finals
2 Dubé-Lavoie, Aurélie	96	Laval	10:17.09
38.581 (38.581)	1:59.247 (1:20.666)	3:18.358 (1:19.112)	
4:37.472 (1:19.114)	5:59.231 (1:21.760)	7:23.242 (1:24.011)	
8:50.896 (1:27.654)	10:17.083 (1:26.188)		
3 Bachmann, Sofie	97	Unattached	10:29.68
40.168 (40.168)	2:03.801 (1:23.633)	3:28.414 (1:24.613)	
4:53.243 (1:24.829)	6:19.125 (1:25.882)	7:45.070 (1:25.946)	
9:10.116 (1:25.046)	10:29.674 (1:19.559)		
4 Allan, Veronica	90	Unattached	10:37.69
40.451 (40.451)	2:03.532 (1:23.081)	3:27.988 (1:24.457)	
4:53.392 (1:25.404)	6:19.512 (1:26.120)	7:45.744 (1:26.232)	
9:14.790 (1:29.047)	10:37.686 (1:22.896)		
5 Shepherd, Keili	03	Ottawa Gee-Gees	10:53.62
39.347 (39.347)	2:01.780 (1:22.434)	3:26.255 (1:24.475)	
4:53.730 (1:27.476)	6:23.817 (1:30.087)	7:57.061 (1:33.245)	
9:27.727 (1:30.666)	10:53.612 (1:25.886)		
6 Norman, Pippa	01	Carleton Ravens	11:10.60
40.432 (40.432)	2:03.145 (1:22.713)	3:28.963 (1:25.819)	
4:57.580 (1:28.618)	6:30.235 (1:32.655)	8:04.493 (1:34.259)	
9:40.213 (1:35.720)	11:10.593 (1:30.380)		
7 Magannon, Carrie	97	Remparts	13:53.15
41.358 (41.358)	2:16.978 (1:35.620)	4:08.540 (1:51.563)	
6:03.609 (1:55.070)	8:02.595 (1:58.986)	10:02.317 (1:59.722)	
12:00.194 (1:57.878)	13:53.141 (1:52.948)		

Women 60 Meter Hurdles Open

Dome (Open): 8.49 D 2/12/2011 Ashlea Maddex
Dome (u20): 8.49 * 2/12/2011 Ashlea Maddex
Dome (u18): 8.53 #
Meet Record: 8.55 M 2/16/2019 Farah Jacques
USport AutoQ: 8.48 U

Name	Yr	Team	Prelims
Preliminaries			
1 Leveille, Maude	95	Sherbrooke	8.66q
2 Lucien, Nafthalia	96	Ottawa Lions	9.16q
3 Lu Langley, Vanessa	02	Ottawa Lions	9.21q
4 Sprague, Emily	98	Ottawa Gee-Gees	9.46q
5 Lapolice, Stephanie	99	Ottawa Gee-Gees	9.98q
6 Woods, Lauren Abigail	98	McGill	10.20q
7 McGannon, Alexa	01	Carleton Ravens	11.24q
8 Kemper, Julianne	99	Carleton Ravens	11.78q
9 Harttrup, Lindsay	98	McGill	11.90q

Women 60 Meter Hurdles Open

Dome (Open): 8.49 D 2/12/2011 Ashlea Maddex
Dome (u20): 8.49 * 2/12/2011 Ashlea Maddex
Dome (u18): 8.53 #
Meet Record: 8.55 M 2/16/2019 Farah Jacques
USport AutoQ: 8.48 U

Name	Yr	Team	Finals
Finals			
1 Lucien, Nafthalia	96	Ottawa Lions	9.11

2 Sprague, Emily	98	Ottawa Gee-Gees	9.57
3 Lapolice, Stephanie	99	Ottawa Gee-Gees	9.84
4 Woods, Lauren Abigail	98	McGill	9.93
5 Kemper, Julianne	99	Carleton Ravens	10.90
6 McGannon, Alexa	01	Carleton Ravens	11.15

Women 4x200 Meter Relay Open

Dome (Open): 1:40.28 D 2/9/2013 Ottawa Lions
Dome (u20): 1:40.28 * 2/9/2013 Ottawa Lions
Meet Record: 1:41.61 M 2/17/2018 Université de Montréal
USport AutoQ: 1:38.89 U

Team	Relay	Finals
Finals		
1 Laval Rouge-et-Or	A	1:41.58M
1) Leduc, Audrey 99	2) Béliveau, Émy 95	
3) Fortin, Sandrine 94	4) Carrier, Rose-Emilie	
2 Cirrus de Gatineau	B	1:55.11
3 Kingston Tfc	A	1:59.49
1) Fuchs, Bailey 03	2) Landry, Abby	
3) Dowling, Jenny 04	4) Gillan, Sarah 04	
4 Carleton Ravens	A	2:04.01
1) Macmillan, Lindsey 98	2) Kemper, Julianne 99	
3) McGannon, Alexa 01	4) Norman, Pippa 01	

Women 4x400 Meter Relay Open

Dome (Open): 3:44.53 D 2/12/2011 National Centre - Ottawa Selects
Meet Record: 4:09.33 M 2/16/2019 Ottawa Lions
USport AutoQ: 3:47.15 U

Team	Relay	Finals
Finals		
1 Sherbrooke Vert-et-Or	A	3:55.95M
1) Vidal, Cassie 99	2) Leveille, Maude 95	
3) Mahlig, Alexia 94	4) Leclerc, Claudie 96	
1:00.791 (1:00.791)	1:58.135 (57.344)	2:59.317 (1:01.183)
3:55.950 (56.633)		
2 Ottawa Gee-Gees	A	4:02.04M
1) Leask, Stephanie 00	2) Trapeau, Maeliss	
3) Hempstead, Lucy 01	4) McCormik, Brooklyn 02	
1:03.036 (1:03.036)	2:04.087 (1:01.051)	2:59.646 (55.559)
4:02.036 (1:02.390)		
3 Ottawa Lions T.F.C	A	4:20.43
1) Dundon, Meghan	2) Brennan, Kelly 97	
3) Ostertag, Coralie 02	4) Lapolice, Stephanie	
1:01.447 (1:01.447)	2:04.574 (1:03.127)	3:11.303 (1:06.730)
4:20.422 (1:09.120)		

Women High Jump Open

Dome (Open): 1.85m D 1/18/2020 Barbara Bitchoka
Dome (u20): 1.67m * 2/23/2008 Ashlea Maddex
Dome (u18): 1.67m # 2/23/2008 Ashlea Maddex
Meet Record: 1.73m M 2/16/2019 Barbara Bitchoka
USport AutoQ: 1.71m U

Name	Yr	Team	Finals
Finals			
1 Bitchoka, Barbara	96	C.A.N.I.	1.71m

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Finals ... (Women High Jump Open)

Name	Yr	Team	Finals
2 Durand-Marandi, Annie	00	Montréal Carabin	1.61m
3 Harttrup, Lindsay	98	McGill	1.56m
3 Cadieux, Isia	01	Cirrus	1.56m
5 Istead, Nicole	96	Ottawa Lions	1.36m

Women Pole Vault Open

Dome (Open):	4.05m D 3/5/2011	Melanie Blouin
Dome (u20):	3.62m * 1/27/2007	Ariane Beaumont-Courteau
Dome (u18):	3.62m # 1/27/2007	Ariane Beaumont-Courteau
Meet Record:	3.46m M 2/21/2015	Melinda Megan Rock
USport AutoQ:	3.86m U	

Name	Yr	Team	Finals
1 Poirier, Caroline	00	Ottawa Gee-Gees	3.75mM
2 Gagne, Annabelle	00	Ottawa Gee-Gees	3.16m
3 Tremblay, Mylene-Annie	95	Sherbrooke	2.96m
4 Lupien, Rosalie	00	McGill Olympic	2.46m
--- Ikhlef, Lina	01	McGill	NH
--- McMahan, Anakin	01	McGill	NH

Women Long Jump Open

3 Jumps Each - Top 8 Get 3 Additional Jumps

Dome (Open):	6.01m D 2/9/2013	Laurence Beaudet
Dome (u20):	5.58m * 5/19/2010	Devyani Biswal
Dome (u18):	5.58m # 5/19/2010	Devyani Biswal
Meet Record:	5.77m M 2/16/2019	Rosalie Couturier
USport AutoQ:	5.82m U	

Name	Yr	Team	Finals
1 Edwige, Zufferey		Laval	5.20m
2 Dundon, Meghan	01	Ottawa Gee-Gees	5.09m
3 Sprague, Emily	98	Ottawa Gee-Gees	4.91m
4 Hountondji, Isaline	98	Laval	J4.90m
5 Hemstock, Lindsay	96	Carleton Ravens	J4.90m
6 Dobson-Takoff, Emma	01	Ottawa Gee-Gees	4.86m
7 Naveang-Plouffe, Anne-Marie	03	Ottawa Lions	4.85m
8 Cvitan, Megan	98	McGill	4.65m
9 Ikhlef, Lina	01	McGill	4.35m
10 Rulibikiye, Isabelle	01	Cirrus	4.16m
11 Mitchell, Makayla	02	McGill	3.89m
12 Boutillier, Shanna	96	Ottawa Lions	3.59m
13 Martins, Emma	03	Cirrus	2.90m

Women Triple Jump Open

3 Jumps Each - Top 8 Get 3 Additional Jumps

Dome (Open):	11.90m D 2/17/2018	Valerie Kodo Ella
Dome (u20):	11.65m * 5/12/2010	Julia Stille
Dome (u18):	11.65m # 5/12/2010	Julia Stille
Meet Record:	11.90m M 2/17/2018	Valerie Kodo Ella
USport AutoQ:	11.89m U	

Name	Yr	Team	Finals
1 Amoi, Laura	96	C.A.N.I.	11.83m

2 Dobson-Takoff, Emma	01	Ottawa Gee-Gees	11.04m
3 Cvitan, Megan	98	McGill	10.38m
4 Ali, Sana	98	Saint-Laurent	10.37m
5 Hemstock, Lindsay	96	Carleton Ravens	9.80m
6 Sam Chee, Sharini	02	Ottawa Lions	9.78m
7 Boutin, Mireille	97	Laval	9.60m

Women Shot Put Open

3 Throws Each - Top 8 Get 3 Additional Throws

Dome (Open):	16.76m D 1/23/2016	Brittany Crew
Dome (u20):	13.47m * 2/18/2017	Grace Tennant
Dome (u18):	13.44m # 12/19/2015	Linda Mbongo
Meet Record:	12.29m M 2/16/2019	Christina Hertner
USport AutoQ:	13.69m U	

Name	Yr	Team	Finals
1 Coulibaly, Ivonne	91	Laval	13.66mM
2 Dumont, Pascale	93	Sherbrooke	11.62m
3 Kremer, Nadine	94	Laval	11.46m
4 Asiamah, Brianna	01	Ottawa Gee-Gees	11.29m
5 Sweeney, Erin	02	Beckwith	11.25m
6 Dubois, Ariane	95	Sherbrooke	11.15m
7 Leveille, Maude	95	Sherbrooke	10.80m
8 Effenberger, Kaitlyn	02	Ottawa Lions	10.38m
9 Gibbons, Hailey	02	Unattached	9.75m
10 Agyekum, Maya	98	Montréal Carabin	9.60m
11 Devillers-Matte, Marie-Eve	92	Sherbrooke	8.51m
12 Shafonsky, Marika	01	McGill	8.00m
13 Lacharité-Harbec, Florence	96	Montréal Carabin	7.88m
14 McMahan, Anakin	01	McGill	7.71m
14 Ikhlef, Lina	01	McGill	7.71m
16 Gans, Belanna	98	McGill	7.43m
17 Theriault, Guylène	65	Cirrus	6.43m
18 Fontaine, Myriam	91	Montréal Carabin	6.42m

Women Weight Throw Open

3 Throws Each - Top 8 Get 3 Additional Throws

Dome (Open):	21.19m D 12/17/2016	Sultana Frizell
Dome (u20):	14.97m * 12/15/2007	Annie Larose
Dome (u18):	13.78m # 2/21/2015	Tanya Coulter
Meet Record:	18.21m M 2/16/2019	Ariane Dubois
USport AutoQ:	16.82m U	

Name	Yr	Team	Finals
1 Dubois, Ariane	95	Sherbrooke	17.47mU
2 Kremer, Nadine	94	Laval	14.64m
3 Toba-Oluboka, Temi	98	Dalhousie Tigers	14.43m
4 Devillers-Matte, Marie-Eve	92	Sherbrooke	13.58m
5 Lavallée-Bourget, Isabelle	92	Laval	13.28m
6 Gibbons, Hailey	02	Unattached	12.10m
7 Coulibaly, Ivonne	91	Laval	12.05m
8 Shafonsky, Marika	01	McGill	11.87m
9 Agyekum, Maya	98	Montréal Carabin	11.46m
10 Dumont, Pascale	93	Sherbrooke	10.26m
11 Lacharité-Harbec, Florence	96	Montréal Carabin	9.66m

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Finals ... (Women Weight Throw Open)

Name	Yr	Team	Finals

Gans, Belanna	98	McGill	FOUL

Boys 60 Meter Dash Under 16

Dome (u18): 6.79 # 12/20/2008 Aaron Bowman

Dome (u16): 7.24 ! 12/13/2008 Toluwalope Makinde

Name	Yr	Team	Finals
Finals			
1	Parra, Nicolas	03 Ottawa Lions	8.01
2	McNeil, Nathaniel	05 Ottawa Lions	8.02
3	Wilson, Devonte	06 Ottawa Lions	8.04
4	Rochon, Loïk	06 Gatineau	8.16
5	Holland, Cormick	04 Ottawa Lions	8.19
6	Yetman, Jay	05 Ottawa Lions	8.20
7	Di Francesco, Noam	05 Gatineau	8.29
8	Yanon, Chrystopher	05 Cirrus	8.38
9	Karnis, Kaiden	05 Beckwith	8.52
10	Ramsaram, Marcus	Ottawa Lions	9.13
11	Owloewe, Nathan	Ottawa Lions	9.44
12	Pinard Macdonald, Louis Ton	06 Cirrus	9.47

Boys 150 Meter Dash Under 16

Dome (u18): 16.39 # 12/20/2008 Oluwasegun Makinde

Dome (u16): 17.10 ! 12/4/2008 Hercules Glaude

Name	Yr	Team	Finals
Finals			
1	Yetman, Jay	05 Ottawa Lions	18.93
2	McNeil, Nathaniel	05 Ottawa Lions	19.07
3	Wilson, Devonte	06 Ottawa Lions	19.28
4	Scott, Carter	05 Beckwith	19.47
5	Holland, Cormick	04 Ottawa Lions	19.57
6	Matte, Charles	05 Gatineau	19.66
7	Di Francesco, Noam	05 Gatineau	20.23
8	Karnis, Kaiden	05 Beckwith	20.33
9	Redwood-Wheeler, Dyllan	07 Beckwith	22.18
10	Owloewe, Nathan	Ottawa Lions	23.00
11	Pinard Macdonald, Louis Ton	06 Cirrus	23.13
12	Perreault, Antoine	06 Cirrus	23.37
13	Robblee, Chase	07 Ottawa Lions	23.79
14	Lafrance, Éloi	06 Cirrus	26.24

Boys 800 Meter Run Under 16

Dome (u18): 1:54.87 # 3/2/2013 Lucas Trapeau

Dome (u16): 2:02.22 ! 3/2/2013 Owen Day

Name	Yr	Team	Finals
Finals			
1	Kushner, Zachary	05 Ottawa Lions	2:22.74
	1:05.485 (1:05.485)	2:22.732 (1:17.248)	
2	Ladurantaye, Logan	05 Ottawa Lions	2:28.89
	1:05.406 (1:05.406)	2:28.889 (1:23.483)	
3	Perreault, Antoine	06 Cirrus	2:41.75
	1:17.598 (1:17.598)	2:41.750 (1:24.152)	
4	Robblee, Chase	07 Ottawa Lions	2:50.18
	1:18.608 (1:18.608)	2:50.176 (1:31.569)	

5 Adegbile, Johnson 07 Beckwith 2:50.99
1:19.472 (1:19.472) 2:50.982 (1:31.510)6 Lafrance, Éloi 06 Cirrus 2:51.09
1:20.341 (1:20.341) 2:51.082 (1:30.741)

Boys 2000 Meter Run Under 16

Name	Yr	Team	Finals
Finals			
1	Ghozani, Sami	08 Ottawa Lions	7:20.82
2	Etherington, Caleb	05 Beckwith	7:29.10
3	Matte, Charles	05 Gatineau	10:18.21

Boys 60 Meter Hurdles Mini Under 16

Name	Yr	Team	Finals
Finals			
1	Gosselin, Antoine	09 Cirrus	11.60

Boys Long Jump Under 16

3 Jumps Each

Dome (u18): 7.07m # 4/6/2010 David Nsabua

Dome (u16): 6.19m ! 5/19/2010 Sylvain Mbuyamba

Name	Yr	Team	Finals
Finals			
1	Yetman, Jay	05 Ottawa Lions	5.49m
2	Wilson, Devonte	06 Ottawa Lions	4.93m
3	Yanon, Chrystopher	05 Cirrus	4.70m
4	Rochon, Loïk	06 Gatineau	4.67m
5	Gosselin, Antoine	09 Cirrus	4.15m
6	Laliberté, Alex	06 Cirrus	3.85m
7	Ramsaram, Marcus	Ottawa Lions	3.84m

Boys 60 Meter Hurdles Under 20

Dome (u20): 8.14 * 3/3/2012 Gabriel Slythe-Leveille

Dome (u18): 8.26 # 12/20/2008 Oluwasegun Makinde

Dome (u16): 8.74 ! 12/14/2019 Luca Nicoletti

Name	Yr	Team	Finals
Finals			
1	Dolliver, Kyle	03 Beckwith	9.06
2	Newman, Keito	03 Ottawa Lions	9.09
3	Carty, Xavier	03 Ottawa Lions	9.19
4	Nonez, Fabrice	Ottawa Lions	9.56
5	Scott, Carter	05 Beckwith	9.99
6	McNeil, Nathaniel	05 Ottawa Lions	10.66

Men 60 Meter Dash Open

Dome (Open): 6.62 D 2/13/2010 Sam Effah

Dome (u20): 6.79 * 12/20/2008 Aaron Bowman

Dome (u18): 6.79 # 12/20/2008 Aaron Bowman

Meet Record: 6.81 M 2/16/2019 Lucanus Robinson

USport AutoQ: 6.88 U

Name	Yr	Team	Prelims
Preliminaries			
1	Murasiranwa, Kudakwashe	97 Guelph Gryphons	6.93q
2	Marmen-Harvey, Jean-Samue	94 C. A. Laval	7.01q

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Preliminaries ... (Men 60 Meter Dash Open)

Name	Yr	Team	Prelims
3 Côté, Thomas	96	Montréal Carabin	7.02q
4 Ben-Smith, Bertwin	97	Guelph Gryphons	7.04q
5 Maazami, Youssef-Mehdi	95	Montréal Carabin	7.04q
6 Pilipili, Hento	95	Laval	7.07q
7 Penalzoza, Marcus	98	Unattached	7.09q
8 Halog, Jonelle	95	C.A.N.I.	7.10q
9 Adjibi, Eliezer	00	C.A.N.I.	7.12q
10 Renélique, Taylor	99	Montréal Carabin	7.19q
11 Kirouac, Jasmin	98	Laval	7.19q
12 Lafreniere, Jeremy	94	Sherbrooke	7.19q
13 Khelifa, Azer	97	Montréal Carabin	7.20
14 Ahouansou, Yannis	95	Laval	7.23
14 Gurnsey, Joel	01	Kingston Tfc	7.23
16 Baptiste, Melchisedek	00	Unattached	7.24
17 Bellemare, Félix	99	Montréal Carabin	7.25
18 Ajayi, Femi	97	Ottawa Gee-Gees	7.25
19 Manuel, Alex	94	Ottawa Lions	7.28
19 Ingram, Austin	02	Les Coureurs	7.28
21 Tremblay, Yanis	01	C. A. Laval	7.29
22 Grant, Oliver	91	Unattached	7.29
23 Roy, Antoine	98	Laval	7.30
23 Sassi, Philip	96	Saint-Laurent	7.30
25 Rocheleau, Francois	97	McGill	7.30
26 Ajaero, Chukwuemeka	99	Ottawa Gee-Gees	7.31
27 Nwokobia, Emmanuel	96	Unattached	7.34
28 Landon, Dillon	02	Ottawa Lions	7.35
29 Togola, Mamadou-Bazan	94	Laval	7.40
30 Valentine, Tim	98	Ottawa Gee-Gees	7.41
31 Bryant, Zachary	02	Ottawa Lions	7.41
32 Fortier, Jeremy	02	Ottawa Lions	7.47
33 Ullberg, Cedric	92	Saint-Laurent	7.47
34 Jiang, David	93	Montréal Carabin	7.48
35 Wong, Christopher	01	McGill	7.49
36 Lamoureux, Damien	93	Gatineau	7.50
37 Robinson, Sam	03	Ottawa Lions	7.51
38 Tang, Matthew	97	Ottawa Gee-Gees	7.51
39 Tran, Donovan	03	C.A.N.I.	7.53
40 Vézina, Dani	92	Montréal Carabin	7.55
41 Polidori, Gabriele	97	McGill	7.56
42 Routhier, Tristan	01	Petite Nation	7.59
43 McHale, Shea	01	Ottawa Lions	7.59
44 Chombe, Justin	95	Unattached	7.60
45 Paradis, Louis-Frédéric	01	C. A. Laval	7.62
46 Pineault, Mathieu	95	Sherbrooke	7.65
47 Gentillon, Teilhard	86	Cirrus	7.65
48 Mohamed Reda, El Azali	97	Ottawa Gee-Gees	7.68
49 Gurnsey, Michael	03	Kingston Tfc	7.70
50 Robinson, Ben	01	RMC	7.75
51 Bhandari, Amar	04	Ottawa Lions	7.76
52 Dunning, Alexander Thunder	98	C.A.N.I.	7.77
53 Cowan, Jack	04	Ottawa Lions	7.87
54 On, Tam		Unattached	7.88
55 Girouard-Laflamme, Émile	98	École de tech	7.89

56 Bigentini, Nicholas	Unattached	7.93
57 Wallner, Leo	03 Ottawa Lions	8.02
58 Davilma, Derick	01 Ottawa Lions	8.03
59 Williams, Lawrence	70 Ottawa Lions	8.05
60 Doucet, Mathieu T20	93 Cirrus	8.06
61 LeBlanc, Emile	98 Sherbrooke	8.07
62 Warner, David	04 Ottawa Lions	8.24
63 Coulaud, Étienne	00 Cirrus	8.48
64 Paialunga, Joe	59 Ottawa Lions	8.54
65 Wu, Howie	Ottawa Lions	8.54
66 Audet, Alex	04 Cirrus	8.57
67 Scribe, William	98 Cirrus	9.68

Men 60 Meter Dash Open

Dome (Open):	6.62 D 2/13/2010	Sam Effah
Dome (u20):	6.79 * 12/20/2008	Aaron Bowman
Dome (u18):	6.79 # 12/20/2008	Aaron Bowman
Meet Record:	6.81 M 2/16/2019	Lucanus Robinson
USport AutoQ:	6.88 U	

Name	Yr	Team	Finals
Finals			
1 Murasiranwa, Kudakwashe	97	Guelph Gryphons	6.90
2 Maazami, Youssef-Mehdi	95	Montréal Carabin	6.99
3 Côté, Thomas	96	Montréal Carabin	7.01
4 Marmen-Harvey, Jean-Samue	94	C. A. Laval	7.02
5 Halog, Jonelle	95	C.A.N.I.	7.03
6 Pilipili, Hento	95	Laval	7.05
7 Ben-Smith, Bertwin	97	Guelph Gryphons	7.06
8 Renélique, Taylor	99	Montréal Carabin	7.11
9 Kirouac, Jasmin	98	Laval	7.16
10 Khelifa, Azer	97	Montréal Carabin	7.26
11 Adjibi, Eliezer	00	C.A.N.I.	7.87

Men 300 Meter Dash Open

Blocks - First 5 Heats

Dome (Open):	33.21 D 1/17/2009	Michael Robertson
Dome (u20):	33.94 * 1/19/2008	Michael Robertson
Dome (u18):	34.57 # 12/16/2006	Michael Robertson
Meet Record:	33.57 M 2/16/2019	Graeme Thompson
USport AutoQ:	33.66 U	

Name	Yr	Team	Finals
Finals			
1 Penalzoza, Marcus	98	Unattached	33.39M
2 Hamilton, Josh	00	Guelph Gryphons	34.16
3 Muteba, Lionel Tshimanga	90	C.A.N.I.	34.53
4 Ben-Smith, Bertwin	97	Guelph Gryphons	34.64
5 Murasiranwa, Kudakwashe	97	Guelph Gryphons	34.70
6 Edward, Davis	97	Guelph Gryphons	34.70
7 Jamal, Braenen	93	Unattached	34.74
8 Patterson, Bryson	95	C.A.N.I.	34.83
9 Mabbott, Jordan	98	Western Mustangs	34.89
10 Bravakis, Emmett	00	Toronto	34.92
11 Pelletier, Charles	97	Sherbrooke	35.00
12 Landon, Dillon	02	Ottawa Lions	35.20
13 Nziemi, Stephen	01	Montréal Carabin	35.28

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Finals ... (Men 300 Meter Dash Open)

Name	Yr	Team	Finals
14 Abdulahi, Ramzi	97	Western Mustangs	35.30
15 Robinson, Sam	03	Ottawa Lions	35.30
16 Bradley, Carson	00	Toronto	35.36
17 Renélique, Taylor	99	Montréal Carabin	35.41
18 Hehn, Nathan	98	Waterloo	35.67
19 Ippet, Nicolas	96	Montréal Carabin	35.68
20 Augimeri, Alexander	95	Toronto	35.69
21 Côté, Thomas	96	Montréal Carabin	35.72
22 Tremblay, Yanis	01	C. A. Laval	35.79
23 Bellemare, Félix	99	Montréal Carabin	35.86
24 Sassi, Philip	96	Saint-Laurent	35.91
25 Ryan, Alanzo	99	Guelph Gryphons	35.97
26 Grant, Oliver	91	Unattached	35.99
27 Lebrun, Antoine	01	Cirrus	36.15
28 Fortier, Jeremy	02	Ottawa Lions	36.20
29 Manuel, Alex	94	Ottawa Lions	36.26
30 Ajayi, Femi	97	Ottawa Gee-Gees	36.34
31 Bassole, Yves	99	C.A.N.I.	36.34
32 Johnson, Tyrece	00	Ottawa Gee-Gees	36.35
33 Newman, Keito	03	Ottawa Lions	36.36
34 Bernard, Nicolas	01	McGill	36.40
35 Leger, Zacharie	01	Ottawa Gee-Gees	36.55
36 Ferth, Shane	81	Unattached	36.65
37 Vukovic, Luka	98	Ottawa Gee-Gees	36.72
38 Cote, Sebastien	00	C.A.N.I.	36.79
39 Danouj, Oussama	96	Saint-Laurent	36.81
40 Togola, Mamadou-Bazan	94	Laval	36.82
41 Ullberg, Cedric	92	Saint-Laurent	36.83
42 Ross, Conor	98	Ottawa Gee-Gees	36.85
43 Chouinard-Laliberté, Simon	95	Saint-Laurent	37.12
44 Jiang, David	93	Montréal Carabin	37.15
45 Sanvi, Yanis	99	Montréal Carabin	37.23
46 Tang, Matthew	97	Ottawa Gee-Gees	37.50
47 Espinosa, Luis	01	McGill	37.94
48 Dunning, Alexander Thunder	98	C.A.N.I.	37.94
49 Barrieu, Jules	01	McGill	38.06
50 Ajaero, Chukwuemeka	99	Ottawa Gee-Gees	38.26
51 Girouard-Laflamme, Émile	98	École de tech	38.41
52 Polidori, Gabriele	97	McGill	38.59
53 Tran, Donovan	03	C.A.N.I.	38.77
54 Paradis, Louis-Frédéric	01	C. A. Laval	39.14
55 Bhandari, Amar	04	Ottawa Lions	39.25
56 Lamoureux, Damien	93	Gatineau	39.42
57 Williams, Lawrence	70	Ottawa Lions	39.88
58 Nwokobia, Emmanuel	96	Unattached	39.96
59 Davilma, Derick	01	Ottawa Lions	39.99
60 Georges, Max Delroy	02	C.A.N.I.	40.17
61 Cowan, Jack	04	Ottawa Lions	40.48
62 Doucet, Mathieu T20	93	Cirrus	40.63
63 Warner, David	04	Ottawa Lions	42.00
64 Wu, Howie		Ottawa Lions	43.71

Men 600 Meter Run Open

Dome (Open): 1:17.32 D 2/16/2019 Mohand Khelaf

Dome (u20): 1:18.45 * 12/13/2008 Michael Robertson

Dome (u18): 1:19.80 # 12/17/2011 Mathieu Sturkenboom

Meet Record: 1:17.32 M 2/16/2019 Mohand Khelaf

USport AutoQ: 1:18.67 U

Name	Yr	Team	Finals
Finals			
1	Evans, Stephen	96 Ottawa Lions	1:19.36
	26.745 (26.745)	1:19.355 (52.610)	
2	Berkshire, Jack	97 Toronto	1:19.66
	26.656 (26.656)	1:19.658 (53.002)	
3	Ryan, Alanzo	99 Guelph Gryphons	1:20.13
	27.113 (27.113)	1:20.126 (53.013)	
4	Lorentz, Joshua	97 Waterloo	1:20.37
	26.891 (26.891)	1:20.370 (53.480)	
5	Gendreau-Fillion, David	94 Laval	1:20.47
	27.093 (27.093)	1:20.465 (53.372)	
6	Babcock, Owen	97 Waterloo	1:20.81
	26.712 (26.712)	1:20.810 (54.098)	
7	Nandlal, Marcus	99 Toronto	1:20.94
	27.109 (27.109)	1:20.934 (53.826)	
8	Payette, William	98 Montréal Carabin	1:21.28
	27.051 (27.051)	1:21.273 (54.223)	
9	Bimm, Alexander	97 Toronto	1:21.33
	26.976 (26.976)	1:21.325 (54.350)	
10	Aber, Yassine	96 C.A. Sherbrooke	1:21.44
	26.860 (26.860)	1:21.432 (54.572)	
11	Lyness, Quinn	00 Ottawa Gee-Gees	1:21.84
	26.965 (26.965)	1:21.839 (54.874)	
12	Danson, Sebastian	01 McGill	1:21.90
	27.269 (27.269)	1:21.891 (54.622)	
13	Crosby, Jack	00 McGill	1:22.01
	26.929 (26.929)	1:22.006 (55.078)	
14	Trapeau, Lucas	96 Ottawa Gee-Gees	1:22.62
	26.164 (26.164)	1:22.615 (56.451)	
15	Horton, Ryder	00 Guelph Gryphons	1:22.75
	27.437 (27.437)	1:22.741 (55.305)	
16	Wilson, Daniel	97 Toronto	1:23.10
	26.618 (26.618)	1:23.096 (56.479)	
17	Samson, Gabriel	99 Montréal Carabin	1:23.17
	26.288 (26.288)	1:23.162 (56.874)	
18	Stewart, Will	00 Guelph Gryphons	1:23.24
	27.243 (27.243)	1:23.234 (55.991)	
19	Bassole, Yves	99 C.A.N.I.	1:23.29
	26.650 (26.650)	1:23.283 (56.633)	
20	Aitounejjar, Mouhcine	01 Ottawa Lions	1:24.11
	26.963 (26.963)	1:24.103 (57.140)	
21	Rica, Antoine	90 Saint-Laurent	1:24.76
	26.086 (26.086)	1:24.760 (58.674)	
22	Danouj, Oussama	96 Saint-Laurent	1:25.26
	26.097 (26.097)	1:25.251 (59.154)	
23	Joseph, Emmanuel	00 Unattached	1:26.91
	28.014 (28.014)	1:26.907 (58.893)	

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Finals ... (Men 600 Meter Run Open)

Name	Yr	Team	Finals
24 Singh, Ranjit	99	Ottawa Lions	1:27.59
27.929 (27.929)	1:27.587 (59.659)		
25 Saez, Sebastian	01	Lachine	1:27.97
28.705 (28.705)	1:27.968 (59.263)		
26 Carty, Xavier	03	Ottawa Lions	1:28.42
28.131 (28.131)	1:28.414 (1:00.284)		
27 Cote, Sebastien	00	C.A.N.I.	1:28.81
26.832 (26.832)	1:28.804 (1:01.972)		
28 Villeneuve, Julien	96	Uqam Citadin	1:30.53
28.483 (28.483)	1:30.524 (1:02.041)		
29 Brohman, Charlie	98	Carleton Ravens	1:30.65
28.233 (28.233)	1:30.643 (1:02.410)		
30 Bouma, Phoenix	03	Ottawa Lions	1:30.78
28.282 (28.282)	1:30.774 (1:02.492)		
31 Nonez, Fabrice		Ottawa Lions	1:30.84
28.156 (28.156)	1:30.838 (1:02.682)		
32 Georges, Max Delroy	02	C.A.N.I.	1:32.76
27.708 (27.708)	1:32.755 (1:05.048)		
--- Petersen, Michael	99	Western Mustangs	DNF
27.017 (27.017)			
--- Bernard, Nicolas	01	McGill	DQ

Men 1000 Meter Run Open

Dome (Open): 2:24.62 D 1/18/2020 Kevin Robertson
Dome (u20): 2:27.90 * 2/12/2011 Yves Sikubwabo
Dome (u18): 2:30.72 # 12/19/2015 Nijib El Andaloussi
Meet Record: 2:28.54 M 2/20/2016 Sacha Plante-Dubé
USport AutoQ: 2:24.11 U

Name	Yr	Team	Finals
1 Davenport, Ethan	91	UTTC	2:28.70
28.949 (28.949)	1:27.274 (58.326)	2:28.696 (1:01.422)	
2 Bachir, Ahmed	99	McGill	2:34.95
29.638 (29.638)	1:29.436 (59.799)	2:34.948 (1:05.512)	
3 Vaculik, Alexander	98	Ottawa Gee-Gees	2:36.09
30.356 (30.356)	1:34.067 (1:03.711)	2:36.085 (1:02.019)	
4 Mitchell, Robert	98	Ottawa Gee-Gees	2:36.94
30.762 (30.762)	1:34.083 (1:03.322)	2:36.936 (1:02.853)	
5 Tareke, Yared	02	Ottawa Lions	2:37.48
30.563 (30.563)	1:33.922 (1:03.359)	2:37.475 (1:03.554)	
6 Fournier, Adrian	00	Ottawa Gee-Gees	2:38.08
30.609 (30.609)	1:34.662 (1:04.054)	2:38.074 (1:03.412)	
7 Moricz, Vincent	97	Ottawa Lions	2:38.53
30.446 (30.446)	1:34.473 (1:04.028)	2:38.524 (1:04.051)	
8 Bedard, Felix	00	McGill	2:38.92
30.903 (30.903)	1:34.896 (1:03.993)	2:38.914 (1:04.019)	
9 Devito, Ben	96	Toronto	2:42.22
29.061 (29.061)	1:30.515 (1:01.455)	2:42.219 (1:11.704)	
10 Durbain, Thomas	01	Montréal Carabin	2:46.30
33.235 (33.235)	1:40.455 (1:07.220)	2:46.294 (1:05.839)	
11 Diaz-Paquin, Alexandre	97	Montréal Carabin	2:47.30
33.542 (33.542)	1:40.722 (1:07.180)	2:47.299 (1:06.578)	

12 Porter, Kyle	04	Ottawa Lions	2:48.12
33.563 (33.563)	1:40.826 (1:07.264)	2:48.113 (1:07.287)	
13 Bouma, Phoenix	03	Ottawa Lions	2:50.99
32.961 (32.961)	1:42.067 (1:09.107)	2:50.990 (1:08.923)	
14 Hamelin, William	97	Montréal Carabin	2:57.25
33.367 (33.367)	1:43.494 (1:10.127)	2:57.243 (1:13.750)	
15 Chase, Théodore	00	Remparts	3:00.24
30.066 (30.066)	1:37.950 (1:07.884)	3:00.235 (1:22.286)	
16 Bolduc, David	01	Remparts	3:05.33
34.096 (34.096)	1:47.299 (1:13.203)	3:05.322 (1:18.023)	
17 Dupuis, Louis-Francois	02	Remparts	3:06.33
35.062 (35.062)	1:49.701 (1:14.640)	3:06.321 (1:16.620)	
18 Suni, Brennan	01	Ottawa Lions	3:11.60
34.735 (34.735)	1:52.938 (1:18.203)	3:11.591 (1:18.653)	
--- Carroll, Jake	99	Toronto	DNF
28.863 (28.863)	1:27.440 (58.577)		

Men 1500 Meter Run Open

Dome (Open): 3:45.89 D 2/21/2015 Alex Wilkie
Dome (u20): 3:50.55 * 2/12/2011 Yves Sikubwabo
Dome (u18): 3:56.50 # 12/15/2012 Adam Richardson
Meet Record: 3:45.89 M 2/21/2015 Alex Wilkie
USport AutoQ: 3:48.11 U

Name	Yr	Team	Finals
1 Hély, Clément	91	Saint-Laurent	3:51.56
2 Carroll, Jake	99	Toronto	3:54.09
3 Devito, Ben	96	Toronto	3:58.80
4 Riad, Yasser	03	Gatineau	3:59.55
5 Tunney, Ronan	99	Waterloo	3:59.97
6 Maxwell, Alexander	95	Ottawa Lions	4:00.23
7 Dean, Cameron	99	Waterloo	4:01.59
8 Mitchell, Robert	98	Ottawa Gee-Gees	4:01.79
9 Bernier, Simon	95	McGill	4:04.15
10 Klomp, Craig	98	Toronto	4:06.53
11 Wellenstein, Henry	00	McGill	4:06.62
12 Marshall-Burghardt, Gift (sep)	98	McGill	4:10.08
13 Elrimawi-Fine, Noah	01	McGill	4:14.91
14 Bates, Paul		Ottawa Gee-Gees	4:15.18
15 Bates, Kevin	96	McGill Olympic	4:15.38
16 Cyr, Olivier	92	McGill	4:15.82
17 McClure, Jake	01	McGill	4:18.54
18 Meredith, Zach		Ottawa Lions	4:19.23
19 Meredith, Yannick		Ottawa Lions	4:19.77
20 Omar Ali, Harun	02	Ridgemont HS	4:23.18
21 Wilson, Stuart	92	Unattached	4:23.27
22 Demars, Carter	02	Ottawa Lions	4:24.09
23 Tulk, Aidan	03	Kingston Tfc	4:24.11
24 Côté, Jonathan	01	Remparts	4:25.51
25 Domingue, Charles	02	Remparts	4:25.74
26 Hill, Darrell	99	Carleton Ravens	4:26.08
27 Porter, Kyle	04	Ottawa Lions	4:26.50
28 Meraw, Nathan	01	Ottawa Gee-Gees	4:28.48
29 Sneddon, Jay	92	Ottawa Lions	4:29.55
30 Taylor, Andrew	03	Ottawa Lions	4:29.81

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Finals ... (Men 1500 Meter Run Open)

Name	Yr	Team	Finals
31 Bruce, Cameron	01	Carleton Ravens	4:30.90
32 Sanchez, Joseph	01	C.A.N.I.	4:31.56
33 Welburn, Toby	04	Ottawa Lions	4:32.27
34 Bedard, Felix-Antoine	97	Uqam Citadin	4:32.81
35 Gouret, Jonathann	93	Ville-Marie	4:35.61
36 Link, Jack	04	Ottawa Lions	4:36.91
37 Labbé, Jérémy	00	Remparts	4:38.98
38 Hamelin, William	97	Montréal Carabin	4:42.82
39 Smart, Lionel	00	Ottawa Lions	4:57.52
40 Lachance, Antoine	99	Remparts	5:02.01
41 O'Brien, Nicholas	01	Remparts	5:16.40

Men 3000 Meter Run Open

Dome (Open): 8:17.41 D 2/7/2015 Dave Cashin
Dome (u20): 8:20.54 * 1/15/2011 Yves Sikubwabo
Dome (u18): 8:34.36 # 11/20/2010 Adam Palamar
Meet Record: 8:22.66 M 2/20/2016 Alex Berhe
USport AutoQ: 8:13.31 U

Name	Yr	Team	Finals
1 Cherenfant, Nick	96	Uqam Citadin	9:03.32
34.960 (34.960)	1:44.644 (1:09.685)	2:56.731 (1:12.087)	
4:10.082 (1:13.351)	5:23.845 (1:13.764)	6:38.483 (1:14.639)	
7:53.441 (1:14.958)	9:03.320 (1:09.880)		
2 Roberts, Nicholas	98	Ottawa Gee-Gees	9:06.29
33.633 (33.633)	1:43.733 (1:10.101)	2:56.018 (1:12.285)	
4:08.951 (1:12.933)	5:23.100 (1:14.150)	6:38.787 (1:15.688)	
7:53.886 (1:15.100)	9:06.281 (1:12.395)		
3 Wyonch, Kyle	00	RMC	9:13.73
39.866 (39.866)	1:54.982 (1:15.116)	3:08.464 (1:13.483)	
4:21.012 (1:12.548)	5:34.961 (1:13.949)	6:49.233 (1:14.272)	
8:04.160 (1:14.928)	9:13.727 (1:09.568)		
4 Govig, Christopher	96	Montréal Carabin	9:14.23
34.309 (34.309)	1:46.765 (1:12.457)	3:03.005 (1:16.240)	
4:19.496 (1:16.491)	5:35.995 (1:16.500)	6:51.873 (1:15.879)	
8:05.956 (1:14.083)	9:14.222 (1:08.266)		
5 Roy, Jackson	02	Ottawa Lions	9:17.34
35.883 (35.883)	1:50.833 (1:14.951)	3:05.973 (1:15.140)	
4:20.657 (1:14.685)	5:34.791 (1:14.134)	6:48.993 (1:14.202)	
8:03.908 (1:14.916)	9:17.332 (1:13.424)		
6 Shields, Kevin	65	Unattached	10:07.32
38.089 (38.089)	2:00.979 (1:22.890)	3:24.435 (1:23.457)	
4:45.898 (1:21.463)	6:06.201 (1:20.303)	7:27.004 (1:20.804)	
8:47.552 (1:20.548)	10:07.311 (1:19.759)		
7 Dillabaugh, Kirk	70	Ottawa Lions	10:52.65
43.292 (43.292)	2:15.248 (1:31.957)	3:46.198 (1:30.950)	
5:13.815 (1:27.618)	6:41.073 (1:27.258)	8:07.109 (1:26.037)	
9:32.854 (1:25.746)	10:52.648 (1:19.794)		
8 McInerney, Mike	66	Ottawa Lions	10:56.53
43.527 (43.527)	2:15.458 (1:31.931)	3:46.415 (1:30.958)	
5:13.943 (1:27.529)	6:41.501 (1:27.558)	8:07.463 (1:25.962)	
9:32.991 (1:25.529)	10:56.524 (1:23.534)		

9 Turmel, Thomas	00	Remparts	11:28.96
41.546 (41.546)	2:12.676 (1:31.130)	3:42.863 (1:30.187)	
5:14.372 (1:31.510)	6:45.323 (1:30.951)	8:22.812 (1:37.490)	
9:59.001 (1:36.189)	11:28.954 (1:29.954)		
10 Ewing, Alexander	96	Remparts	11:32.64
41.697 (41.697)	2:13.000 (1:31.303)	3:42.433 (1:29.434)	
5:14.314 (1:31.881)	6:46.153 (1:31.839)	8:23.793 (1:37.641)	
10:00.595 (1:36.802)	11:32.633 (1:32.038)		
--- Frenette, Gilles	76	Ottawa Lions	DNF
43.206 (43.206)	2:15.195 (1:31.990)	3:46.170 (1:30.975)	
5:13.549 (1:27.380)			

Men 60 Meter Hurdles Open

Dome (Open): 7.96 D 1/12/2008 Charles Allen
Dome (u20): 8.14 * 3/3/2012 Gabreil Slythe-Leveille
Dome (u18): 8.26 #
Meet Record: 8.34 M 2/16/2019 Paulo Miguel
USport AutoQ: 8.22 U

Name	Yr	Team	Prelims
1 Daly, Matthew	97	McGill	8.40q
2 Lebrun, Antoine	01	Cirrus	8.59q
3 Dacosta, Tyler	98	Ottawa Gee-Gees	8.87q
4 Soderstrom, Kurt William	98	McGill	9.01q
5 Leger, Taylor	96	McGill	9.18q
6 Maillé, Gabriel	95	Montréal Carabin	10.13q

Men 60 Meter Hurdles Open

Dome (Open): 7.96 D 1/12/2008 Charles Allen
Dome (u20): 8.14 * 3/3/2012 Gabreil Slythe-Leveille
Dome (u18): 8.26 #
Meet Record: 8.34 M 2/16/2019 Paulo Miguel
USport AutoQ: 8.22 U

Name	Yr	Team	Finals
1 Daly, Matthew	97	McGill	8.32M
2 Lebrun, Antoine	01	Cirrus	8.44
3 Dacosta, Tyler	98	Ottawa Gee-Gees	8.76
4 Soderstrom, Kurt William	98	McGill	9.13
5 Leger, Taylor	96	McGill	9.21
6 Maillé, Gabriel	95	Montréal Carabin	10.13

Men 4x200 Meter Relay Open

Dome (Open): 1:25.28 D 2/11/2012 University of Ottawa
Meet Record: 1:28.14 M 2/16/2019 Université Laval
USport AutoQ: 1:27.50 U

Team	Relay	Finals
1 Laval Rouge-et-Or	A	1:29.46
1) Pilipili, Hento 95	2) Ahouansou, Yannis 95	
3) Lebel, Henri	4) Kirouac, Jasmin 98	
2 Ottawa Gee-Gees	A	1:32.83
1) Ajayi, Femi 97	2) Dacosta, Tyler 98	
3) Johnson, Tyrece 00	4) Ross, Conor 98	

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Finals ... (Men 4x200 Meter Relay Open)

Team	Relay	Finals
3 McGill	A	1:33.40
1) Wong, Christopher 01	2) Polidori, Gabriele 97	
3) Rocheleau, Francois 97	4) Daly, Matthew 97	
4 Ottawa Gee-Gees	B	1:33.83
5 Cirrus de Gatineau	A	1:39.95

Men 4x400 Meter Relay Open

Dome (Open): 3:07.71 D 2/12/2011 National Centre - Ottawa Selects

Meet Record: 3:18.29 M 2/16/2019 Université de Sherbrooke

USport AutoQ: 3:17.03 U

Team	Relay	Finals
Finals		
1 Toronto Varsity Blues	A	3:14.79U
1) Bravakis, Emmett 00	2) Nandlal, Marcus 99	
3) Bimm, Alexander 97	4) Berkshire, Jack 97	
49.330 (49.330)	1:38.382 (49.053)	2:27.817 (49.435)
3:14.785 (46.969)		
2 Waterloo Warriors	A	3:15.19U
1) Hehn, Nathan 98	2) Babcock, Owen 97	
3) Clark, Liam 99	4) Lorentz, Josh 99	
49.832 (49.832)	1:38.691 (48.859)	2:28.331 (49.640)
3:15.189 (46.859)		
3 McGill	A	3:17.20M
50.188 (50.188)	1:39.434 (49.247)	2:29.061 (49.627)
3:17.192 (48.132)		
4 Sherbrooke Vert-et-Or	A	3:17.39M
1) Lafreniere, Jeremy 94	2) Pelletier, Charles 97	
3) Langlois, Charles	4) Drouin, Brandon 91	
49.761 (49.761)	1:38.230 (48.470)	2:28.501 (50.271)
3:17.381 (48.880)		
5 Ottawa Lions T.F.C	A	3:27.35
1) Fortier, Jeremy 02	2) Robinson, Sam 03	
3) Newman, Keito 03	4) Landon, Dillon 02	
51.706 (51.706)	1:47.749 (56.043)	2:38.312 (50.564)
3:27.343 (49.031)		
6 Ottawa Gee-Gees	A	3:27.86
1) Leger, Zacharie 01	2) Vukovic, Luka 98	
3) Vaculik, Alexander 98	4) Mitchell, Robert 98	
51.771 (51.771)	1:44.305 (52.534)	2:35.337 (51.032)
3:27.860 (52.523)		
7 Ottl U20 Z-Team	A	3:37.70
1) Meredith, Yannick	2) Meredith, Zach	
3) Bouma, Phoenix		
52.055 (52.055)	1:45.609 (53.554)	2:39.101 (53.492)
3:37.697 (58.597)		
--- Toronto Varsity Blues	B	DNF
1) Bradley, Carson 00	2) Augimeri, Alexander 95	
3) Wilson, Daniel 97	4) Carroll, Jake 99	
49.448 (49.448)	1:41.365 (51.918)	

Men High Jump Open

Dome (Open): 2.13m D 1/20/2018 Ryad Selloum

Dome (u20): 2.09m * 4/10/2014 Leaugen Fray

Dome (u18): 1.97m # 5/13/2010 David Nsabua

Meet Record: 2.08m M 2/16/2019 Hans Lafleur

USport AutoQ: 2.07m U

Name	Yr	Team	Finals
Finals			
1 Lafleur, Hans	96	C.A.N.I.	2.06m
2 Sprague, Kyle	00	Ottawa Gee-Gees	1.91m
3 McGregor, Mason	02	Brockville Legion	J1.86m
4 Becker, Thomas	03	C.A.N.I.	J1.86m
5 Ali, Bilal	99	McGill	1.71m
6 Wallner, Leo	03	Ottawa Lions	1.66m
7 LeBlanc, Emile	98	Sherbrooke	1.51m
8 Muir, Robert	68	Ottawa Lions	1.41m
--- Brougham, Derek	96	Ottawa Gee-Gees	NH
--- Bérubé, Antoine	95	Montréal Carabin	NH

Men Pole Vault Open

Dome (Open): 5.10m D 12/2/2005 John Zubyck

Dome (u20): 4.45m * 2/19/2006 Andrew Debus

Dome (u18): 4.15m # 2/9/2013 Zachary Kerr

Meet Record: 4.60m M 2/17/2018 Telvin Tavernier

USport AutoQ: 4.82m U

Name	Yr	Team	Finals
Finals			
1 Bustillos, Jesus		Ottawa Lions	J4.01m
2 Wolf, Alex	01	McGill	J4.01m
3 Jehannet, Tom	01	C. A. Laval	J3.36m
4 Brougham, Derek	96	Ottawa Gee-Gees	J3.36m
5 Leger, Taylor	96	McGill	3.16m
--- Soderstrom, Kurt William	98	McGill	NH

Men Long Jump Open

3 Jumps Each - Top 8 Get 3 Additional Jumps

Dome (Open): 7.52m D 2/12/2011 Oluseyi Smith

Dome (u20): 7.07m * 4/6/2010 David Nsabua

Dome (u18): 7.07m # 4/6/2010 David Nsabua

Meet Record: 7.14m M 2/18/2017 Bryson Patterson

USport AutoQ: 7.15m U

Name	Yr	Team	Finals
Finals			
1 Patterson, Bryson	95	C.A.N.I.	7.20mM
2 Salomé, Lou-Emmanuel	00	Uqam Citadin	6.81m
3 Mougeolle, Clément	98	Montréal Carabin	6.79m
4 Bérubé, Antoine	95	Montréal Carabin	6.04m
5 Halog, Jonelle	95	C.A.N.I.	5.82m
6 Carter, Justin	01	Ottawa Gee-Gees	5.75m
7 Colquham, Jackson	01	Ottawa Gee-Gees	5.70m
8 Wallner, Leo	03	Ottawa Lions	5.45m
9 Eveillard, Kensley	99	Ottawa Gee-Gees	5.42m
10 Warner, David	04	Ottawa Lions	J5.10m
11 Powles, Gregory	99	Ottawa Gee-Gees	J5.10m

Carleton Ravens U-Sport Last Chance - 2/15/2020

Ottawa Lions Timing Team

Dome @ Louis Riel

Results

Finals ... (Men Long Jump Open)

Name	Yr	Team	Finals
12 Mohamed Reda, El Azali	97	Ottawa Gee-Gees	4.99m
13 Bhandari, Amar	04	Ottawa Lions	4.91m
13 On, Tam		Unattached	4.91m
15 Bigentini, Nicolas		Unattached	4.81m
16 Rocheleau, Francois	97	McGill	4.70m
17 Audet, Alex	04	Cirrus	4.15m
18 Fritshaw, Bruce		Unattached	2.46m

Men Triple Jump Open

3 Jumps Each - Top 8 Get 3 Additional Jumps

Dome (Open): 14.94m D 3/3/2012 David Nsabua
Dome (u20): 14.94m * 3/3/2012 David Nsabua
Dome (u18): 14.23m # 3/31/2010 David Nsabua
Meet Record: 14.04m M 2/20/2016 Bryson Patterson
USport AutoQ: 14.61m U

Name	Yr	Team	Finals
Finals			
1 Colquham, Jackson	01	Ottawa Gee-Gees	13.17m
2 Al-Slaq, Ahmed		Ottawa Lions	13.08m
3 Routhier, Tristan	01	Petite Nation	12.67m
4 Vézina, Dani	92	Montréal Carabin	12.45m
5 Eveillard, Kensley	99	Ottawa Gee-Gees	12.29m
6 Carter, Justin	01	Ottawa Gee-Gees	11.87m
7 Wallner, Leo	03	Ottawa Lions	11.55m
8 Bigentini, Leonardo	04	Ottawa Lions	11.26m
9 Warner, David	04	Ottawa Lions	10.85m

Men Shot Put Open

3 Throws Each - Top 8 Get 3 Additional Throws

Dome (Open): 15.27m D 3/2/2013 Brandon Deslauriers
Dome (u20): 15.33m * 1/18/2020 Brandon Ovington
Dome (u18): 17.34m # 1/20/2018 Lucas Woodhall
Meet Record: 13.80m M 2/21/2015 Corey Wingate
USport AutoQ: 15.81m U

Name	Yr	Team	Finals
Finals			
1 Ovington, Brandon	01	Beckwith	15.60m*
2 Lewis, Spencer	03	Beckwith	14.87m
3 Hendricks, Andre	98	Dalhousie Tigers	14.30mM
4 Guerra, Jose	99	McGill	13.61m
5 Tavernier, Telvin	93	Unattached	12.28m
6 Pelletier, Gabriel	98	Laval	11.40m
7 Labrecque, Benoît	94	Sherbrooke	11.27m
8 Gravel, Vincent	97	Sherbrooke	10.45m
9 Pineault, Mathieu	95	Sherbrooke	10.36m
10 Savoie, Louis-Philippe	94	Montréal Carabin	10.32m
11 Oneschuk, Jamie	00	McGill	10.12m
12 Danzi, Antonio	98	McGill	8.76m
13 Muir, Robert	68	Ottawa Lions	7.66m

Men Weight Throw Open

3 Throws Each - Top 8 Get 3 Additional Throws

Dome (Open): 19.80m D 2/11/2012 Jason Baines
Dome (u20): 14.97m * 1/23/2016 Drew Erskine
Dome (u18): 18.27m # 2/17/2018 Cedric Rolland
Meet Record: 17.81m M 2/17/2018 Frederick Pouzy
USport AutoQ: 16.97m U

Name	Yr	Team	Finals
Finals			
1 Jean, Philippe	91	C. A. Laval	18.70mM
2 Lafrenaye-Dugas, Marc-Antoi	91	C. A. Laval	17.83mM
3 Xu, Oscar	04	Unattached	14.39m
4 Guerra, Jose	99	McGill	14.30m
5 Loffredo, Sergio	91	Laval	14.19m
6 Rohonczy, Imre	64	Unattached	12.86m
7 Tremblay, Mathieu	93	Ottawa Gee-Gees	12.60m
8 Pelletier, Gabriel	98	Laval	12.38m
9 Hendricks, Andre	98	Dalhousie Tigers	11.58m
10 Muller, Emil	35	Throwers Club	11.50m
11 Gravel, Vincent	97	Sherbrooke	10.93m
12 Danzi, Antonio	98	McGill	9.68m
13 Oneschuk, Jamie	00	McGill	9.14m
14 Savoie, Louis-Philippe	94	Montréal Carabin	9.10m

Mixed 4x100 Meter Relay Under 16

Team	Relay	Finals
Finals		
1 Cirrus Boys	A	1:00.09
2 Cirrus Girls	A	1:04.16