

Ravens U SPORTS Last Chance Invitational

Ottawa, ON
February 16th, 2019

Licensed to Ottawa Lions T&F Club HY-TEK's Meet Manager 2/16/2019 05:04 PM

Raven U-Sports Last Chance Invitational - 2/16/2019
Raven U-Sport Last Chance Invitational
Louis Riel Dome
Results

Girls 60 Meter Dash Under 16

Name	Year Team	Finals	H#
Finals			
1 Ogedengbe, Christwill	05 Ottawa Lions	8.50	1
2 Stefani, Angelica	05 Ottawa Lions	8.58	2
3 Sharp, Samantha	04 Ottawa Lions	8.83	1
4 Gillan, Sarah	04 Kingston Tra	8.91	1
5 Fuchs, Bailey	03 Kingston Tra	9.05	2
6 Cunningham, Teeshie	05 Ottawa Lions	9.15	1
7 Harris, Andie	05 National Cap	9.28	2
8 Tomsic, Molly	05 Ottawa Lions	9.32	1
9 Hurst, Zadie	Ottawa Lions	9.52	2
10 Nunes, Julia	06 Ottawa Lions	9.91	2
11 Pound, Noemie	06 Ottawa Lions	11.00	1
12 Outaleb, Kahina	Ottawa Lions	11.47	2

Girls 150 Meter Run Under 16

Name	Year Team	Finals	H#
1 Stefani, Angelica	05 Ottawa Lions	20.93	1
2 Ogedengbe, Christwill	05 Ottawa Lions	20.94	2
3 Sharp, Samantha	04 Ottawa Lions	21.34	1
4 Dimov, Maria	05 Ottawa Lions	21.46	1
5 Fuchs, Bailey	03 Kingston Tra	21.87	2
6 Gillan, Sarah	04 Kingston Tra	21.93	3
7 Cunningham, Teeshie	05 Ottawa Lions	23.08	1
8 Tomsic, Molly	05 Ottawa Lions	23.25	3
9 Hurst, Zadie	Ottawa Lions	23.63	2
10 Pound, Noemie	06 Ottawa Lions	26.63	3

Girls 800 Meter Run Under 16

Name	Year Team	Finals
1 Bradley, Cassidy	04 Ottawa Lions	2:31.66
1:10.5331 (1:10.5331)	2:31.6573 (1:21.1242)	
2 Murchison, Charlotte	04 Ottawa Lions	2:35.48
1:13.3931 (1:13.3931)	2:35.4731 (1:22.0800)	
3 Hurst, Freya	03 Ottawa Lions	2:37.57
1:16.1826 (1:16.1826)	2:37.5658 (1:21.3832)	

4	Harris, Andie	05 National Cap	2:45.62
	1:17.7405 (1:17.7405)	2:45.6131 (1:27.8726)	
5	Godbille-Cardona, Mariso	04 Kingston Tra	2:47.62
	1:17.0721 (1:17.0721)	2:47.6184 (1:30.5463)	
6	Greer, Rebecca	04 Ottawa Lions	2:57.54
	1:22.7542 (1:22.7542)	2:57.5384 (1:34.7842)	
7	Lewis, Lilly	04 Seaway - Iro	2:59.81
	1:22.2300 (1:22.2300)	2:59.8037 (1:37.5737)	
8	Murchison, Juliette	07 Ottawa Lions	3:04.22
	1:28.1216 (1:28.1216)	3:04.2205 (1:36.0989)	
9	Strader, Maya	05 Ottawa Lions	3:17.17
	1:28.4163 (1:28.4163)	3:17.1647 (1:48.7484)	

Girls 2000 Meter Run Under 16

Name	Year Team	Finals
1 Honegger, Isabelle	04 Ottawa Lions	7:35.68
2 Greer, Rebecca	04 Ottawa Lions	8:07.89

Girls 60 Meter Hurdles 30" Barriers Under 16

Name	Year Team	Finals	H#
1 Bah, Amie	03 Ottawa Lions	10.42	1
2 Naveang-Plouffe, Anne-Ma	04 Ottawa Lions	10.52	1
3 Dimov, Maria	05 Ottawa Lions	11.58	1
4 Godbille-Cardona, Mariso	04 Kingston Tra	11.95	2
5 Ostertag, Coralie	02 Ottawa Lions	11.97	1
6 St Amant, Avery	05 National Cap	12.28	2
7 Murchison, Charlotte	04 Ottawa Lions	12.41	2
8 Fuchs, Bailey	03 Kingston Tra	12.83	2

Girls High Jump Under 16

Name	Year Team	Finals
1 Naveang-Plouffe, Anne-Ma	04 Ottawa Lions	1.40m
2 Bradley, Cassidy	04 Ottawa Lions	1.15m

Girls Long Jump Under 16

Name	Year Team	Finals
1 Dimov, Maria	05 Ottawa Lions	4.56m
2 St Amant, Avery	05 National Cap	4.03m

Women 60 Meter Dash Open

Top 12 Advance by Time

Name	Year Team	Prelims	H#
Preliminaries			
1 Leduc, Audrey	99 Gatineau	7.51q	1 7.506
2 Green, Deondra	00 Saint-Lauren	7.51q	1 7.508
3 Béliveau, Emy	95 C.A. Laval	7.54q	1
4 Jacques, Farah	Ottawa Lions	7.66q	1

5	Maxwell, Nyoka	97 C.A.N.I. Ath	7.69q	1	
6	Léo, Harmine Christina	92 UDEM	7.91q	2	
7	Fortin, Sandrine	95 LAVAL	7.92q	2	
8	Savoury, Jordan	98 MCGU	7.93q	2	
9	Baker, Roshanna	97 C.A.N.I. Ath	7.98q	3	
10	Vieux, Kayla	01 C.A.N.I. Ath	8.02q	2	
11	Hountondji, Isaline	98 LAVAL	8.03q	3	
12	Tejiofo, Fiola	02 C.A. Laval	8.06q	3	8.055
13	Couturier, Rosalie	01 C.A. Laval	8.06	3	8.056
14	Tagnit-Hamou, Sonia	96 Vert et Or	8.07	3	
15	Baulu, Élodie	96 UDEM	8.09	2	
16	Bruce, Jermaila	01 C.A.N.I. Ath	8.10	2	
17	Top, Laurie	98 LAVAL	8.11	4	
18	Manor, Katie	03 Ottawa Lions	8.16	6	8.156
18	Procyk, Paulina	02 Ottawa Lions	8.16	4	8.156
20	Broomfield, Aliyah	GeeGees	8.17	3	
21	Carrier, Rose-Emilie	95 LAVAL	8.19	4	
22	Lu Langley, Vanessa	02 Ottawa Lions	8.27	4	
23	Richmond, Dacey	01 Kingston Tra	8.29	7	
24	Gilmour, Audrey	03 Ottawa Lions	8.31	5	
25	Lucien, Nafthalia	96 Ottawa Lions	8.33	4	
26	Cardella-Rinfret, Genevi	92 UDEM	8.36	5	
27	MacMillan, Lindsey	Carleton Ravens	8.37	5	8.365
28	Nearing, Ashley	Ottawa Lions	8.37	11	8.366
29	Scaringi, Felicia	97 Brock Badger	8.40	6	
30	Gilbert, Ella-Grace	03 Ottawa Lions	8.45	5	
31	Duschenes, Marie-Eve	19 Sherbrooke	8.46	7	
32	Naoum, Catherine	97 Saint-Lauren	8.51	6	
33	Greco, Jenna	98 Brock Badger	8.55	1	
34	Binotto, Monica	97 Brock Badger	8.56	7	
35	Walton, Shannon	94 National Cap	8.57	6	
36	Lapolice, Stephanie	GeeGees	8.58	7	
37	Dufour, Sandy	96 Ottawa Lions	8.61	9	
38	De Torres, Kirztyyn	00 Brock Badger	8.62	6	
39	Marevic, Jalena	03 Ottawa Lions	8.72	7	
40	McCutcheon, Marissa	03 Ottawa Lions	8.73	8	
41	McColl, Melissa	00 Brock Badger	8.74	9	
42	Thomas, Shanica	GeeGees	8.77	8	
43	Ekeke, Chiamaka	01 National Cap	8.91	11	8.903
44	Bah, Amie	03 Ottawa Lions	8.91	5	8.905
45	Maxwell, Jordan	00 University o	8.92	10	
46	Leger, Daphne	00 Brock Badger	8.95	9	
47	Brenko, Ariane	98 Vert et Or	8.97	7	
48	Sam Chee, Sharini	03 Ottawa Lions	9.02	8	
49	Blake, Vinnette	96 University o	9.09	10	
50	Cinicolo, Melissa	GeeGees	9.10	11	
51	Lawson, Cynthia	GeeGees	9.11	10	
52	Effenberger, Kaitlyn	02 Ottawa Lions	9.12	9	
53	Ostertag, Coralie	02 Ottawa Lions	9.16	9	
54	Ayre, Katheryn	03 Ottawa Lions	9.20	8	
55	Sebti, Amal	Vert et Or	9.22	10	
56	Ali, Sana	98 Saint-Lauren	9.28	8	
57	Nouradian, Ava	03 Ottawa Lions	9.36	11	
58	Boutilier, Shanna	96 Ottawa Lions	9.47	10	
59	Capelli, Fiona	03 Ottawa Lions	9.53	9	
60	Jotanovic, Tara	03 Indépendant	9.73	11	
61	Kirvan, Maya	03 Ottawa Lions	9.74	10	

62 Sutherland, Tamara GeeGees 9.77 11

Women 60 Meter Dash Open

Name	Year	Team	Finals	H#
Finals				
1 Green, Deondra	00	Saint-Lauren	7.50	1
2 Leduc, Audrey	99	Gatineau	7.51	1
3 Béliveau, Emy	95	C.A. Laval	7.55	1
4 Maxwell, Nyoka	97	C.A.N.I. Ath	7.66	1
5 Léo, Harmine Christina	92	UDEM	7.89	1
6 Savoury, Jordan	98	MCGU	7.94	2
7 Vieux, Kayla	01	C.A.N.I. Ath	7.96	2
8 Baker, Roshanna	97	C.A.N.I. Ath	7.97	2
9 Fortin, Sandrine	95	LAVAL	7.98	2
10 Hountondji, Isaline	98	LAVAL	8.05	2
11 Tejiofo, Fiola	02	C.A. Laval	8.06	2

Women 300 Meter Dash Open

Name	Year	Team	Finals	H#
1 Leclerc, Claudie	96	Vert et Or	39.59	1
2 Trapeau, Maeliss		GeeGees	40.44	5
3 Telford, Alexandra	96	Ottawa Lions	40.71	1
4 Dahms, Marie-Eve	95	GeeGees	41.64	4
5 Skorenky, Sophia	97	GeeGees	41.74	3
6 Leduc, Audrey	99	Gatineau	41.82	1
7 Ollier, Mary		GeeGees	41.83	4
8 Smith, Sydney		GeeGees	41.90	2
9 Ogunremi, Doyin	02	Ottawa Lions	42.07	3
10 Jovic, Helena	01	Ottawa Lions	42.19	4
11 Dubé, Élisabeth	95	UDEM	42.48	2
12 Gibson, Kiara	01	C.A.N.I. Ath	42.52	5
13 Gilmour, Audrey	03	Ottawa Lions	42.53	3
14 Collings, Kate	02	Ottawa Lions	42.77	6
15 Susinski, Stephanie	98	MCGU	42.79	2
16 Guipi Bopala, Gloriana	97	MCGU	42.83	4
17 Bratus, Ainsley	03	Kingston Ach	43.18	3
18 Procyk, Paulina	02	Ottawa Lions	43.35	5
19 Hempstead, Lucy	01	C.A.N.I. Ath	43.43	7
20 Binotto, Monica	97	Brock Badger	43.64	8
21 Dundon, Meghan	01	Kingston Tra	43.72	8
22 Scaringi, Felicia	97	Brock Badger	43.73	9
23 Manor, Katie	03	Ottawa Lions	43.80	5
24 Vallière, Cloé	97	UDEM	43.81	6
25 MacMillan, Lindsey		Carleton Ravens	43.87	8
26 Prévost-Cormier, Claudel	96	UDEM	43.89	6
27 Richmond, Dacey	01	Kingston Tra	44.09	9
28 Nearing, Ashley		Ottawa Lions	44.29	16
29 Naoum, Catherine	97	Saint-Lauren	44.72	8
30 Marevic, Jalena	03	Ottawa Lions	45.06	7
31 McInerney, Erin	02	Ottawa Lions	45.32	7
32 Parris, Ieasha		Carleton Ravens	45.49	10
33 Leask, Stephanie		GeeGees	45.52	6
34 Greco, Jenna	98	Brock Badger	45.57	10

35	Dufour, Sandy	96	Ottawa Lions	45.84	9	
36	Leger, Daphne	00	Brock Badger	46.24	11	
37	McColl, Melissa	00	Brock Badger	46.51	11	
38	Duschenes, Marie-Eve	19	Sherbrooke	46.73	14	
39	Streefkerk, Mckenzie	97	Brock Badger	46.99	10	
40	Dowling, Michaela	01	Kingston Ach	47.06	11	47.052
41	McCutcheon, Marissa	03	Ottawa Lions	47.06	10	47.056
42	Boutilier, Shanna	96	Ottawa Lions	47.40	13	
43	Point, Michaela	97	Brock Badger	47.96	13	
44	Blake, Vinnette	96	University o	48.04	14	
45	Ekeke, Chiamaka	01	National Cap	48.32	16	
46	Sebti, Amal		Vert et Or	48.68	13	
47	Lapointe, Catherine		Ottawa Lions	48.75	12	
48	Cinicolo, Melissa		GeeGees	49.26	16	
49	Harding, Hazel	73	Ottawa Lions	50.23	14	
50	Ostertag, Coralie	02	Ottawa Lions	50.36	12	
51	Kirvan, Maya	03	Ottawa Lions	50.47	14	
52	Ayre, Katheryn	03	Ottawa Lions	50.80	12	
53	Gilbert, Ella-Grace	03	Ottawa Lions	52.37	7	
54	Zahirovich, Emily	03	Indépendant	54.05	15	
55	Pilote, Valerie		Ottawa Lions	54.09	15	

Women 600 Meter Run Open

Name	Year	Team	Finals	H#
1	Bouchard-Nguyen, Jade	96 UDEM	1:31.69	1
	28.6804 (28.6804)	1:31.6878 (1:03.0074)		
2	Clarke, Madison	95 GeeGees	1:32.89	1
	27.6583 (27.6583)	1:32.8888 (1:05.2305)		
3	Dahms, Marie-Eve	95 GeeGees	1:33.20	1
	28.5814 (28.5814)	1:33.1983 (1:04.6169)		
4	Martynova, Svetlana	Ottawa Lions	1:33.65	1
	28.1172 (28.1172)	1:33.6435 (1:05.5263)		
5	Lefebvre-Castillo, Winon	93 Vert et Or	1:33.70	1
	29.2351 (29.2351)	1:33.6962 (1:04.4611)		
6	Ollier, Mary	GeeGees	1:33.84	1
	27.8393 (27.8393)	1:33.8404 (1:06.0011)		
7	Parent, Martine	90 Saint-Lauren	1:36.51	1
	29.1404 (29.1404)	1:36.5067 (1:07.3663)		
8	Dion-Test, Maika	98 UQAM	1:37.11	2
	31.4192 (31.4192)	1:37.1023 (1:05.6831)		
9	Jovic, Helena	01 Ottawa Lions	1:37.59	2
	28.4687 (28.4687)	1:37.5908 (1:09.1221)		
10	Walton, Shannon	94 National Cap	1:39.22	2
	31.0118 (31.0118)	1:39.2129 (1:08.2011)		
11	Gagnon, Mariane	00 Corsaire-Cha	1:39.76	2
	31.6466 (31.6466)	1:39.7592 (1:08.1126)		
12	Davis, Robyn	GeeGees	1:39.93	2
	31.4508 (31.4508)	1:39.9234 (1:08.4726)		
13	Frazer, Hannah	GeeGees	1:40.18	2
	30.8108 (30.8108)	1:40.1781 (1:09.3673)		
14	Beaudry, Andreanne	97 Vert et Or	1:40.38	3
	30.5972 (30.5972)	1:40.3783 (1:09.7811)		
15	Marchand, Marie-Andree	Saint-Lauren	1:40.54	2
	31.9287 (31.9287)	1:40.5371 (1:08.6084)		
16	Marenger, Florence	01 Corsaire-Cha	1:40.76	2

	32.1171 (32.1171)	1:40.7592 (1:08.6421)		
17	Prévost-Cormier, Claudel	96 UDEM	1:40.98	2
	31.6697 (31.6697)	1:40.9718 (1:09.3021)		
18	Taupier, Julie-Anne	96 UQAM	1:44.41	3
	33.5951 (33.5951)	1:44.4098 (1:10.8147)		
19	Croce, Juliette	99 MCGU	1:44.63	3
	33.3867 (33.3867)	1:44.6225 (1:11.2358)		
20	Bojic, Sandra	GeeGees	1:47.74	3
	33.6320 (33.6320)	1:47.7341 (1:14.1021)		
21	Tyman, Elana	03 Ottawa Lions	1:49.84	4
	32.3980 (32.3980)	1:49.8349 (1:17.4369)		
22	Parris, Teasha	Carleton Ravens	1:50.89	3
	32.2541 (32.2541)	1:50.8898 (1:18.6357)		
23	McMann, Caitlin	03 Ottawa Lions	1:51.19	3
	33.3751 (33.3751)	1:51.1835 (1:17.8084)		
24	Point, Michaela	97 Brock Badger	1:51.33	3
	33.3088 (33.3088)	1:51.3235 (1:18.0147)		
25	Adamo, Robyn	99 Brock Badger	1:51.51	4
	35.3391 (35.3391)	1:51.5075 (1:16.1684)		
26	Howitt, Kim	84 Ottawa Lions	1:51.84	4
	36.1833 (36.1833)	1:51.8380 (1:15.6547)		
27	Belanger-Riendeau, Josia	UQAM	1:56.24	4
	35.9549 (35.9549)	1:56.2317 (1:20.2768)		
28	Thompson, Amy	03 Ottawa Lions	1:59.20	4
	34.7307 (34.7307)	1:59.1970 (1:24.4663)		

Women 1000 Meter Run Open

Name	Year Team	Finals	H#
1 Gardner, Charlotte	94 Ottawa Lions	2:49.72	1
31.4788 (31.4788)	1:39.3725 (1:07.8937)	2:49.7188	
(1:10.3463)			
2 Trapeau, Maeliss	GeeGees	2:50.20	1
31.0493 (31.0493)	1:39.0935 (1:08.0442)	2:50.2009	
(1:11.1074)			
3 Aglot, Murielle	96 MCGU	2:50.91	1
31.4030 (31.4030)	1:39.8072 (1:08.4042)	2:50.9104	
(1:11.1032)			
4 Hirsch, Elizabeth	97 MCGU	2:55.36	1
33.7051 (33.7051)	1:43.7198 (1:10.0147)	2:55.3535	
(1:11.6337)			
5 Butler, Morgane	97 MCGU	2:57.66	1
33.3041 (33.3041)	1:44.0525 (1:10.7484)	2:57.6556	
(1:13.6031)			
6 Shepherd, Keili	GeeGees	3:03.16	1
32.0872 (32.0872)	1:44.2335 (1:12.1463)	3:03.1535	
(1:18.9200)			
7 Vanderweyen, Laura	99 MCGU	3:03.34	1
34.2767 (34.2767)	1:48.3083 (1:14.0316)	3:03.3398	
(1:15.0315)			
8 St-Gelais, Sabrina	91 Saint-Lauren	3:04.19	2
37.2893 (37.2893)	1:50.6198 (1:13.3305)	3:04.1882	
(1:13.5684)			
9 Whitmarsh, Denbeigh	99 MCGU	3:05.33	1
34.6325 (34.6325)	1:48.7220 (1:14.0895)	3:05.3220	
(1:16.6000)			

10 Taylor, Lauren	00 Brock Badger	3:13.34	2
37.0082 (37.0082)	1:53.7587 (1:16.7505)	3:13.3366	
(1:19.5779)			
11 Audet, Mia	ETS	3:13.69	2
37.1429 (37.1429)	1:54.2798 (1:17.1369)	3:13.6851	
(1:19.4053)			
12 Maguire, Liz	66 Ottawa Lions	3:14.05	2
37.4577 (37.4577)	1:54.4461 (1:16.9884)	3:14.0451	
(1:19.5990)			
13 Lea, Abigail	GeeGees	3:14.11	2
35.8451 (35.8451)	1:51.3735 (1:15.5284)		
14 Nolet, Chloe	99 Brock Badger	3:15.06	2
36.8114 (36.8114)	1:54.0461 (1:17.2347)	3:15.0524	
(1:21.0063)			
15 Point, Alyssa	97 Brock Badger	3:22.02	2
37.7566 (37.7566)	1:56.6219 (1:18.8653)	3:15.0545	
(1:18.4326)			
3:22.0156 (6.9611)			

Women 1500 Meter Run Open

Name	Year Team	Finals	H#
1 Clarke, Madison	95 GeeGees	4:38.12	1
56.4792 (56.4792)	2:12.0277 (1:15.5485)	3:27.9466	
(1:15.9189)			
4:38.1203 (1:10.1737)			
2 Brennan, Rebecca	96 GeeGees	4:40.99	1
56.3887 (56.3887)	2:12.2782 (1:15.8895)	3:27.3087	
(1:15.0305)			
4:40.9834 (1:13.6747)			
3 Fleurent-Gregoire, Chloe	96 MCGU	4:42.29	1
56.6319 (56.6319)	2:12.2382 (1:15.6063)	3:27.0077	
(1:14.7695)			
4:42.2877 (1:15.2800)			
4 Riopel, Camille	97 MCGU	4:43.67	1
56.6677 (56.6677)	2:13.7919 (1:17.1242)	3:30.9645	
(1:17.1726)			
4:43.6687 (1:12.7042)			
5 Carlton, Laura	99 MCGU	4:44.80	1
57.1445 (57.1445)	2:14.0013 (1:16.8568)	3:30.3834	
(1:16.3821)			
4:44.7929 (1:14.4095)			
6 Hicks, Holly	GeeGees	4:45.05	1
56.9161 (56.9161)	2:13.7119 (1:16.7958)	3:30.1245	
(1:16.4126)			
4:45.0466 (1:14.9221)			
7 Marks, Celine	96 MCGU	4:47.48	1
56.7592 (56.7592)	2:12.4845 (1:15.7253)	3:27.5729	
(1:15.0884)			
4:47.4729 (1:19.9000)			
8 Chambers, Meredith	99 MCGU	4:54.80	1
58.4487 (58.4487)	2:19.0571 (1:20.6084)	3:38.5708	
(1:19.5137)			
4:54.7961 (1:16.2253)			
9 Hansen-Jaumard, Delphine	95 MCGU	4:56.91	1

58.8919 (58.8919)	2:19.7634 (1:20.8715)	3:39.4856
(1:19.7222)		
4:56.9013 (1:17.4157)		
10 Macaskill, Olivia	01 Ottawa Lions	4:57.82 1
57.4477 (57.4477)	2:15.7024 (1:18.2547)	3:38.9361
(1:23.2337)		
4:57.8182 (1:18.8821)		
11 Bialowas, Ivy	03 Track East	5:03.26 2
58.9681 (58.9681)	2:21.9555 (1:22.9874)	3:44.9587
(1:23.0032)		
5:03.2576 (1:18.2989)		
12 Sheridan, Katherine	00 Track East	5:05.05 2
58.9618 (58.9618)	2:21.8671 (1:22.9053)	3:44.9292
(1:23.0621)		
5:05.0471 (1:20.1179)		
13 Boyer-Antoni, Gabrielle	Stingers	5:11.41 2
59.2681 (59.2681)	2:20.8787 (1:21.6106)	3:46.8323
(1:25.9536)		
5:11.4029 (1:24.5706)		
14 Daigle, Sarina	Stingers	5:12.86 2
59.1429 (59.1429)	2:22.0208 (1:22.8779)	3:49.6881
(1:27.6673)		
5:12.8597 (1:23.1716)		
15 Dumoulin, Jenn	GeeGees	5:20.11 2
58.7208 (58.7208)	2:21.8018 (1:23.0810)	3:52.6934
(1:30.8916)		
5:20.1029 (1:27.4095)		
16 Lea, Abigail	GeeGees	5:20.54 2
58.6934 (58.6934)	2:22.9123 (1:24.2189)	3:55.4713
(1:32.5590)		
5:20.5355 (1:25.0642)		
17 Desrochers Laflamme, Cam	96 UQAM	5:20.95 2
59.8471 (59.8471)	2:26.4450 (1:26.5979)	3:56.5218
(1:30.0768)		
5:20.9450 (1:24.4232)		
18 Tyman, Elana	03 Ottawa Lions	5:24.57 2
57.7966 (57.7966)	2:25.3923 (1:27.5957)	3:57.7187
(1:32.3264)		
5:24.5692 (1:26.8505)		
19 Thompson, Amy	03 Ottawa Lions	5:47.96 2
59.6839 (59.6839)	2:28.9650 (1:29.2811)	4:08.1776
(1:39.2126)		
5:47.9597 (1:39.7821)		
20 Howitt, Kim	84 Ottawa Lions	5:57.88 2
1:05.7260 (1:05.7260)	2:44.1618 (1:38.4358)	4:26.8081
(1:42.6463)		
5:57.8734 (1:31.0653)		

Women 3000 Meter Run Open

Name	Year Team	Finals
1 Barwick, Alison	93 MGOC	10:06.72
38.8348 (38.8348)	1:56.7853 (1:17.9505)	3:15.5053
(1:18.7200)		
4:35.1906 (1:19.6853)	5:56.7906 (1:21.6000)	7:19.1274
(1:22.3368)		

8:43.7821 (1:24.6547)	10:06.7148 (1:22.9327)	
2 Pilote Fortin, Hélène	93 LAVAL	10:46.68
42.3685 (42.3685)	2:07.2200 (1:24.8515)	3:33.4337
(1:26.2137)		
4:59.5148 (1:26.0811)	6:26.7011 (1:27.1863)	7:53.8337
(1:27.1326)		
9:21.3716 (1:27.5379)	10:46.6800 (1:25.3084)	
3 Meek, Catherine	95 UQAM	10:57.48
43.6190 (43.6190)	2:14.0358 (1:30.4168)	3:43.3064
(1:29.2706)		
5:11.9611 (1:28.6547)	6:41.9590 (1:29.9979)	8:11.1221
(1:29.1631)		
9:36.6800 (1:25.5579)	10:57.4748 (1:20.7948)	
4 Jackson, Brittany	Stingers	11:10.19
42.8811 (42.8811)	2:13.6516 (1:30.7705)	3:44.3853
(1:30.7337)		
5:13.8116 (1:29.4263)	6:42.9885 (1:29.1769)	8:12.9548
(1:29.9663)		
9:42.7400 (1:29.7852)	11:10.1906 (1:27.4506)	
5 Hummel, Amanda	Ottawa Lions	11:38.93
43.9127 (43.9127)	2:14.7232 (1:30.8105)	3:46.4295
(1:31.7063)		
5:22.0495 (1:35.6200)	6:57.5853 (1:35.5358)	8:32.9569
(1:35.3716)		
10:11.3274 (1:38.3705)	11:38.9295 (1:27.6021)	
6 Dumoulin, Jenn	GeeGees	11:41.43
43.1285 (43.1285)	2:13.2421 (1:30.1136)	3:44.5464
(1:31.3043)		
5:18.4169 (1:33.8705)	6:55.4832 (1:37.0663)	8:33.7127
(1:38.2295)		
10:12.5600 (1:38.8473)	11:41.4285 (1:28.8685)	
7 Roja, Daniela	00 Kingston Ach	12:30.76
43.3148 (43.3148)	2:15.2969 (1:31.9821)	3:53.3748
(1:38.0779)		
5:33.9253 (1:40.5505)	7:17.7400 (1:43.8147)	9:02.6432
(1:44.9032)		
10:49.2243 (1:46.5811)	12:30.7558 (1:41.5315)	

Women 60 Meter Hurdles Open

Top 12 Advance by Time

Name	Year Team	Prelims	H#
Preliminaries			
1 Jacques, Farah	Ottawa Lions	8.55q	1
2 Leveille, Maude	95 Vert et Or	8.80q	1
3 Phan, Adriana	01 Rive-Sud	9.10q	1
4 Lucien, Nafthalia	96 Ottawa Lions	9.39q	1
5 Whitestone, Madeleine	98 MCGU	9.61q	2
6 Lapolice, Stephanie	GeeGees	9.64q	2
7 Cardella-Rinfret, Genevi	92 UDEM	9.72q	3
8 Lu Langley, Vanessa	02 Ottawa Lions	10.00q	2 9.991
9 Collings, Kate	02 Ottawa Lions	10.00q	3 9.995
10 Istead, Nicole	Carleton Ravens	10.74q	3
11 Labarang, Charifa	95 Ottawa Lions	15.32q	1

Women 60 Meter Hurdles Open

Name	Year	Team	Finals	H#
Finals				
1 Jacques, Farah		Ottawa Lions	8.66	1
2 Leveille, Maude	95	Vert et Or	8.70	1
3 Lucien, Nafthalia	96	Ottawa Lions	9.56	1
4 Lapolice, Stephanie		GeeGees	9.64	1
5 Whitestone, Madeleine	98	MCGU	9.70	1
6 Cardella-Rinfret, Genevi	92	UDEM	9.77	2
7 Collings, Kate	02	Ottawa Lions	9.90	2
8 Istead, Nicole		Carleton Ravens	10.83	2
9 Phan, Adriana	01	Rive-Sud	11.49	1

Women 4x200 Meter Relay Open

Team	Finals	H#
1 Vert et Or Sherbrooke University 'A'	1:42.43	2
1) Tagnit-Hamou, Sonia 96		
2) Leveille, Maude 95		
3) Lefebvre-Castillo, Winona 93		
4) Leclerc, Claudie 96		
2 Uottawa GeeGees 'A'	1:43.42	1
3 Universite Laval 'A'	1:43.97	1
4 C.A.N.I. Athletics 'A'	1:44.90	2
5 McGill 'A'	1:47.88	2
1) Savoury, Jordan 98		
2) Susinski, Stephanie 98		
3) Guipi Bopala, Gloriana 97		
4) Woods, Lauren (Abby) 98		
6 Ottawa Lions Youth 'A'	1:51.03	1
7 Uottawa GeeGees 'B'	1:53.87	3
8 Kingston Track & Field Club 'A'	1:55.37	3
1) Richmond, Dacey 01		
2) Dundon, Meghan 01		
3) Godbille-Cardona, Marisol 04		
4) Gillan, Sarah 04		
9 Brock Badgers 'A'	1:55.50	3
10 Ottawa Lions Track and Field 'A'	1:59.48	2

Women 4x400 Meter Relay Open

Team	Finals
1 Ottawa Lions Track and Field 'A'	4:09.33
1:01.2369 (1:01.2369)	
2:03.0496 (1:01.8127)	
3:04.9559	
(1:01.9063)	
4:09.3254 (1:04.3695)	
2 Brock Badgers 'A'	4:12.81
1:02.2064 (1:02.2064)	
2:07.0780 (1:04.8716)	
3:10.1412	
(1:03.0632)	
4:12.8106 (1:02.6694)	
3 Université Québec à Montréal 'A'	4:23.24
1) Belanger-Riendeau, Josiane	
2) Desrochers Laflamme, Camille 96	
3) Dion-Test, Maika 98	
4) Meek, Catherine 95	
1:05.7212 (1:05.7212)	
2:11.5769 (1:05.8557)	
3:16.9380	
(1:05.3611)	
4:23.2391 (1:06.3011)	
4 Uottawa GeeGees 'A'	4:26.48
1:05.1275 (1:05.1275)	
2:11.2527 (1:06.1252)	
3:20.6875	
(1:09.4348)	
4:26.4791 (1:05.7916)	

5 Kingston Achilles 'A' 4:35.24
 1:06.6254 (1:06.6254) 2:13.0233 (1:06.3979) 3:17.0022
 (1:03.9789)
 4:35.2327 (1:18.2305)
 -- McGill 'A' X4:13.47
 1) Aglot, Murielle 96 2) Butler, Morgane 97
 3) Riopel, Camille 97 4) Whitestone, Madeleine 98
 1:04.1896 (1:04.1896) 2:08.3612 (1:04.1716) 3:12.9391
 (1:04.5779)
 4:13.4622 (1:00.5231)

Women High Jump Open

Name	Year Team	Finals
1 Bitchoka, Barbara	96 C.A.N.I. Ath	1.73m
2 Harttrup, Lindsay	98 MCGU	1.58m
3 Rimouche, Sabrina	97 UDEM	1.53m

Women Pole Vault Open

Name	Year Team	Finals
1 Nafaa, Claudine	95 Ottawa Lions	3.16m
2 Wojtyk, Amelia	03 Ottawa Lions	3.01m
3 Stockall, Jaston	Carleton Ravens	2.71m
4 Charron, Lyell (Grace)	99 MCGU	2.56m
4 Maine, Chloe	03 Ottawa Lions	2.56m
6 Zufferey, Edwige	97 LAVAL	2.36m
-- Poirier, Caroline	GeeGees	NH

Women Long Jump Open

Name	Year Team	Finals
1 Couturier, Rosalie	01 C.A. Laval	5.77m
2 Léo, Harmine Christina	92 UDEM	5.28m
3 Zufferey, Edwige	97 LAVAL	5.18m
4 Wann, Kadiatou	01 C.A.N.I. Ath	5.17m
5 Tejiofo, Fiola	02 C.A. Laval	5.16m
6 Dundon, Meghan	01 Kingston Tra	5.13m
7 Hountondji, Isaline	98 LAVAL	5.02m
8 Cardella-Rinfret, Genevi	92 UDEM	5.00m
9 Fortin, Sandrine	95 LAVAL	4.95m
10 Hemstock, Lindsay	96 Carleton Ravens	4.83m
11 Haridas, Rinila	GeeGees	4.78m
12 Istead, Nicole	Carleton Ravens	4.76m
13 Cvitan, Megan	98 MCGU	4.67m
14 Collings, Kate	02 Ottawa Lions	4.63m
15 Chaillet, Ambre	98 MCGU	4.61m
16 Top, Laurie	98 LAVAL	4.51m
17 Carrier, Rose-Emilie	95 LAVAL	4.50m
18 Chan, Madeleine	MCGU	4.16m
19 Capelli, Fiona	03 Ottawa Lions	3.49m
-- Damance, Lou	98 UDEM	FOUL

Women Triple Jump Open

Name	Year	Team	Finals
1 Woods, Lauren (Abby)	98	MCGU	11.17m
2 Richard, Julia	01	Saint-Lauren	11.14m
3 Tejiofo, Fiola	02	C.A. Laval	10.98m
4 Karlsson, Nastasha	00	MCGU	10.90m
5 Bah, Amie	03	Ottawa Lions	10.81m
6 Hemstock, Lindsay	96	Carleton Ravens	10.71m
7 Haridas, Rinila		GeeGees	10.65m
8 Ali, Sana	98	Saint-Lauren	10.54m
9 Couturier, Rosalie	01	C.A. Laval	10.27m
10 Sam Chee, Sharini	03	Ottawa Lions	9.56m
11 Boutin, Mireille	97	LAVAL	9.50m

Women Shot Put Open

Name	Year	Team	Finals
1 Hertner, Christina		GeeGees	12.29m
2 Dumont, Pascale	93	Vert et Or	11.71m
3 Kremer, Nadine	94	LAVAL	10.89m
4 Mather, Rebecca		GeeGees	10.36m
5 Abraha, Lydia	00	Brock Badger	10.10m
6 Effenberger, Kaitlyn	02	Ottawa Lions	9.75m
7 Cefaloni, Angela	96	MCGU	9.52m
8 Agyekum, Maya	98	UDEM	9.19m
9 Vallière, Cloé	97	UDEM	7.89m

Women Weight Throw Open

Name	Year	Team	Finals
1 Dubois, Ariane	95	Vert et Or	18.21m
2 Jeffrey, Noemie	97	LAVAL	16.11m
3 Hertner, Christina		GeeGees	13.93m
4 Matte, Marie-Eve	92	Vert et Or	13.34m
5 Fortin, Carol-Ann	96	Vert et Or	12.95m
6 Kremer, Nadine	94	LAVAL	11.41m
7 Agyekum, Maya	98	UDEM	11.17m
8 Cefaloni, Angela	96	MCGU	11.08m
9 Gans, Belanna	98	MCGU	10.11m
10 Mather, Rebecca		GeeGees	9.52m

Boys 60 Meter Dash Under 16

Name	Year	Team	Finals
1 Robinson, Sam	03	Ottawa Lions	7.79
2 Robinson, Aaron	04	Ottawa Lions	7.99
3 Meredith, Yannick	04	Ottawa Lions	8.06
4 McNeil, Nathaniel	05	Ottawa Lions	8.44

Boys 150 Meter Run Under 16

Name	Year	Team	Finals	H#
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1 Meredith, Yannick	04 Ottawa Lions	18.87	2
2 Robinson, Aaron	04 Ottawa Lions	19.32	1
3 Bouaziz, Darren	04 Ottawa Lions	19.56	1
4 Holland, Cormick	04 Ottawa Lions	20.06	1
5 McNeil, Nathaniel	05 Ottawa Lions	20.07	1

Boys 800 Meter Run Under 16

Name	Year Team	Finals
1 Sendybyl, Ethan	04 National Cap	2:10.87
1:04.0163 (1:04.0163)	2:10.8615 (1:06.8452)	
2 Van Der Laan??, Joshua	04 Ottawa Lions	2:12.56
1:02.8036 (1:02.8036)	2:12.5605 (1:09.7569)	
3 Link, Jack	04 North Dundas	2:17.11
1:04.7499 (1:04.7499)	2:17.1036 (1:12.3537)	
4 Bouaziz, Darren	04 Ottawa Lions	2:21.78
1:06.2994 (1:06.2994)	2:21.7710 (1:15.4716)	
5 Welburn, Toby	04 Ottawa Lions	2:23.83
1:09.2994 (1:09.2994)	2:23.8268 (1:14.5274)	
6 Ladurantaye, Logan	05 Ottawa Lions	2:27.13
1:09.1605 (1:09.1605)	2:27.1215 (1:17.9610)	
7 Fowler, Duncan	05 Ottawa Lions	2:34.51
1:13.1689 (1:13.1689)	2:34.5099 (1:21.3410)	
8 Devoe, Matthew	06 Ottawa Lions	2:50.17
1:17.7742 (1:17.7742)	2:50.1689 (1:32.3947)	

Boys 2000 Meter Run Under 16

Name	Year Team	Finals
1 Olmstead, Lucas	03 Kingston Ach	6:42.31
1:15.9707 (1:15.9707)	2:38.2696 (1:22.2989)	4:01.2254
(1:22.9558)	5:23.9507 (1:22.7253)	6:42.3023 (1:18.3516)
2 Fowler, Duncan	05 Ottawa Lions	7:41.50
1:27.8338 (1:27.8338)	3:05.8791 (1:38.0453)	4:42.3065
(1:36.4274)	6:15.9444 (1:33.6379)	7:41.4949 (1:25.5505)
3 Van Der Laan??, Joshua	04 Ottawa Lions	7:53.80
1:26.4696 (1:26.4696)	3:05.0117 (1:38.5421)	4:42.9686
(1:37.9569)	6:25.8844 (1:42.9158)	7:53.7991 (1:27.9147)
4 Ladurantaye, Logan	05 Ottawa Lions	8:09.30
1:28.1065 (1:28.1065)	3:06.2338 (1:38.1273)	4:44.5391
(1:38.3053)	6:31.7412 (1:47.2021)	8:09.2980 (1:37.5568)
5 Devoe, Matthew	06 Ottawa Lions	8:10.97
1:30.1633 (1:30.1633)	3:07.9980 (1:37.8347)	4:51.2802
(1:43.2822)	6:38.1370 (1:46.8568)	8:10.9654 (1:32.8284)

Boys 60 Meter Hurdles Under 16

Name	Year Team	Finals	H#
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1 Newman, Keito	03 Ottawa Lions	9.22	2	Height:
91cm				
2 Carty, Xavier	Ottawa Lions	9.32	2	Height:
91cm				
3 Tran, Donovan	03 Ottawa Lions	10.42	2	Height:
91cm				
4 Nonez, Fabrice	02 Ottawa Lions	10.68	2	Height:
91cm				
5 Meredith, Yannick	04 Ottawa Lions	11.10	1	Height:
84cm				
6 Holland, Cormick	04 Ottawa Lions	11.30	1	Height:
84cm				
7 McNeil, Nathaniel	05 Ottawa Lions	11.97	1	Height:
84cm				

Men 60 Meter Dash Open

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Top 12 Advance by Time

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Name Year Team Prelims H#

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Preliminaries

1 Robinson, Lucanus	96 Saint-Lauren	6.91q	1	
2 Muteba, Lionel	90 Perfmax-Raci	7.00q	1	
3 Marmen-Harvey, Jean-Samu	94 LAVAL	7.02q	1	
4 N'Doye, El-Hadj François	89 LAVAL	7.04q	1	
5 Pilipili, Hento	95 LAVAL	7.09q	2	
6 Ben-Smith, Bertwin	Ottawa Lions	7.11q	2	7.105
7 Kollie, Dorbor	98 C.A.N.I. Ath	7.11q	2	7.106
8 Adjibi, Eliezer	00 C.A.N.I. Ath	7.13q	1	
9 Gaudette, Michael	Vert et Or	7.14q	4	7.132
9 Laferrière Mailfait, Ant	97 Montreal Tra	7.14q	1	7.132
11 Smikle, Tyrell	99 Brock Badger	7.18q	2	
12 Ahouansou, Yannis Oluwa	95 LAVAL	7.21q	3	
13 Songmene, Harold	01 C.A.N.I. Ath	7.23	3	7.225
14 Dumay, Pearce	96 MCGU	7.23	4	7.230
15 Dumoulin, Chrisghany Fab	98 UDEM	7.26	4	7.254
16 Dorantes-Ferreira, Diego	98 MCGU	7.26	3	7.257
17 Diallo, El Hadji	95 LAVAL	7.30	4	7.294
18 Nwokobia, Emmanuel	96 Unattached	7.30	6	7.295
19 Iradukunda, Eric	Ottawa Lions	7.31	5	
20 Tremblay, Yanis	01 C.A. Laval	7.32	4	7.318
21 Thomason, Dylan	01 Kingston Tra	7.32	7	7.319
22 Orogun, Eloho	94 Brock Badger	7.33	3	
23 Ajayi, Femi	Ottawa Lions	7.35	8	
24 Livingston, Adrian	GeeGees	7.36	5	
25 Toriola-Coker, Ramadhan	96 Saint-Lauren	7.37	5	7.366
26 Sassi, Philip	96 Saint-Lauren	7.37	4	7.368
27 Felix, Gio	96 GeeGees	7.38	5	
28 Douma, Tye	00 Brock Badger	7.39	7	
29 Bryant, Zach	02 Ottawa Lions	7.40	5	7.397
30 Hernandez, Charley	00 Montreal Tra	7.40	2	7.398
31 Brier, Thibault	GeeGees	7.42	8	
32 Olusoji, Jimi	00 Brock Badger	7.43	7	
33 Moeller, Mason	Vert et Or	7.44	6	7.434
34 Jiang, David	93 UDEM	7.44	6	7.437
35 McHale, Shea	01 Ottawa Lions	7.46	7	
36 Frankowski, Sam	03 Ottawa Lions	7.47	9	

37	Bagate, Amara	03	C.A.N.I. Ath	7.49	8	7.483
38	Mingot, Jöan Falex	99	UDEM	7.49	6	7.487
39	Fortier, Jesse	95	GeeGees	7.49	8	7.490
40	Hibbert, Rodane	98	University o	7.52	6	
41	Evuloeocha, Uzoeshina (U	00	MCGU	7.53	5	
42	Lamoureux, Damien	93	Gatineau	7.55	6	
43	Tran, Donovan	03	Ottawa Lions	7.57	9	
44	Louis, Andy	95	UDEM	7.58	8	7.575
45	Ndinsil, Bedi	98	C.A.N.I. Ath	7.58	9	7.577
46	Klenten, Manuel		Vert et Or	7.58	8	7.580
47	Van Biljon, John Claude	95	Ottawa Lions	7.61	10	
48	MacLean, Nick		GeeGees	7.66	10	
49	Davilma, Derick	01	Ottawa Lions	7.73	10	
50	Fortier, Jeremy	02	Ottawa Lions	7.77	11	
51	Scatliffe, Joseph	72	Ottawa Lions	7.82	11	
52	Lokesh, Naren	03	C.A.N.I. Ath	7.85	11	
53	Azali, Mohamed		Ottawa Lions	7.86	10	7.851
54	Piva, Matthew	99	Brock Badger	7.86	9	7.854
55	Abdel Aziz, Hazem	97	MCGU	7.87	7	
56	Odoom, John	98	Brock Badger	7.89	12	
57	Robinson, Sam	03	Ottawa Lions	7.90	9	
58	Neamtz, Carter		Carleton Ravens	7.93	12	
59	Bhavsar, Miken	99	Brock Badger	7.96	11	
60	Snelson, Tyler		Ottawa Lions	7.99	13	
61	Vigneault Landry, Kevin	81	Sherbrooke	8.15	12	
62	Given, John	02	Ottawa Lions	8.19	9	8.184
63	Cunningham, Neil	78	Ottawa Lions	8.19	11	8.189
64	Brougham, Derek		Ottawa Lions	8.25	10	
65	Milliere, Matt	96	Brock Badger	8.28	12	
66	Carty, Xavier		Ottawa Lions	8.41	7	
67	Ahmed, Osman	97	Algonquin Co	8.43	13	
68	Macdon, Edrick	99	Brock Badger	8.50	11	
69	Jotanovic, Dragomir	71	Indépendant	8.67	13	

Men 60 Meter Dash Open

Name	Year	Team	Finals	H#
Finals				
1	Robinson, Lucanus	96	Saint-Lauren	6.81 1
2	Muteba, Lionel	90	Perfmax-Raci	6.93 1
3	Adjibi, Eliezer	00	C.A.N.I. Ath	7.01 2
4	Marmen-Harvey, Jean-Samu	94	LAVAL	7.02 1
5	Pilipili, Hento	95	LAVAL	7.04 1
6	Ben-Smith, Bertwin		Ottawa Lions	7.09 1 7.086
7	Kollie, Dorbor	98	C.A.N.I. Ath	7.09 2 7.088
8	Laferrière Mailfait, Ant	97	Montreal Tra	7.12 2 7.112
9	Gaudette, Michael		Vert et Or	7.12 2 7.114
10	Ahouansou, Yannis Oluwa	95	LAVAL	7.15 2
11	Smikle, Tyrell	99	Brock Badger	7.19 2

Men 300 Meter Dash Open

Name	Year	Team	Finals	H#
1	Thompson, Graeme	95	Guelph Gryph	33.57 2
2	Khelifa, Azer	97	UDEM	34.15 1

3	McClelland, Ryan	96	MCGU	34.32	1	
4	Edward, Davis	97	Guelph Gryph	34.75	2	
5	Harawa, Emmanuel	97	Brock Badger	34.77	2	
6	Hamilton, Josh	00	Guelph Gryph	34.87	2	
7	Al-Haddad, Saj		Ottawa Lions	35.02	1	
8	Ben-Smith, Bertwin		Ottawa Lions	35.12	3	
9	Ippet, Nicolas	96	UDEM	35.18	4	35.174
10	Wykes, Cade	97	Toronto Vars	35.18	3	35.178
11	Ferth, Shane	81	Unattached O	35.58	4	
12	Tremblay, Yanis	01	C.A. Laval	35.61	6	
13	Lebel, Henri	00	C.A. Laval	35.62	5	
14	Bravakis, Emmett	00	Kingston Ach	35.72	4	
15	Pope, Alex	01	C.A.N.I. Ath	35.73	7	
16	Martineau, Brandyn	92	Ottawa Lions	35.90	9	
17	Sassi, Philip	96	Saint-Lauren	35.97	8	
18	Takam, Xavier		GeeGees	36.06	6	
19	Songmene, Harold	01	C.A.N.I. Ath	36.07	4	
20	Douma, Tye	00	Brock Badger	36.15	8	
21	Hibbert, Rodane	98	University o	36.36	17	
22	Chouinard-Laliberté, Sim	95	UDEM	36.49	6	
23	Ross, Conor		GeeGees	36.57	12	36.563
24	Iradukunda, Eric		Ottawa Lions	36.57	9	36.566
25	Gazémar, Sébastien	97	LAVAL	36.59	7	
26	Brier, Thibault		GeeGees	36.75	13	36.741
27	Thomason, Dylan	01	Kingston Tra	36.75	13	36.747
28	McHale, Shea	01	Ottawa Lions	36.84	8	
29	Newman, Keito	03	Ottawa Lions	36.85	11	
30	Hebert, Matt	00	Ottawa Lions	36.93	8	
31	Frankowski, Sam	03	Ottawa Lions	36.97	11	
32	Liburd, Cornelius		Carleton Ravens	37.02	9	
33	Bisnauth, Paul	95	Brock Badger	37.06	10	
34	Vukovic, Luka		GeeGees	37.07	12	37.064
35	Danouj, Oussama	96	UDEM	37.07	11	37.070
36	Lyness, Quinn		GeeGees	37.08	9	
37	Bassole, Yves	99	C.A.N.I. Ath	37.27	14	
38	Livingston, Adrian		GeeGees	37.28	10	
39	Bellemare, Félix	99	Saint-Lauren	37.44	13	
40	Johnson, Tyrece		GeeGees	37.51	3	
41	Palamar, Eric		Ottawa Lions	37.74	10	
42	Ndinsil, Bedi	98	C.A.N.I. Ath	37.91	7	37.907
43	Gaudreau, Issac	00	C.A.N.I. Ath	37.91	12	37.910
44	Ajayi, Femi		Ottawa Lions	37.92	16	
45	Dunning, Alex Thunder	98	C.A.N.I. Ath	37.94	15	
46	Choquette, Raphael		GeeGees	38.15	14	
47	Piva, Matthew	99	Brock Badger	38.29	15	
48	Leger, Zach	01	Ottawa Lions	38.51	12	
49	Fortier, Jeremy	02	Ottawa Lions	38.74	18	
50	Lamoureux, Damien	93	Gatineau	38.76	19	
51	Demars, Carter	02	Ottawa Lions	38.81	19	
52	Thompson, Jacob	00	C.A.N.I. Ath	38.87	17	
53	Robinson, Sam	03	Ottawa Lions	38.90	19	
54	Nonez, Fabrice	02	Ottawa Lions	38.93	16	
55	Fogh, Marcus	99	Brock Badger	38.94	15	
56	Williams, Lawrence	70	Ottawa Lions	38.98	14	
57	Grondin-Bernier, Samuel		UQAM	39.15	17	
58	Bagate, Amara	03	C.A.N.I. Ath	39.28	20	
59	Odoom, John	98	Brock Badger	39.62	18	

60 Ollivier, Leon	99 Saint-Lauren	39.67	16
61 Faucher, Serge	64 Ottawa Lions	40.02	17
62 Carty, Xavier	Ottawa Lions	40.03	11
63 Lokesh, Naren	03 C.A.N.I. Ath	40.29	20
64 Azali, Mohamed	Ottawa Lions	40.31	15
65 Phan, Mederick	95 UQAM	40.75	18
66 Cunningham, Neil	78 Ottawa Lions	40.89	20
67 Sanvi, Yanis	99 UDEM	41.52	10
68 Given, John	02 Ottawa Lions	42.00	14
69 Zahirovich, Mooshie	64 Indépendant	44.58	21
70 Jotanovic, Dragomir	71 Indépendant	45.91	21

Men 600 Meter Run Open

Name	Year Team	Finals	H#
1 Khelaf, Mohand	98 Saint-Lauren	1:17.32	1
25.3879 (25.3879)	1:17.3174 (51.9295)		
2 Berkshire, Jack	98 Toronto Vars	1:18.17	1
25.4574 (25.4574)	1:18.1700 (52.7126)		
3 Evans, Stephen	96 GeeGees	1:18.26	1
25.3647 (25.3647)	1:18.2542 (52.8895)		
4 Aber, Yassine	96 Vert et Or	1:19.11	1
25.2121 (25.2121)	1:19.1026 (53.8905)		
5 Crosby, Jack	00 MCGU	1:19.15	1
6 Payette, William	98 UDEM	1:19.66	1
25.8658 (25.8658)	1:19.6574 (53.7916)		
7 Heffernan, Andrew	GeeGees	1:20.61	1
25.6153 (25.6153)	1:20.6047 (54.9894)		
8 Ross, Jasper	00 MCGU	1:22.44	2
9 Lyness, Quinn	GeeGees	1:23.57	2
26.0674 (26.0674)	1:23.5695 (57.5021)		
10 Meredith, Zach	02 Ottawa Lions	1:23.85	2
26.5432 (26.5432)	1:23.8432 (57.3000)		
11 Martin, Christophe	93 UDEM	1:23.89	2
26.1790 (26.1790)	1:23.8853 (57.7063)		
12 Taylor, Max	00 Kingston Ach	1:24.10	3
13 Huot, Alexandre	00 Dynamique de	1:24.84	2
26.7095 (26.7095)	1:24.8400 (58.1305)		
14 Morin, Antoine	91 UDEM	1:24.91	2
26.9905 (26.9905)	1:24.9053 (57.9148)		
15 Moricz, Vincent	97 Ottawa Lions	1:25.68	2
26.9800 (26.9800)	1:25.6737 (58.6937)		
16 Greenidge, Jameel	91 Gatineau	1:25.79	2
25.6379 (25.6379)	1:25.7863 (1:00.1484)		
17 Rousteau, Victor	UQAM	1:25.82	3
18 Harakh, Wesley	00 Brock Badger	1:25.83	3
19 Santucci, Nick	01 Kingston Ach	1:26.06	3
20 Veilleux, Antoine	Vert et Or	1:26.21	3
21 Lemery, Liam	03 Ottawa Lions	1:27.50	3
22 Tareke, Yared	02 Ottawa Lions	1:27.95	4
23 Ling, Jarryd	98 Brock Badger	1:28.17	3
24 Leger, Zach	01 Ottawa Lions	1:28.60	3
25 Demars, Carter	02 Ottawa Lions	1:29.38	4
26 Cote, Sebastien	00 C.A.N.I. Ath	1:31.42	3
27 Brohman, Charlie	98 C.A.N.I. Ath	1:31.54	3
28 Vaculik, Alex	GeeGees	1:31.72	2

1:31.7158 (1:31.7158)				
29 Porter, Cameron	03 Ottawa Lions	1:32.11	4	
30 Ollivier, Leon	99 Saint-Lauren	1:32.24	4	
31 Georges, Max-Delroy	02 C.A.N.I. Ath	1:33.52	4	
32 Jansen, Nathan	02 Kingston Ach	1:36.13	4	
33 Sanchez, Joe	01 C.A.N.I. Ath	1:37.27	4	
34 Bertrand, Nicolas	00 Dynamique de	1:38.35	2	
28.7316 (28.7316)	1:38.3505 (1:09.6189)			
35 Rondeau-Dumas, Gabriel	UQAM	1:40.58	4	
36 Robertson, Cameron	03 Ottawa Lions	1:43.25	4	
37 Zahirovich, Mooshie	64 Indépendant	1:46.63	4	
-- Saville, Sebastian	94 Ottawa Lions	DNF	1	
24.9911 (24.9911)				

Men 1000 Meter Run Open

Name	Year Team	Finals	H#
1 Mol, Jeremy	97 Brock Badger	2:36.10	1
30.3238 (30.3238)	1:32.6469 (1:02.3231)	2:36.0985	
(1:03.4516)			
2 Marshall-Burghardt, Gift	98 MCGU	2:36.16	1
31.4554 (31.4554)	1:34.0890 (1:02.6336)	2:36.1522	
(1:02.0632)			
3 Mitchell, Robert	GeeGees	2:36.50	1
30.9259 (30.9259)	1:33.0501 (1:02.1242)	2:36.4985	
(1:03.4484)			
4 Fogh, Marcus	99 Brock Badger	2:36.89	1
30.6890 (30.6890)	1:33.6101 (1:02.9211)	2:36.8869	
(1:03.2768)			
5 Jean, Nathan	00 Laurier Gold	2:36.91	1
31.2448 (31.2448)	1:33.8522 (1:02.6074)	2:36.9038	
(1:03.0516)			
6 Schutzberg, Hugo	99 MCGU	2:38.20	1
31.6838 (31.6838)	1:34.7648 (1:03.0810)	2:38.1933	
(1:03.4285)			
7 Yaddaden, Lamine	96 UDEM	2:38.30	1
31.0217 (31.0217)	1:35.2290 (1:04.2073)	2:38.2922	
(1:03.0632)			
8 Adams, Jack	00 MCGU	2:38.33	1
30.8543 (30.8543)	1:32.8522 (1:01.9979)	2:38.3217	
(1:05.4695)			
9 Patrick, Luke	99 Brock Badger	2:38.93	1
31.1627 (31.1627)	1:34.9017 (1:03.7390)	2:38.9290	
(1:04.0273)			
10 Semasinghe, Jithmal	00 Brock Badger	2:40.18	1
32.4848 (32.4848)	1:35.0290 (1:02.5442)	2:40.1733	
(1:05.1443)			
11 Lorbetski, Ken	GeeGees	2:41.10	2
30.5575 (30.5575)	1:36.0038 (1:05.4463)	2:41.0922	
(1:05.0884)			
12 Moore, Michael	RMC	2:47.06	2
31.4175 (31.4175)	1:37.9764 (1:06.5589)	2:47.0606	
(1:09.0842)			
13 Taylor, Andrew	03 Ottawa Lions	2:47.07	2
31.1859 (31.1859)	1:38.7754 (1:07.5895)	2:47.0659	
(1:08.2905)			

14 Morrow, Makafui 30.9848 (30.9848) (1:11.4463)	99 Brock Badger 1:37.1427 (1:06.1579)	2:48.59 2 2:48.5890
15 McGrath, Keaton 30.8027 (30.8027) (1:13.5674)	03 Ottawa Lions 1:36.8438 (1:06.0411)	2:50.42 2 2:50.4112
16 Larose, Julien 32.6848 (32.6848) (1:15.3453)	UQAM 1:40.6059 (1:07.9211)	2:55.96 2 2:55.9512
17 Goffredo, Nick 32.3185 (32.3185) (1:16.7095)	98 Brock Badger 1:42.5901 (1:10.2716)	2:59.30 2 2:59.2996
18 Perrault, Owen 32.7617 (32.7617) (1:19.6242)	03 Ottawa Lions 1:46.9712 (1:14.2095)	3:06.60 2 3:06.5954
19 Frenette, Gilles 36.3364 (36.3364) (1:14.1242)	76 Ottawa Lions 1:54.0901 (1:17.7537)	3:08.22 2 3:08.2143

Men 1500 Meter Run Open

Name	Year Team	Finals H#
1 Hély, Clément 46.4852 (46.4852) (1:03.5611) 3:55.2567 (1:00.5694)	91 Saint-Lauren 1:51.1262 (1:04.6410)	3:55.26 1 2:54.6873
2 Alie-Lamarche, Andre 46.5873 (46.5873) (1:03.5074) 3:55.9199 (1:01.1947)	GeeGees 1:51.2178 (1:04.6305)	3:55.92 1 2:54.7252
3 Maxwell, Alexander 46.9683 (46.9683) (1:04.2021) 4:00.4736 (1:04.7274)	95 Ottawa Lions 1:51.5441 (1:04.5758)	4:00.48 1 2:55.7462
4 Roberts, Nic 47.1809 (47.1809) (1:04.2400) 4:02.5683 (1:06.5610)	GeeGees 1:51.7673 (1:04.5864)	4:02.57 1 2:56.0073
5 Lopes, Maxime 47.0683 (47.0683) (1:04.7326) 4:03.2567 (1:06.4779)	91 UQAM 1:52.0462 (1:04.9779)	4:03.26 1 2:56.7788
6 Pedersen, Nicholas 48.2136 (48.2136) (1:05.5579) 4:05.1462 (1:05.3768)	00 Ottawa Lions 1:54.2115 (1:05.9979)	4:05.15 1 2:59.7694
7 Obrand, Jeremy 48.6336 (48.6336) (1:08.1158) 4:09.6820 (1:06.3484)	96 MCGU 1:55.2178 (1:06.5842)	4:09.69 1 3:03.3336
8 Cherenfant, Nick 50.4021 (50.4021) (1:09.5011) 4:10.3053 (1:02.6884)	96 UQAM 1:58.1158 (1:07.7137)	4:10.31 2 3:07.6169
9 Labelle, Mateo	01 MGOC	4:10.73 1

49.4757 (49.4757)	1:56.3536 (1:06.8779)	3:04.7494
(1:08.3958)		
4:10.7304 (1:05.9810)		
10 Reid, Lucas	95 Brock Badger	4:11.16 2
48.8200 (48.8200)	1:56.5884 (1:07.7684)	3:04.3495
(1:07.7611)		
4:11.1600 (1:06.8105)		
11 Mitchell, Robert	GeeGees	4:13.68 2
50.0674 (50.0674)	1:57.7116 (1:07.6442)	3:07.3979
(1:09.6863)		
4:13.6737 (1:06.2758)		
12 Westbrook, Gavin	GeeGees	4:14.09 2
49.9600 (49.9600)	1:58.8095 (1:08.8495)	3:07.8316
(1:09.0221)		
4:14.0863 (1:06.2547)		
13 Bernier, Simon	95 MCGU	4:14.68 1
49.0399 (49.0399)	1:54.9336 (1:05.8937)	3:05.0230
(1:10.0894)		
4:14.6736 (1:09.6506)		
14 Levenez, Theo	UQAM	4:15.21 2
49.3337 (49.3337)	1:58.0221 (1:08.6884)	3:08.1253
(1:10.1032)		
4:15.2084 (1:07.0831)		
15 Riek, Paul	97 Unattached O	4:15.42 2
48.6453 (48.6453)	1:57.4295 (1:08.7842)	3:05.8411
(1:08.4116)		
4:15.4169 (1:09.5758)		
16 Tulk, Aidan	03 Kingston Ach	4:15.87 2
49.7095 (49.7095)	1:57.2095 (1:07.5000)	3:07.4327
(1:10.2232)		
4:15.8695 (1:08.4368)		
17 Omar, Harun	Ottawa Lions	4:18.42 2
50.7274 (50.7274)	1:59.3905 (1:08.6631)	3:09.5369
(1:10.1464)		
4:18.4190 (1:08.8821)		
18 Sneddon, Jay	92 Ottawa Lions	4:22.12 2
50.3221 (50.3221)	1:59.2000 (1:08.8779)	3:09.7390
(1:10.5390)		
4:22.1137 (1:12.3747)		
19 Francioni, Arnaud	95 UQAM	4:24.75 2
50.9590 (50.9590)	2:00.4453 (1:09.4863)	3:12.9253
(1:12.4800)		
4:24.7484 (1:11.8231)		
20 Des Brisay, Thomas	91 Ottawa Lions	4:26.60 2
48.5179 (48.5179)	1:56.8621 (1:08.3442)	3:12.3042
(1:15.4421)		
4:26.5990 (1:14.2948)		
21 Hefferman, Andrew	88 Ottawa Lions	4:26.67 2
48.6516 (48.6516)	3:11.7579 (2:23.1063)	3:11.7579
(0.0000)		
4:26.6663 (1:14.9084)		
22 Hill, Darrell	Carleton Ravens	4:29.94 3
52.9806 (52.9806)	2:07.3006 (1:14.3200)	3:22.5659
(1:15.2653)		
4:29.9332 (1:07.3673)		
23 Dick, Joseph	99 Brock Badger	4:30.32 3

51.3754 (51.3754)	2:04.2985 (1:12.9231)	3:18.9754
(1:14.6769)		
4:30.3164 (1:11.3410)		
24 Meredith, Zach	02 Ottawa Lions	4:30.67 2
49.7516 (49.7516)	2:01.0779 (1:11.3263)	3:17.8527
(1:16.7748)		
4:30.6642 (1:12.8115)		
25 Porter, Cameron	03 Ottawa Lions	4:33.24 2
50.2453 (50.2453)	2:01.2642 (1:11.0189)	3:18.1348
(1:16.8706)		
4:33.2337 (1:15.0989)		
26 Tripp, Joey	02 Kingston Ach	4:35.15 3
54.0943 (54.0943)	2:08.7838 (1:14.6895)	3:25.7985
(1:17.0147)		
4:35.1438 (1:09.3453)		
27 Hodgins, Seamus	97 Carleton Ravens	4:36.28 3
52.3501 (52.3501)	2:06.4701 (1:14.1200)	3:21.9027
(1:15.4326)		
4:36.2732 (1:14.3705)		
28 Glennon, Nic	GeeGees	4:37.09 3
52.1111 (52.1111)	2:10.1817 (1:18.0706)	3:23.9838
(1:13.8021)		
4:37.0817 (1:13.0979)		
29 Lemery, Liam	03 Ottawa Lions	4:41.98 3
50.9238 (50.9238)	2:06.1754 (1:15.2516)	3:24.7269
(1:18.5515)		
4:41.9711 (1:17.2442)		
30 O.Meara, Stephen	02 Kingston Ach	4:43.61 3
53.6522 (53.6522)	2:09.0796 (1:15.4274)	3:26.4848
(1:17.4052)		
4:43.6017 (1:17.1169)		
31 Mahalanobis, Neil	96 Unattached O	4:49.02 3
52.6269 (52.6269)	2:07.9217 (1:15.2948)	3:28.2248
(1:20.3031)		
4:49.0111 (1:20.7863)		
32 Robertson, Cameron	03 Ottawa Lions	5:01.82 3
59.3648 (59.3648)	2:23.8954 (1:24.5306)	3:49.2154
(1:25.3200)		
5:01.8111 (1:12.5957)		
33 Perrault, Owen	03 Ottawa Lions	5:03.17 3
56.0722 (56.0722)	2:19.7322 (1:23.6600)	3:45.6922
(1:25.9600)		
5:03.1627 (1:17.4705)		
34 Kulkarni, Rohan	96 Carleton Ravens	5:09.70 3
57.8396 (57.8396)	2:21.2743 (1:23.4347)	3:48.1048
(1:26.8305)		
5:09.6911 (1:21.5863)		

Men 3000 Meter Run Open

Name	Year Team	Finals
1 Fast, Joe	02 Ottawa Lions	8:39.67
2 Robertson, Kevin	01 Ottawa Lions	8:40.20
3 Roots, Logan	RMC	8:41.82
4 Robinson, Stephen	GeeGees	8:55.69
5 Cox, Will	01 Ottawa Lions	8:56.89

6	Ebling, Kurt	93	Ville-Marie	8:57.88
7	Lavery, Dakota	97	Queen's	9:05.93
8	Wang, Liyang	93	Unattached O	9:06.77
9	Fournier, Adrian		GeeGees	9:08.90
10	Tiessan, Jacques	99	Brock Badger	9:11.87
11	Lopes, Maxime	91	UQAM	9:13.33
12	Gutiérrez, Jorge	80	Sherbrooke	9:15.35
13	Govig, Christopher	96	UDEM	9:16.30
14	Tran, Doan	95	Sherbrooke	9:17.12
15	Macdonell, Ryan	92	Unattached N	9:18.58
16	Roy, Pier-Luc	96	UDEM	9:21.21
17	Ramsay-Vejlens, Paul	96	UDEM	9:31.75
18	Daunoravicius, Ben		Stingers	9:44.25
19	Grover, Jacob	97	Ville-Marie	9:48.04
20	Glennon, Nic		GeeGees	9:48.44
21	Kemp, Eric	89	Track East	10:19.10
22	Yaddaden, Lamine	96	UDEM	10:39.02
23	Guertin, Stéphane	66	Indépendant	11:22.78
24	Graham, Tomas	98	Track East	11:50.77
25	Lindale, Thomas	01	Track East	12:41.32

Men 60 Meter Hurdles Open

Top 12 Advance by Time

Name	Year	Team	Prelims	H#
Preliminaries				
1	Daly, Matthew	97	MCGU	8.52q 1
2	Van Biljon, John Claude	95	Ottawa Lions	8.65q 2
3	Miguel, Paulo	94	Saint-Lauren	8.66q 1
4	Mezghani, Heni	97	Saint-Lauren	8.74q 3
5	Emode, Mark	95	Ottawa Lions	8.78q 1
6	Dacosta, Tyler		GeeGees	8.79q 1
7	Stathis, Alexander	99	MCGU	8.97q 1
8	Francillon, Ismail	99	MCGU	9.23q 3
9	Kammelu, Yvan	00	MCGU	9.24q 3
10	Soderstrom, Kurt	98	MCGU	9.34q 2
11	Neamtz, Carter		Carleton Ravens	9.45q 3
12	Ollivier, Émile	95	UDEM	12.71q 2

Men 60 Meter Hurdles Open

Name	Year	Team	Finals	H#
Finals				
1	Miguel, Paulo	94	Saint-Lauren	8.34 1
2	Van Biljon, John Claude	95	Ottawa Lions	8.64 1
3	Mezghani, Heni	97	Saint-Lauren	8.87 1
4	Francillon, Ismail	99	MCGU	9.00 2
5	Soderstrom, Kurt	98	MCGU	9.32 2
6	Kammelu, Yvan	00	MCGU	9.34 2
7	Neamtz, Carter		Carleton Ravens	9.44 2
8	Emode, Mark	95	Ottawa Lions	15.11 1
--	Stathis, Alexander	99	MCGU	DQ 2

Men 4x200 Meter Relay Open

Team	Finals	H#
1 Universite Laval 'A'	1:28.14	1
2 C.A.N.I. Athletics 'A'	1:32.07	1
3 Uottawa GeeGees 'A'	1:32.14	2
4 McGill 'A'	1:32.30	2
1) Dorantes-Ferreira, Diego 98	2) Iino, Hiroki 98	
3) McClelland, Ryan 96	4) McGhie, Kadeem 97	
5 Brock Badgers 'A'	1:32.37	2
6 Université de Montréal 'A'	1:33.86	1
7 Brock Badgers 'B'	1:35.77	3
8 Ottawa Lions Youth 'A'	1:37.70	2
9 Ottawa Lions Youth 'B'	1:41.65	3
-- Vert et Or Sherbrooke University 'A'	DNF	1
1) Lemonde, Gabriel 96	2) Casimir, Mc Christian 97	
3) Gaudette, Michael	4) Smith-Drouin, Brandon 91	

Men 4x400 Meter Relay Open

Team	Finals
1 Vert et Or Sherbrooke University 'A'	3:18.29
1) Lafreniere, Jeremy	2) Rousseau, Jacob
3) Pelletier, Charles 97	4) Aber, Yassine 96
49.4179 (49.4179)	1:38.9705 (49.5526)
(50.2127)	2:29.1832
3:18.2853 (49.1021)	
2 Ottawa Lions Track and Field 'A'	3:29.29
52.1621 (52.1621)	1:43.2516 (51.0895)
(52.0421)	2:35.2937
3:29.2821 (53.9884)	
3 C.A.N.I. Athletics 'A'	3:30.48
51.9937 (51.9937)	1:45.6579 (53.6642)
(54.8253)	2:40.4832
3:30.4768 (49.9936)	
4 Kingston Achilles 'A'	3:34.57
53.3810 (53.3810)	1:44.2358 (50.8548)
(50.9095)	2:35.1453
3:34.5695 (59.4242)	
5 Ottawa Lions Track and Field 'B'	3:44.27
53.0168 (53.0168)	1:48.3916 (55.3748)
(58.9779)	2:47.3695
3:44.2610 (56.8915)	
6 C.A.N.I. Athletics 'B'	3:49.31
56.1810 (56.1810)	1:56.7747 (1:00.5937)
(55.8958)	2:52.6705
3:49.3074 (56.6369)	
7 Université Québec à Montréal 'A'	3:53.73
1)	2) Phan, Mederick 95
3) Grondin-Bernier, Samuel	4) Larose, Julien
56.1663 (56.1663)	1:50.2326 (54.0663)
(1:00.7790)	2:51.0116
3:53.7221 (1:02.7105)	
8 Ottawa Lions Track and Field 'C'	3:57.97
56.5810 (56.5810)	1:59.7495 (1:03.1685)
(58.9915)	2:58.7410
3:57.9684 (59.2274)	

Men High Jump Open

Name	Year	Team	Finals
1 Lafleur, Hans	96	C.A.N.I. Ath	2.08m
2 Nkusi, Steve	96	C.A.N.I. Ath	1.98m
2 Ollivier, Émile	95	UDEM	1.98m
4 Thompson, Ajay	98	University o	1.93m
5 Davidson, Solomon	99	University o	1.88m
6 Sara, Zoltan	75	Brockville L	1.83m
6 Gleason, Cameron	99	Brock Badger	1.83m
6 Fatoye, Adeyemi		Carleton Ravens	1.83m
6 Francillon, Ismail	99	MCGU	1.83m
10 MacLean, Nick		GeeGees	1.78m
10 Ali, Bilal	99	MCGU	1.78m
10 Chateau, Herve		Ottawa Lions	1.78m
13 Ollivier, Philippe	67	Saint-Lauren	1.58m
13 Bérubé, Antoine	95	UDEM	1.58m

Men Pole Vault Open

Name	Year	Team	Finals
1 Van Biljon, John Claude	95	Ottawa Lions	4.46m
2 Bustillos, Jesus	02	Ottawa Lions	4.06m
3 Nault, Kevin	94	Ottawa Lions	3.76m
4 Hong, Adrien	01	MCGU	3.66m
5 Stathis, Alexander	99	MCGU	3.56m
5 Emode, Mark	95	Ottawa Lions	3.56m
-- Soderstrom, Kurt	98	MCGU	NH

Men Long Jump Open

Name	Year	Team	Finals
1 Casimir, Mc Christian	97	Vert et Or	6.69m
2 Patterson, Bryson	95	C.A.N.I. Ath	6.63m
3 Martineau, Brandyn	92	Ottawa Lions	6.32m
4 Fortier, Jesse	95	GeeGees	6.21m
5 Sprague, Kyle		GeeGees	6.18m
6 Choquette, Raphael		GeeGees	6.10m
7 Takam, Xavier		GeeGees	5.80m
8 Eveillard, Kensley		GeeGees	5.69m
9 Bérubé, Antoine	95	UDEM	5.68m
10 Brougham, Derek		Ottawa Lions	5.65m
11 Chateau, Herve		Ottawa Lions	5.53m
12 Grondin-Bernier, Samuel		UQAM	5.30m
13 Snelson, Tyler		Ottawa Lions	5.22m
14 Milliere, Matt	96	Brock Badger	5.08m
15 Ollivier, Émile	95	UDEM	4.96m
16 Ollivier, Philippe	67	Saint-Lauren	4.86m
-- Bhavsar, Miken	99	Brock Badger	FOUL
-- Bustillos, Jesus	02	Ottawa Lions	FOUL

Men Triple Jump Open

Name	Year	Team	Finals
1 Sprague, Kyle		GeeGees	12.05m
2 Eveillard, Kensley		GeeGees	11.53m

Men Shot Put Open

Name	Year	Team	Finals
1 Baudin, Nicolas	96	MCGU	13.62m
2 Tremblay, Mathieu		GeeGees	11.93m
3 Guerra, Jose	99	MCGU	11.73m
4 Gilman, Malcolm		Ottawa Lions	11.39m
5 Enerva, Joe	97	University o	11.11m
6 Regaudie, Max	94	MCGU	9.49m

Men Weight Throw Open

Name	Year	Team	Finals
1 Frappier, Dominic	93	Vert et Or	14.93m
2 Guerra, Jose	99	MCGU	14.45m
3 Loffredo, Sergio	91	LAVAL	13.77m
4 James, Stephen	96	Silverback	13.17m
5 Muller, Emil	35	Throwers Clu	12.43m
6 Petrov, George	08	Unattached O	12.38m
7 Baudin, Nicolas	96	MCGU	12.05m
8 Tremblay, Mathieu		GeeGees	11.77m
9 Gilman, Malcolm		Ottawa Lions	11.15m
10 Regaudie, Max	94	MCGU	10.80m

Mixed 60 Meter Hurdles Mini Hurdles Under 16

Name	Year	Team	Finals
1 Ogedengbe, Christwill	W05	Ottawa Lions	10.48
2 Stefani, Angelica	W05	Ottawa Lions	10.90
3 Strader, Maya	W05	Ottawa Lions	11.18
4 Cunningham, Teeshie	W05	Ottawa Lions	11.41

Mixed 4x100 Meter Relay Under 16

Team	Finals
1 Ottawa Lions Lane 4 'A'	52.05
2 Ottawa Lions Lane 3 'A'	57.10
3 Ottawa Lions Lane 2 'A'	1:00.03
4 Ottawa Lions Lane 1 'A'	1:01.34